

Know Your Rights!

You have the right to . . .

- Express your opinions and be respected for them
- Pursue your own interests
- Have your needs be as important as your partner's
- Share expenses and be free of expected pay-backs
- Grow as an individual
- Have your feelings taken seriously
- Have control over your own body
- Be responsible for your own behavior
- not your partner's
- Change your mind
- Share responsibility for problem-solving
- Expect that an apology means something
- Socialize with anyone you choose
- Not to be abused – physically, sexually
or emotionally
- Break up and fall out of love with someone
and not be threatened
- Say no to ANYTHING

Violence Affects Us All

Violent crimes occur among people of all races, genders, gender identities, socioeconomic classes, sexual orientations, disabilities, religions, ethnicities, national origins.



Counseling and Student Support

Waubonsee does not discriminate on the basis of any individual's actual or perceived race, color, creed, religion, gender, gender identity, sex, sexual orientation, age, national origin, ancestry, veteran's status, military status, unfavorable discharge from military service, marital status, order of protection status, pregnancy, disability, citizenship status or any other characteristic protected by law in its programs or activities. Inquiries regarding this policy may be directed to: Michele Needham, Title IX/ADA Section 504 Coordinator, Route 47 at Waubonsee Drive, Sugar Grove, IL 60554, compliance@waubonsee.edu.

Waubonsee Resources

Student Counseling Services - (630) 466-2361

Student Talk Line - (630) 264-0394
(24/7 Support Line for WCC students)

Employee Assistance Program
1 (800) EAP-CALL - (327-2255)
www.mybalanceworks.com

Campus Police - (630) 466-2552

Title IX Coordinator - (630) 466-2367
Title IX Deputy Coordinator (VP/SD) - (630) 466-2590

Local, State and National Resources

Mutual Ground, Aurora, IL

Domestic Violence: (630) 897-0080
Sexual Assault: (630) 897-8383
www.mutualground.org

Family Shelter Services, Wheaton, IL

Hotline: (630) 469-5650
www.metrofamily.org/FSSofMFSD

Community Crisis Center, Elgin, IL

24-Hour Hotline Crisis Line: (847) 697-2380
En Español: (847) 697-9740
TTY: (847) 742-4057
www.crisiscenter.org

Guardian Angel Community Services Groundwork,

Domestic Violence 24-Hour Hotline: (815) 729-1228
Sexual Assault 24-Hour Hotline: (815) 730-8984
www.gacsprograms.org/groundwork
TTY: (815) 741-4643
Servicio en español please call 815-729-0930 ex 1439.

Illinois Domestic Violence Help Line

(877) 863-6338
(Multicultural)
TTY: (877) 863-6339
www.dhs.state.il.us/page.aspx?item=30275

National Center for Victims of Crime

Hotline: (202) 467-8700
www.victimsofcrime.org

National Sexual Assault Hotline

1 (800) 656-HOPE (4673)
Free. Confidential. 24/7.
www.rainn.org

National Domestic Violence Hotline

Línea Nacional Sobre La Violencia Doméstica
1 (800) 799-7233 / TTY 800-787-3224
www.thehotline.org



Take a Stand Against Sexual Assault and Violence

Help Yourself.
Help a Friend.
Break the Silence.

*A Resource Guide for
Waubonsee Community College
Students, Staff and
Community Members*



You Need to Know. . .

Domestic Violence: Includes asserted violent misdemeanor and felony offenses committed by the victim's current or former spouse, current or former cohabitant, person similarly situated under domestic or family violence law, or anyone else protected under domestic or family violence law.

Dating Violence: Means violence by a person who has been in a romantic or intimate relationship with the victim. Whether there was such relationship will be gauged by its length, type, and frequency of interaction.

Rape: Refers to any kind of sexual intercourse (penetration) - vaginal, oral, or anal - that is committed against a person's will or is committed with physical force or the threat of force. Intercourse during which the victim is intoxicated, unconscious or otherwise considered unable to consent is also rape. Rape is a subcategory of sexual assault.

Stalking: Means a course of conduct directed at a specific person that would cause a reasonable person to fear for her, his, or others' safety, or to suffer substantial emotional distress.

Sexual Assault: Is specifically defined as any touching, fondling, or penetration by the alleged, either directly or through the clothing, of a person's breasts, anal, or genital areas, or other intimate parts, without consent.

Sexual Harassment: Unwelcome verbal, nonverbal or physical attention, or contact that is sexual in nature. Victims may be subjected to comments about their physical appearance, sex-based jokes, gender-specific put-downs or other language meant to demean, intimidate or threaten.

"Affirmative Consent": Consent to sexual activities must be freely given, must be clearly and unambiguously expressed by words or actions, and must pertain to each specific sexual activity and ongoing throughout. Consent may be revoked at any time. Silence, lack of protest, manner of dress, or an existing or prior relationship between individuals does not indicate consent was given. If a person is incapacitated by drugs, alcohol, or temporarily or

permanently mentally or physically unable to do so, he/she cannot provide consent. Also, a person under the age of 17 (in Illinois) cannot give consent legally. www.age-of-consent.info/states/Illinois

Types of Domestic Violence

Physical Abuse: Slapping, pushing, hitting, strangling, kicking, grabbing, using weapons, twisting arms, tripping, biting, spitting, restraining and standing over the victim.

Verbal Abuse: Name calling, yelling, making demeaning comments, and nagging, cussing, threatening, belittling, constant phone calls.

Controlling Behavior: Its purpose is to undermine the victim's independence, make her/him feel bad about her/himself, and get her/him to take the responsibility for whatever is wrong.

Sexual Abuse: Teasing you about your body parts. Treating you like a sex object. Manipulating you to do sexual things when you do not want to. Making you feel dirty.

Emotional Abuse: Making you feel bad about yourself, calling you names, making you think you're crazy, playing mind games, humiliating you, making you feel guilty, putting down things you are proud of.

Financial (Economic) Abuse: Preventing you from getting or keeping a job, making you ask for money, paying for something and holding it against you later.

Neglect: Preventing you from taking your medication, depriving you of food and water, locking you outside without protection from the elements, refusing to allow you to get medical attention or prenatal care if needed.



Be concerned if you have a partner who is:

- Telling you that you can never do anything right
- Showing jealousy of your friends and time spent away
- Keeping you or discouraging you from seeing friends or family members
- Embarrassing or shaming you with put-downs
- Controlling every penny spent in the household
- Taking your money or refusing to give you money for expenses
- Looking at you or acting in ways that scare you
- Controlling who you see, where you go, or what you do
- Preventing you from making your own decisions
- Telling you that you are a bad parent or threatening to harm or take away your children
- Preventing you from working or attending school
- Destroying your property or threatening to hurt or kill your pets
- Intimidating you with guns, knives or other weapons
- Pressuring you to have sex when you don't want to or do things sexually you're not comfortable with
- Pressuring you to use drugs or alcohol

Help Yourself. Help a Friend. Break the Silence.

Adapted from New Requirements Imposed by the Violence Against Woman Act Reauthorization Act, American Council on Education, April 2014; University of Georgia Health Center <https://www.uhs.uga.edu/consent/>; <http://www.bestcolleges.com/resources/preventing-sexual-assault/>; and RAINN.org. For more information about the definitions, refer to the college's Prevention and Response Guide.