



# 6 Week Study Guide

·Make a Plan ·Follow your plan ·Review your plan ·Revise your plan

## Guidelines:

1. Study often, not longer. Plan on 20 hours/week.
2. Evaluate regularly. Don't assume you know it.
3. Adjust the time and topics as needed. It's YOUR plan.
4. You must do the work.

## Hints:

1. Pay attention to key topics in each subject area. (see table)
2. Practice the quizzes with the same allotted time as the exam.
3. Get help sooner than later. Tutors are not EMT's.
4. Use the FREE practice exams at <https://guides.library.waubonsee.edu/testprep/health>

Subject Area & Key Topics	Number of Items/ Time Allowed
<b>Reading</b>	<b>45 questions / 55 minutes</b>
Key Ideas & Details	15
Craft & Structure	9
Integration of knowledge & ideas	15
Pretest (not scored)	6
<b>Mathematics</b>	<b>38 questions / 57 minutes</b>
Number & Algebra	18
Measurement & Data	16
Pretest (not scored)	4
<b>Science</b>	<b>50 questions / 60 minutes</b>
Anatomy & Physiology	18
Biology	9
Chemistry	9
Scientific Reasoning	7
Pretest (not scored)	6

<b>English &amp; Language Usage</b>	<b>37 questions / 37 minutes</b>
Conventions of English (grammar)	12
Knowledge of Language	11
Using Language and Vocabulary	10
Pretest (not scored)	4

## **Week 1: Pre-Test, English & Language (8.5– 15 hours total)**

1. **Read Intro and prep strategies pages I-XII, 2022-23 ATI Study Manual** (.5 hour)
2. Comprehensive Practice Test Exam (1-4 hours) pages: 350-373
  - a. review results
  - b. highlight content area lower than 75% to focus on. (chart pg 347-349)
3. Complete 8 chapters of English Language and Usage (2-4 hours)
  - a. check answers on practice problems,
4. Take English and Language Usage Unit Quiz (.5-1 hour)
  - a. review results and focus on which key topics need more practice.
5. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (4-6 hours)
  - a. Grammar & Punctuation Workshop ([recording](#)) p/w: 82\$HnWwL
  - b. Learning Express Library ebook: Success in 20 Minutes a Day, Skills Practice, tutorials and flashcards. Use your quiz results to determine lessons needing review. (Grammar, Vocabulary & Spelling)
  - c. Education & Career Center: TEAS Exam Prep practice tests
  - d. Carolyn McCallister Reading & English Playlists (youtube)
  - e. Khan Academy Grammar
  - f. After review, take TEAS ELU Practice Test in Learning Express
  - g. repeat A & B as necessary, until 75% mastery.
6. Use tutoring in-person or Smarthinking through canvas for specific areas of help.

## **Week 2: Reading (10.5- 17 hours total)**

1. Complete 14 chapters of Reading (5-7 hours)
  - a. check answers on practice problems,
  - b. review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (1-3 hours)
2. Take Quiz (.5-1 hour)
  - a. review results
3. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (4-6 hours)
  - a. Learning Express Library ebook: Success in 20 Minutes a Day, Skills Practice, and tutorials. Use your quiz results to determine lessons needing review. (Key ideas, craft & structure, integration of knowledge & ideas)
  - b. Education & Career Center: TEAS Exam Prep practice tests
  - c. Carolyn McCallister Reading & English Playlists (youtube)
  - d. After review, take TEAS Reading Practice Test 1 in Learning Express
  - e. repeat A & B as necessary, until 75% mastery.
4. Use tutoring in-person or Smarthinking through canvas for specific areas of help.

### **Week 3: *Science* (10.5-16 hours total)**

1. Complete 12 chapters of A&P (5-7 hours)
  - a. check answers on practice problems,
  - b. review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (1-3 hours)
2. Take Quiz (.5-1 hour)
  - a. review results
  - b. schedule tutoring for specific content areas if needed
3. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (4-6 hours)
  - a. Learning Express Library ebook: Success in 20 Minutes a Day, Skills Practice, tutorials and flashcards. Use your quiz results to determine lessons needing review.)
  - b. Education & Career Center: TEAS Exam Prep flashcards and practice tests,
  - c. Dr. Moore's Anatomy & Physiology Channel (youtube)
  - d. After review, take TEAS Science Practice Test 1 in Learning Express. Review results
  - e. repeat A & B as necessary, until 75% mastery.
4. Use tutoring in-person or Smarthinking through canvas for specific areas of help.

### **Week 4: *Science continued* ( hours total)**

1. Complete 5 chapters of Life Sciences (Biology), 6 chapters Chemistry, 4 chapters Scientific Reasoning (7-9 hours)
  - a. check answers on practice problems,
  - b. review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (1-3 hours)
2. Take Quiz (.5-1 hour)
  - a. review results
3. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (4-6 hours)
  - a. Learning Express Library ebook: Success in 20 Minutes a Day, Skills Practice, tutorials and flashcards. Use your quiz results to determine lessons needing review.)
  - b. Education & Career Center: TEAS Exam Prep flashcards and practice tests.
  - c. After review, take TEAS Science Practice Test 2 in Learning Express. Review results
  - d. Repeat A & B as necessary, until 75% mastery.
4. Use tutoring in-person or Smarthinking through canvas for specific areas of help.

## **Week 5 Math (14.5-23 total hours)**

1. Complete 15 chapters of Math (7-10 hours)
  - a. check answers on practice problems.
2. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (1-3 hours)
3. Take Quiz (.5-1 hour)
  - a. review results
4. Review content related to incorrect answers from OTHER sources (flash cards, textbook, study group, videos, etc) (4-6 hours)
  - a. Learning Express Library ebook: Success in 20 Minutes a Day, Skills Practice, tutorials and flashcards. Use your quiz results to determine lessons needing review.)
  - b. Education & Career Center: TEAS Exam Prep practice tests.
  - c. Dr. Moore's Anatomy & Physiology Channel (youtube)
  - d. After review, take TEAS Science Practice Math In Learning Express. Review results.
  - e. Repeat A & B as necessary, until 75% mastery.
5. Review measurements handout. Practice math questions for measurement and data - possibly using other study guides or Khan Academy (2-3 hrs)
6. Use tutoring in-person or Smarthinking through canvas for specific areas of help.

## **Week6 Comprehensive Review (TBD total hours)**

1. Comprehensive Practice test from Learning Express or Education & Career Center. (1-4 hours)
  - a. check answers on practice problems,
  - b. compare pre and post test scores
2. Identify areas still less than 75%. Make a plan to review and focus on most needed areas.
3. From the results of the practice test, identify areas you need additional help on and reach out to tutor, instructor or fellow student.

# Weekly Schedule

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5-6 am							
6-7 am							
7-8 am							
8-9 am							
9-10 am							
10-11 am							
11-12 pm							
12-1 pm							
1-2 pm							
2-3 pm							
3-4 pm							
4-5 pm							
5-6 pm							

6-7 pm							
7-8 pm							
8-9 pm							
9-10 pm							
10-11 pm							
11-12 am							
12-1 am							
1-2 am							
2-3 am							
3-4 am							
4-5 am							

- Fill in your typical schedule, especially of times that are not negotiable, with one color.
- Fill in your schedule with negotiable items in another color.
- Color in blocks of time you can study. Arrange/move what you can, but remain realistic.

# Weekly Breakdown Week of

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>To complete in manual</b>							
<b>skills/ content to get extra help on</b>							
<b>Outside resources (videos, books, etc)</b>							
<b>Class content review (note cards, quizlet, notes, etc)</b>							
<b>Notes</b>							



**Daily Task List** Week of \_\_\_\_\_

Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

# References

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[https://www.youtube.com/playlist?list=PLmLWPhF7Zxgjmly9\\_9l2B6anK1clOGgR-](https://www.youtube.com/playlist?list=PLmLWPhF7Zxgjmly9_9l2B6anK1clOGgR-)

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