

# **Alternative Spring Break (ASB)**

# **Information Packet and Application**

#### **LOCATION**

Aurora, IL Chicago, IL March 15-17, 2021

#### WHAT AND WHY

By working locally with non-profits, students will be able to experience first-hand the needs of our community and the direct impact they can make to better the lives of our fellow neighbor. They will have the opportunity to work alongside other students to help support organizations such as ReStore Aurora, Marie Wilkinson Food Pantry and Cradles to Crayons.

#### Monday, March 15 10 a.m. - 2 p.m.

#### **Marie Wilkinson Food Pantry:**

Students will be able to distribute food to guests, sort, organize and stock donated items.

## Tuesday, March 16 9 a.m. – 5 p.m.

# **Restore Aurora:**

Students will be able to assist with cleaning, prepping and organizing their donated items, help with unloading donations, merchandising, and general cleaning.

## Wednesday, March 17 10 a.m. – 3 p.m.

#### **Cradles to Crayons:**

The Giving Factory (located at W. George Street, Chicago, IL 60641) give volunteers the opportunity to roll up their sleeves to sort, organize, and quality check the items donated to our organization. The volunteers' sort and inspect the donated items they receive and then package them for delivery to the children who need them.

Students will be able to experience local non-profits and their efforts serving those in our community, learning about food insecurity, affordable housing and poverty, the impact lack of resources have on communities, and how rural and city community's needs vary!

#### WHAT DOES IT COST?

# Payment Schedule:

- There is a \$25 deposit due with your application.
  - If selected to go on the trip, this fee is non-refundable. If not selected, it will be immediately returned.
  - o If a spot is offered and you turn it down, your deposit will not be returned.

**There are no refunds.** Should you decide not to participate after you accept, you will not receive a refund. ASB is a commitment and should be observed as such, from the moment you apply to the moment you return.

#### Miscellaneous Costs

The group will have half a day free to explore and learn more about the city of Chicago on Wednesday. Bring money for souvenirs, unplanned adventures, coffee, etc. Student Life will provide snacks and pay for meals. Additional snacks are the responsibility of the participant.

# PREPARING FOR THE TRIP

Due to COVID, we ask everyone wear a mask at all times and follow all College guidelines for self-screening for participation.

#### **ACCOMODATIONS**

No housing accommodations will be provided, since this is a local opportunity. However, transportation for Wednesday will be provided. For Monday and Tuesday, students will provide their own transportation to the local service sites.

# **GENERAL SCHEDULE** (subject to change)

We will meet at the site 10-minutes prior to our shift starting Monday and Tuesday. Wednesday, we will meet at the Student Center at Waubonsee Community College - Sugar Grove Campus and take a bus. Be sure to eat breakfast prior to arrival. We will work all day until 4 or 5 p.m., and leave time for reflection each day. We will be providing boxed lunches on Tuesday and lunch and dinner on Wednesday. Monday no meal will be provided due to the short timeframe.

#### **FOOD**

Lunch will not be provided on Monday, be sure to eat a heavy breakfast as it is only a 4-hour shift and will not leave room for lunch. Tuesday, a boxed lunch will be provided and Wednesday lunch and dinner will be provided by Student Life.

#### **COMMITMENT**

Being an ASB participant requires time, energy and commitment. This commitment is needed before the trip to attend preparation meetings, as well as during the trip. There is ONE meeting in March. These commitments are required for us to effectively plan, learn, and bond as a team.

ASB is fulfilling but exhausting. Commitment to all three days of service is also required to help maintain the energy of the group.

### **Required Meetings**

Orientation Meeting on Wednesday, March 10 at 3:30 p.m. via Zoom.

#### **REFLECTION**

Reflection is a huge part of the volunteer experience. We will reflect as a team and individually on a daily basis. Additionally, upon returning, all ASB participants will be asked to write a reflection paper/ evaluation about what they learned during their service and how it affected them. The results will be kept confidential and will only be used for program feedback and improvement.

#### **ASB POLICIES**

ASB participants are required to follow all Waubonsee policies before, during, and after their trip. For more information on Waubonsee Policies, please review the Student Code of Conduct. As with all Waubonsee events, ASB is a drug and alcohol-free experience.

## **APPLICATIONS AND ACCEPTANCE**

Applications are due on **March 3**. Offers will be sent via email in rounds beginning on March 5. It is very important that you monitor your email. If you do not accept by the deadline listed, your offer (and your deposit) will be forfeited in order to allow other applicants the opportunity to accept.

#### **SAFETY & AWARENESS**

Please know that during the pandemic, we will be working with our masks on and in close quarters, maintaining proper social distancing guidelines. If you are feeling unsure of working in-person, take note of the location and the possibility of working in close proximity of others while taking part on this service opportunity. If you have allergies or are worried about the possibility, please pack items accordingly in case you come across any of these irritants.

#### **QUESTIONS?**

Contact:

Michelle Dahlstrom, Student Life Coordinator mdahlstrom@waubonsee.edu
630-466-6609
STC 125



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COLLEGE	
Student Life	

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Date:
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Amount Paid:
Check #:

# **Alternative Spring Break 2021**

# **Participant Application**

equirements to apply (please check each box, in	ndicating that you meet all i	requirements):	
<ul> <li>□ Completed application following all directi</li> <li>□ 2.5 GPA or higher (High School GPA will be</li> <li>□ Plan to enroll in at least 6 credits for the sp</li> <li>□ ONE letter of recommendation, completed</li> </ul>	considered if a first semest oring semester	er student)	
Students who have attended a previous Wau to benefit from this opportunity.	bonsee ASB trip will be cons	idered last in order to allow other students	
Name:	Preferred Name/ Nicknam	e:	
X Number #:	Cell Phone/ Main Phone:		
Birth Date (must be 18 by March 15, 2021)	Cun	nulative GPA:	
Local Address:			
City:	State:	Zip Code:	
Primary E-mail Address:		_	
Please list any health issues/ concerns and di	etary restrictions:		

# ALTERNATIVE SPRING BREAK AGREEMENT

By signing this statement, I	am agreeing to the following:
(Print Name)	
(Please check each box indicating that you agree)	
<ul> <li>□ To uphold ASB and Waubonsee policies through</li> <li>□ To fully participate in the preparation meetings;</li> <li>□ To attend a mandatory ASB meeting on March 1</li> </ul>	
To fully participate in all three service projects on the service projects of	y spot should I opt out of the trip; f the ASB trip;
I have read all the above statements and conside the above statements, and agree to comply with check my grades and my conduct record.	-
Signature	Date

	Why are you interested in participating in Waubonsee Community College's Alternative Spring Break experience?
	s there something specific about the non-profits we will be working with or the work that we will be doing that calls to/intrigues you?
3. V	What are some of your goals for participating in the Alternative Spring Break experience?
4. V	What values, passions and strengths will you bring to your Alternative Spring Break team?
there are	e application for the Alternative Spring Break (ASB) trip is competitive. Only 10 applicants will receive offers and students who will not be selected to go on the trip. Selection will be based on academic performance, on quality and letter of recommendation.
Attached	l:
	ecommendation letter class list with names of instructors

Please answer the following questions as completely as possible.