America’s 2010-2020 Decade of Challenges

During the past decade, our nation has been faced with many challenges, including New Definition of Aging, How Smartphones Have Changed Our Lives, Impacts of Chicago Cubs Winning the World Series and Effects of Covid-19 Pandemic. Participants will receive background information and a list of discussion questions prior to the session. Emphasis will be placed on sharing points of view, both pros and cons, related to these four topics. Maximum 20

Course objective: To discuss how events of the past decade have challenged us

Date: Wednesday, July 15
Time: 9:30 a.m. – 11:30 a.m.
Facilitators: Carl Hays and Mary Maiers
Contact Info: marymaiers@att.net (630-937-4133)

An Overview of Judaism (repeat)

Participants will learn about the various Jewish denominations and how they meet challenges of a changing world. Also included will be a description of the various holidays, history and practices. Maximum 20

Course objective: To understand your Jewish neighbors and their history and holidays

Date: Thursday, June 18
Time: 1:00 – 3:00 p.m.
Facilitator: Suzan Spitzberg
Contact Info: officeguru@gmail.com (630-801-7657)

Flag: An American Biography

This course focuses on the role of the American flag in society and how it came to be as we know it. There have been numerous iterations of the American flag and it has not always had the reverence it has today. This course attempts to provide a better understanding of the history of the flag. Maximum 30

Course objective: To provide a history of the American flag, how it evolved and its role in American society over time

Date: Wednesday, June 24
Time: 1:00 – 3:00 p.m.
Facilitator: Bill Knudsen

Optional Text: Flag: An American Biography by Marc Leepson
ISBN: 9780312323097

Contact Info: wtknudsen@gmail.com (630-215-3272)
Highlighting Illinois Contributions to Women’s Suffrage, the Nineteenth Amendment and the League of Women Voters

For more than 150 years, the concern for women’s suffrage and for continued voting rights has been of critical importance. This presentation will review major advocates for women’s rights, the campaign for and the ratification of the 19th Amendment on August 26, 1920 and the formation of the League of Women Voters in Chicago on February 14, 1920. The role of various area Leagues and actions in Illinois will be emphasized. Maximum 20

Course objective: To provide a better understanding of Illinois contributions to Women’s Suffrage, the adoption of the 19th Amendment, and formation of the League of Women Voters

Date: Wednesday, August 5
Time: 1:00 – 3:00 p.m.
Facilitators: Llona and Lynn Steele
Contact Info: lsteele44@yahoo.com (630-815-6535)

The Off Button? Setting Boundaries

The challenge of setting boundaries can be daunting. Because our responsibilities have changed, others assume we have the time and energy to do whatever is asked. How to say “no”? How to be responsible to our needs and interests? There are no easy answers, just questions that we can explore together and perhaps find compromise in knowing when to say “no” and when to say “yes.” Maximum 15

Course objective: To realistically prioritize our time and energy in light of not only what we want but when we need to say “no”

Date: Monday, July 27
Time: 9:30 – 11:30 a.m.
Facilitator: Olive Poliks
Contact Info: olivebpoliks@sbcglobal.net (630-215-7178)
The Off Button? Setting Boundaries (Same Course, Alternate Date)

The challenge of setting boundaries can be daunting. Because our responsibilities have changed, others assume we have the time and energy to do whatever is asked. How to say “no”? How to be responsible to our needs and interests? There are no easy answers, just questions that we can explore together and perhaps find compromise in knowing when to say “no” and when to say “yes.” **Maximum 15**

Course objective: To realistically prioritize our time and energy in light of not only what we want but when we need to say “no”

Date: Monday, August 3

Time: 9:30 – 11:30 a.m.

Facilitator: Olive Poliks

Contact Info: olivebpoliks@sbcglobal.net (630-215-7178)