

Waubensee Community College & Aurora University
Kinesiology (AS) 2 + 3 Exercise Science (BS)/Athletic Training (MS)
Transfer Guide

This is a sample course schedule. Students must work with their academic advisors to develop a personalized plan. Students graduate with an AS degree at the end of year two, a BS degree at the end of year four, and a MS degree at the end of year five.

First Year at Waubensee Community College

<u>First Semester</u>		<u>Second Semester</u>	
WCC	AU	WCC	AU
ENG101 First-Year Composition I (3)	ENG1000 Composition	COM100 Fundamentals of Speech Communications (3)	COM1550 Professional Communication
MTH107 Basic Statistics (3)	MTH2320 General Statistics	BIO270 Anatomy and Physiology I (4)	BIO2660 Anatomy & Physiology I
BIO120 Principles of Biology I (4)	BIO1210 Biology of Cells	KPE150 Basic Prevention and Care of Athletic Injuries (3)	EXS2500 Prevention and Care of Athletic Injuries
KPE209 Introduction to Exercise Science and Sports Professions (3)	EXS Elective	MTH129 Precalculus I (3)	MTH1100 College Algebra
Fine Arts course* (3)	General Education Elective	Humanities course* (3)	General Education Elective

Second Year at Waubensee Community College

<u>Third Semester</u>		<u>Fourth Semester</u>	
WCC	AU	WCC	AU
ENG102 First-Year Composition II (3)	English elective	CHM100/101 Introduction to Chemistry/Lab (3+1)	CHM1200 Principles of Chemistry
BIO272 Anatomy and Physiology II (4)	BIO2670 Anatomy & Physiology II	Social and Behavioral Science course* (3)	General Education Elective
MTH130 Precalculus II (3)	MTH1310 Precalculus	PHY111 Introduction to Physics I (4)	PHY2210 General Physics with Lab
KPE237 Strength and Conditioning Principles (3)	EXS3550 Principles of Strength and Conditioning	HIT110 Medical Terminology (3)	BIO1100 Medical Terminology
Social and Behavioral Science course* (3)	General Education Elective		

*One course satisfying degree requirements must have a non-Western (N) or diversity (D) emphasis.

Third Year at Aurora University

<u>Fifth Semester</u>	<u>Sixth Semester</u>
IDS3500 Junior Mentoring (.5)	IDS3550 Junior Mentoring (.5)
EXS2230 Olympic Style Weightlifting I (1)	EXS3230 Physiology of Exercise (4)
EXS2235 Olympic Style Weightlifting II (1)	EXS1800 Responding to Emergencies (2)
EXS3215 Kinesiology (4)	EXS3460 Sports Nutrition (4)
EXS3480 Sport Psychology (4)	

Fourth Year at Aurora University

<u>Seventh Semester</u>	<u>Eighth Semester</u>
ATR5510 Diagnosis of the Lower Extremity (4)	ATR5530 Diagnosis of the Upper Extremity (4)
ATR5500 Principles of Athletic Training (4)	ATR5550 Principles in Therapeutic Intervention (4)
ATR5540 Diagnosis Head and Spine (2)	EXS2235 Olympic Style Weightlifting II (2)
ATR5560 Principles of Taping and Bracing (2)	ATR5200 Emergency Medical Response (4)
ATR5750 Athletic Training Practicum I (3)	ATR5760 Athletic Training Practicum II (3)

*Summer after fourth year: ATR 6100: Athletic Training Internship (4)

Fifth Year at Aurora University

<u>Ninth Semester</u>	<u>Tenth Semester</u>
ATR6150 Administration of Athletic Training (4)	ATR6350 Applied Sport and Human Performance (2)
ATR6500 Medical Aspects of Athletic Training (4)	ATR6550 Applied Therapeutic Rehabilitation (2)
ATR6800 Research in Athletic Training I (2)	ATR6600 Applied Therapeutic Interventions (2)
ATR6750 Athletic Training Practicum III (3)	ATR6900 BOC Exam Preparation (2)
	ATR6760 Athletic Training Practicum IV (3)

For more information on the program and for entrance requirements into the athletic training graduate program, visit:
<https://aurora.edu/academics/undergraduate/exercise-science/index.html>