



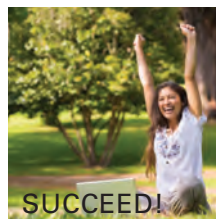
# WAUBONSEE

## COMMUNITY COLLEGE

SPRING 2020–NONCREDIT

# Live

PERSONAL ENRICHMENT



# Work

PROFESSIONAL DEVELOPMENT



# What's New!



## YEP Spring Break Camps at Waubensee!

Your child can now continue their personal interest and learning while on break from school. We make learning fun with Drone Adventures, 3D Print Your Imagination and Make Your First Video Game camps.

See page 12.

## PROJECT MANAGEMENT SKILLS AND PREPARATION

Round out your professional skill set by learning the essentials and advanced principles of project management. Earn continuing professional units toward your Project Management Professional (PMP) certification!

See page 35.



# WHAT'S INSIDE

## PERSONAL ENRICHMENT COURSES

### Live

CREATIVE ARTS	2
Art	2
Dance	2
Music	3
Photography	4
Writing	4
FITNESS AND RECREATION	6
Fitness	6
Recreation	9
PERSONAL GROWTH AND HOME	9
Animal Care and Training	9
Cooking	10
Hobbies/Special Interest	10
Test Preparation	10
SCIENCE AND TECHNOLOGY	11
Introductory Computers	11
Television Production	11
WORLD LANGUAGES	11
PRESCHOOLERS, KIDS AND TEENS	12

## PROFESSIONAL DEVELOPMENT COURSES

### Work

AMERICAN HEART ASSOCIATION	25
Community Members	25
Health Care Professionals	26
Instructors	26
BUSINESS AND FINANCE	27
COMPUTER SOFTWARE	28
Computer Support	28
Database	28
Information Security	28
Operating Systems	29
Spreadsheet	29
HEALTH AND SAFETY	29
Food Service/Sanitation	30
Health Care Professions	30
Safety	32
LEADERSHIP	34
Project Management	35
MANUFACTURING	36

### SPECIAL FEATURES

Total Fitness Center	5
Senior Series	13
Trips and Tours	14
Community Events	18
Small Business Development Center	38
Corporate Training	40
High School Equivalency/English Skills	41
Workforce Innovation & Opportunities Act Funding	28

### GENERAL INFORMATION

Course Calendar	42
Sugar Grove Campus Map	44
How to Read the Class Schedule	45
Registration, Payment and Refund Policies	46
Registration Form	47

New classes and events are being added all the time. Use our online course search tool to find the latest at [waubonsee.edu/courses](http://waubonsee.edu/courses)

# Live

PERSONAL ENRICHMENT

## Unique Things to See, Learn and Experience

### CREATIVE ARTS

#### ART

##### CERAMIC ARTS: HANDBUILDING AND WHEEL THROWING

Find deep satisfaction in designing and creating your own pottery, whether you're a beginner or an advanced student of ceramics. You'll learn the best practices in handbuilding, wheel throwing, decorating and glazing, and then use the campus kiln to fire your original creations. If you're a beginner, you'll benefit from instructor Mary DeRose's reputation for careful guidance, but if you're a more advanced student, you'll delight in her balanced approach of giving pointers while allowing you to expand your skills and explore your passions.

Note: Additional cost for materials. Prepared kit may be purchased at Waubonsee bookstore.  
CLASS FEE: \$179

**ART807.800 (21254)**

6 p.m.- 9 p.m. F  
CER100 DeRose

Meets between: March 13-May 15

**ART807.801 (21255)**

9 a.m.- Noon Sa  
CER100 DeRose

Meets between: March 14-May 16



**Interested  
in Pen  
and Ink  
Drawing?**

Search for it at  
[waubonsee.edu/courses](http://waubonsee.edu/courses)

##### BEGINNING DRAWING

Learn the fundamentals of drawing in a relaxed, encouraging environment with MFA artist Andrew Blair. Working primarily in pencil and charcoal, you'll practice the principles of composition, shading, perspective and more. By the end of this six-week course you'll have the confidence and the skills needed for further study of drawing and painting. This course may be repeated multiple times for advanced practice and study. Note: Anticipate approximately \$70 investment for supplies. Supplies may be purchased at WCC Boosktore. Email [communityed@waubonsee.edu](mailto:communityed@waubonsee.edu) for supply list.  
CLASS FEE: \$79

**ART836.600 (21267)**

6:30 p.m.- 9 p.m. T  
APC160 Blair

Meets between: March 24-April 28

##### NEW! BEGINNING ACRYLIC PAINTING

You'll be introduced to the versatile medium of water-based acrylics. Basic concepts in composition, observational painting from still-life set-ups, color mixing and paint application are considered, as well as special aspects of the medium that make it suitable for mixing with other materials.

Note: Anticipate approximately \$100 investment in paints, tools, and painting grounds. Supplies may be purchased at WCC Boosktore. Email [communityed@waubonsee.edu](mailto:communityed@waubonsee.edu) for supply list.  
CLASS FEE: \$79

**ART843.600 (21273)**

6:30 p.m.- 9 p.m. W  
WGL236 Staff

Meets between: March 18-April 22

### DANCE

##### WEDDING DANCE

Make that special day even more memorable by dancing with confidence at your wedding! With over 35 years of experience in dance instruction, Patricia Ray will help get you, your wedding party and your family ready to impress at the wedding reception! This engaging course is also perfect for people who just want to learn a few useful dance moves or brush up on technique. Note: Couples only. Partners register separately. Wear hard sole shoes.  
CLASS FEE: \$49

**DAN837.600 (21197)**

7:10 p.m.- 8:25 p.m. Th  
FLD254 Ray

Meets between: April 16-May 14

##### LET'S DANCE! BALLROOM, SWING, AND LATIN

Get a little taste of everything in this combination dance class that will give you confidence for any social dance occasion! With over 35 years of experience in dance instruction, Patricia Ray will help you develop your techniques of leading and following while dancing with your partner. Have fun practicing the basic moves of the waltz, fox trot and swing, then finish off with the spicy cha, cha! A perfect class for beginners or those who want to brush up on their dance skills.

Note: Couples only. Partners must register separately. Wear hard sole shoes.

CLASS FEE: \$55

**DAN898.600 (21194)**

7:10 p.m.- 8:25 p.m. Th  
FLD254 Ray

Meets between: Jan. 16-Feb. 20

**DAN898.800 (21195)**

7:10 p.m.- 8:25 p.m. F  
FLD254 Ray

Meets between: Jan. 17-Feb. 21

## KEEP DANCING! BALLROOM, SWING AND LATIN CONTINUED

Now that you have the basics down, take your dance moves to the next level! Experienced dance instructor, Patricia Ray, will review the basic dance steps of ballroom and Latin then progress to more advanced steps and patterns.

Note: Couples only. Partners register separately. Wear hard sole shoes.

Prereq: Students must know the basics of ballroom and Latin dances.

CLASS FEE: \$49

**DAN899.600 (21198)**  
7:10 p.m.- 8:25 p.m. F  
FLD254 Ray

Meets between: April 17-May 15

## MUSIC

### ELECTRONIC MUSIC ENSEMBLE

Are you an aspiring music composer? Take your music experience to the next level with this unique performance-based course. You'll be using Waubonsee's recording studio facilities and equipment to develop and perform original compositions. State of the art technology such as tape recorders, microphones, signal processors and computers are the "instruments" in this ensemble, and experimentation is encouraged. Note: Two years of music experience is recommended for this course. For credit course see MUS170 in the credit schedule  
CLASS FEE: \$138

**MUS886.001 (21225)**  
2 p.m.- 3:40 p.m. T  
VON245 Staff

Meets between: Jan. 21-May 12

### CLASS GUITAR I

Strum along with other beginners as you learn the basics of playing the guitar. No music experience is required for this entry level course. You will learn how to read chords, chords symbols and musical notation in a variety of music styles. By the end of this course you will have gained confidence playing chord progressions on a variety of guitars and in various guitar playing styles. Note: Guitar must be brought to the first class.  
CLASS FEE: \$276

**MUS890.600 (21226)**  
5 p.m.- 6:40 p.m. T  
VON137 Dover

Meets between: Jan. 21-May 12

### CLASS INSTRUCTION IN PIANO I

If you've ever wanted to "tickle the ivories," this is your chance! No music experience is needed for this beginner level piano course. You will explore music notation, chords, and harmonization through the study of popular, folk and classical music. Join us in the electronic piano lab to make your musical dreams a reality. Note: For credit course see MUS151 in the credit schedule.

CLASS FEE: \$276 LAB FEE: \$30

**MUS891.001 (21227)**  
12:30 p.m.- 1:20 p.m. MW  
VON231 Anderson

Meets between: Jan. 22-May 13

### ALL COLLEGE STEEL BAND

Explore a truly unique instrument in this entry-level steel pan ensemble. Together with other musicians, you will be performing a variety of musical styles including Caribbean, Pop, Classical. You will also be introduced to the history, construction, development and voices of the instruments, all while developing your technique on the instrument. Students are separated based on their ability and experience. The end of term will culminate with a performance concert open to the public. Note: Experience reading music is a requirement for this course. For credit course see MUS175 in the credit schedule  
CLASS FEE: \$207

**MUS893.600 (21228)**  
6 p.m.- 7:40 p.m. W  
VON230 Staff

Meets between: Jan. 22-May 13

### JAZZ ENSEMBLE

Join other "cool cats" for this jazz performance group. You will be part of this 15-17 piece ensemble that specializes in swing, bebop and contemporary jazz. You will also be able to share your love of jazz with others during the end of term concert. Two years of experience with jazz music are recommended for this course. Note: For credit course see MUS160 in the credit schedule.  
CLASS FEE: \$138

**MUS894.600 (21239)**  
5:30 p.m.- 7:10 p.m. W  
VON125 Staff

Meets between: Jan. 22-May 13

### CONCERT BAND

Join other music lovers for this instrumental ensemble that focuses on performance. You will practice different styles including chamber music, concert band, folk and other special combinations. The end of term will culminate in a performance open to the public! Note: Two years of music experience is recommended for this course.  
CLASS FEE: \$138

**MUS896.001 (21240)**  
11 a.m.- 12:40 p.m. F  
VON137 Staff

Meets between: Jan. 24-May 15

*For more information on how to read this schedule, see page 45.*

## VOCAL ENSEMBLE: WAUBONSEE CHORALE

Lift up your voice and join The Waubensee Chorale in song! We are a lively group that practices and performs selected music, such as madrigals, spirituals and other traditional choral music forms. It is open to all students and community residents, and the term will culminate with a performance open to the public. Note: For credit course see MUS166 in the credit schedule.

CLASS FEE: \$138

**MUS898.001 (21238)**  
12:30 p.m.- 1:45 p.m. TTh  
VON125 Schmidt  
Meets between: Jan. 21-May 14

---

## PHOTOGRAPHY

### BEGINNING PHOTOGRAPHY I

Start your photography adventure here! Discover the fundamentals of camera settings, composition, and exposure before learning some of the technical aspects of photography such as selecting memory cards, transferring images to PC/Mac and backing up your photos. You'll gain a full understanding of how to use depth of field, resolution, white balance, color adjustment, compression and file formats.

Note: Bring your own DSLR camera to class.

CLASS FEE: \$99

**PIC802.600 (21192)**  
6 p.m.- 9 p.m. T  
APC160 Smith  
Meets between: Jan. 14-Feb. 18

**PIC802.601 (21212)**  
6 p.m.- 9 p.m. T  
DWNTN222 Smith  
Meets between: April 7-May 12



### BEGINNING PHOTOGRAPHY II

Continue your journey into photography and dive deeper into many of the concepts from Beginning Photography I. Assignments will be given at each class session to build your skills in composition control, exposure, lighting, and more! Professional photographer Mike Smith will introduce key techniques to grow your skillset and offer helpful critiques of your work. Note: Bring your own DSLR camera to class.

CLASS FEE: \$99

**PIC804.600 (21193)**  
6 p.m.- 9 p.m. T  
APC258 Smith  
Meets between: Feb. 25-March 31

### PORTRAIT PHOTOGRAPHY WORKSHOP

Do you want to improve your portrait taking skills? Professional photographer Bob Lockwood will guide you in all you need to know to capture great photos of your friends and family. Learn the basics from understanding lighting to how to best pose your subject. Also, learn some inside tips and tricks that professionals use to get the perfect shot. Practice what you've learned by photographing a model in class.

Note: Bring your own DSLR camera to class.

CLASS FEE: \$59

**PIC827.600 (21272)**  
6:30 p.m.- 8:30 p.m. Th  
APC180 Staff  
Meets between: March 5-March 26

## PRODUCT PHOTOGRAPHY WORKSHOP

Have you ever wondered how products displayed in magazines look so amazing? Well, it's simple; it's with good photography. Learn the tips and tricks you need to take photos of everyday objects. Learn about lighting, composition and set-up, then create your own style as you venture into product photography. You'll also have the opportunity to practice what you've learned in class and build a portfolio.

Note: Bring your own DSLR camera to class.

CLASS FEE: \$59

**PIC828.600 (21256)**  
6:30 p.m.- 8:30 p.m. Th  
DWNTN244 Staff  
Meets between: April 9-April 30

---

## WRITING

### BREAKING THE TRADITION

Explore new ways of putting your thoughts down on paper! Experienced writer, Tara Scalzo, will introduce unique exercises that will encourage you to think outside the box. Break out from standard methods of writing and move towards ideals of freeform writing and non-traditional outlining; while bending those ideals into a cohesive piece of work. The importance of journaling, finding your inspiration, character development, establishing point of view, and marketing your work are just some of the concepts that will be discussed.

CLASS FEE: \$99

**WWS818.600 (21278)**  
6:30 p.m.- 8:30 p.m. T  
APC158 Scalzo  
Meets between: March 3-April 21



# JOIN OUR **TOTAL FITNESS CENTER**

Waubonsee's Total Fitness Center, in Erickson Hall on the Sugar Grove Campus, is dedicated to fitness excellence. Feel the energy, achieve results and enjoy the experience. Open to anyone 16 years of age or older, our facility is a great place to work out, whether you purchase a membership or just want to take classes.

## PROFESSIONAL EXPERTS

Our experienced fitness experts are committed to assisting members through all phases of exercise. The fitness specialists are nationally certified personal trainers with college degrees.

## WE OFFER

- Personal Training
- Full Range of Cardiovascular Equipment, Strength Training Systems and Free Weights
- Cardio Theater Entertainment Center
- Free Wi-Fi
- Locker Rooms with Showers
- Complimentary Workout Towels
- Indoor Running Track
- Open Gym

## MEMBERSHIPS

Choose the one that works best for you. Make sure to ask about our same household discounts. Call (630) 466-2530 for more information.

**Daily ..... \$8**

**1-Month ..... \$35**

**3-Month ..... \$89**

FIT800.700 (11216)

**6-Month ..... \$169**

FIT802.700 (11217)

**Year ..... \$299**

FIT804.700 (11218)

*Prices subject to change without notice.*

## TOTAL FITNESS CENTER

[waubonsee.edu/fitnesscenter](http://waubonsee.edu/fitnesscenter)  
(630) 466-2530

## FITNESS AND RECREATION

### FITNESS



#### BODY FAT ANALYSIS

Weight alone is a deceptive indicator of body composition. Determine your percentages of body water, fat and lean mass by electrical impedance and have trained staff explain your results. Call (630) 466-2530 to schedule your appointment.  
CLASS FEE: \$12

**FIT806.700 (21081)**  
TBA ERK126  
Anderson  
Meets between: Jan. 1-May 15

#### FUNDAMENTALS FIRST - MOVEMENT SCREENING AND EXERCISE PLAN

Are you looking to achieve higher levels of fitness and performance? Start with an evaluation of your movement patterns; end with a customized exercise plan designed to balance and improve your physical ability. Call the Total Fitness Center at (630) 466-2530 to schedule your appointment.  
CLASS FEE: \$59

**FIT863.700 (21080)**  
TBA ERK126  
Anderson  
Meets between: Jan. 1-May 15

#### METABOLISM MATTERS

Weight management success is just a simple measurement away! With BodyGem, a device used to measure your metabolism, you can easily and quickly determine your resting metabolic rate. Your metabolic measurement can then be used to determine an accurate daily calorie target designed to best assist you with meeting your personalized weight management goals. Call the Total Fitness Center at (630) 466-2530 for more information and to schedule an appointment.  
Note: BodyGem includes a metabolic measurement, a printed report of calorie budgets and a review of the results.  
CLASS FEE: \$39

**FIT860.700 (21082)**  
TBA ERK126  
Anderson  
Meets between: Jan. 1-May 15

#### FALL PROOF!

Reduce your risk of falls. Learn exercises to increase your strength and improve your overall balance and mobility. Classes challenge your balance in a safe environment. Fall Proof! is an effective program that promotes healthy, active lifestyles.  
CLASS FEE: \$92

**FIT845.001 (21099)**  
3:30 p.m.- 4:30 p.m. M  
FLD252 Anderson  
Meets between: Jan. 13-March 2

**FIT855.001 (21100)**  
3:30 p.m.- 4:30 p.m. M  
FLD252 Anderson  
Meets between: March 16-May 4

#### HATHA YOGA FOR BEGINNERS

Experience the benefits of Hatha Yoga. Firm and tone your body while learning how to reduce stress, improve balance, flexibility and concentration. Designed for those new to Hatha Yoga, you will learn specific postures in combination with controlled breathing, as well as how to focus on breathing and relaxation techniques. Wear loose, comfortable clothing and bring an exercise mat.  
CLASS FEE: \$79

**FIT856.600 (21097)**  
8 p.m.- 9 p.m. W FLD254  
Van Gieson  
Meets between: Jan. 15-March 4

#### HATHA YOGA CONTINUED

Hatha Yoga is the slow and deliberate stretching of muscles and stimulation of inner organs. One way to think of Hatha Yoga is the union occurring between mind, body and spirit. Continue your practice of Hatha Yoga and refine your techniques. Designed for those who have taken Hatha Yoga for Beginners or have a similar level of experience. This class can be repeated as many times as desired.  
CLASS FEE: \$79

**FIT857.600 (21098)**  
8 p.m.- 9 p.m. W FLD254  
Van Gieson  
Meets between: March 18-May 6

#### NEW! OUTDOOR WALKING CLUB

Join walking enthusiasts for a scenic hike on the Waubonsee campus and Virgil Gilman Trail. Outdoor Walking Club is for those who like the safety and camaraderie of walking with others in nature. Enjoy the journey to improved health and well-being. Nordic walkers welcome; bring your poles.  
CLASS FEE: \$29

**FIT868.001 (21176)**  
4:45 p.m.- 5:45 p.m. T  
ERK126 Anderson  
Meets between: April 7-May 12



## PERSONAL TRAINER CERTIFICATION COURSE

Whether for a career move or for personal knowledge, get all the information and training you need to become a Certified Personal Trainer. This comprehensive course offered through World Instructor Training Schools (W.I.T.S.) gives you the educational knowledge and practical skills required for a long-lasting career in the fitness industry. W.I.T.S. is an accredited and internationally recognized certifying body that is known and respected by fitness experts and employers. Textbook required: Fitness Professional's Handbook, 7th Edition Course Options: In-Person - Includes LIVE classroom instruction and in-depth, hands-on practical labs to master the essential career skills and knowledge to succeed. Online Hybrid - Includes online classroom material along with in-depth, hands-on practical labs to master the essential career skills. CLASS FEE: \$689

**FIT885.600 (21179)**  
10 a.m.- Noon Sa  
FLD252 Anderson  
and  
6 p.m.- 8 p.m. Th  
FLD252 Anderson  
Meets between: Jan. 16-March 7

**FIT885.950 (21180)**  
10 a.m.- Noon Sa  
FLD252 Anderson  
Meets between: Jan. 18-March 7

## PILATES

Pilates is a full-body exercise program designed to promote breathing, postural alignment, spinal mobility, flexibility in the arms and legs, and core strength. This mindful and gentle yet mighty mat-based class is for all ages and stages of life and fitness levels. Wear comfortable clothing that allows for stretching and begin your journey to lighter and freer movement. CLASS FEE: \$104

**FIT850.001 (21108)**  
6:45 a.m.- 7:45 a.m. T  
FLD254 Anderson  
Meets between: Jan. 14-March 3

**FIT851.002 (21110)**  
6:45 a.m.- 7:45 a.m. T  
FLD254 Anderson  
Meets between: March 17-May 5

## SMALL GROUP TRAINING

Enjoy the variety of programming and social energy that comes from working out with others. Professional instructors will guide, motivate and keep you accountable. This class includes an eight-week Total Fitness Center membership. CLASS FEE: \$249

**FIT816.001 (21189)**  
8 a.m.- 9 a.m. MWF  
ERK126 Anderson  
Meets between: Jan. 13-March 6

**FIT817.002 (21190)**  
8 a.m.- 9 a.m. MWF  
ERK126 Anderson  
Meets between: March 16-May 8

## TAI CHI - SESSION 1

Center yourself as you become aware of your own energy while relaxing your mind and strengthening your body. Tai Chi, an ancient form of meditative exercise, helps you meet day-to-day challenges by harmonizing mind and body. CLASS FEE: \$79

**FIT882.001 (21104)**  
3 p.m.- 3:45 p.m. T  
FLD254 Anderson  
Meets between: Jan. 14-March 3

**FIT882.002 (21105)**  
9 a.m.- 9:45 a.m. F  
FLD254 Anderson  
Meets between: Jan. 17-March 6

**FIT883.003 (21107)**  
3 p.m.- 3:45 p.m. T  
FLD254 Anderson  
Meets between: March 17-May 5

**FIT883.004 (21106)**  
9 a.m.- 9:45 a.m. F  
FLD254 Anderson  
Meets between: March 20-May 8



# FITNESS AND RECREATION

## AFTER WORK YOGA

Refresh and rejuvenate after your work day with yoga. Disconnect from daily stress as you feel your body re-energize and your mind relax. All levels welcome. Bring a yoga mat or towel.  
CLASS FEE: \$104

**FIT852.001 (21177)**  
4:45 p.m.- 5:45 p.m. TTh  
DWNTN160C Anderson  
Meets between: Jan. 14-March 5

**FIT853.001 (21178)**  
4:45 p.m.- 5:45 p.m. TTh  
DWNTN160C Anderson  
Meets between: March 17-May 7

## CARDIO KICKBOXING

Jabs, hooks, uppercuts, and kicks combine to get you a leaner body and a healthier state of mind.  
CLASS FEE: \$138

**FIT894.001 (21102)**  
2 p.m.- 2:50pm TTh  
FLD254 Staff  
Meets between: Jan. 21-May 1

## NEW! FIND YOUR EXERCISE FIT

Take advantage of these FREE trial workouts to discover what exercise class is right for you. Sign up with your friends for one or all four. When you find your fit, fitness is fun.

**FIT828.001 (21185)**  
8 a.m.- 9 a.m. M  
FLD254 Anderson  
Meets on: March 9

**FIT828.002 (21186)**  
6:45 a.m.- 7:45 a.m. T  
FLD254 Anderson  
Meets on: March 10

**FIT828.003 (21187)**  
3 p.m.- 3:45 p.m. T  
FLD254 Anderson  
Meets on: March 10

**FIT828.004 (21188)**  
7 a.m.- 7:45 a.m. Th  
FLD254 Anderson  
Meets on: March 12

## NORDIC WALKING

Nordic Walking is a great total body workout for anyone interested in a fun physical activity with maximum health benefits. This low-stress, easy-to-master workout is fantastic for weight loss and great for your body and mind. Keep fit, toned and healthy at any age. To sign up for your 30-minute private session with a certified Nordic Walking instructor, please call the Total Fitness Center (630) 466-2530. Poles are provided.  
CLASS FEE: \$29

**FIT865.700 (21083)**  
TBA ERK126  
Anderson  
Meets between: Jan. 1-May 15



**TRX®**  
Developed by the Navy SEALs, TRX® suspension training improves strength, balance, flexibility and core stability- all at once! All fitness levels welcome.  
CLASS FEE: \$79

**FIT875.001 (21181)**  
6 a.m.- 6:45 a.m. Th  
FLD254 Anderson  
Meets between: Jan. 16-March 5

**FIT875.002 (21182)**  
7 a.m.- 7:45 a.m. Th  
FLD254 Anderson  
Meets between: Jan. 16-March 5

**FIT875.003 (21183)**  
6 a.m.- 6:45 a.m. Th  
FLD254 Anderson  
Meets between: March 19-May 14

**FIT875.004 (21184)**  
7 a.m.- 7:45 a.m. Th  
FLD254 Anderson  
Meets between: March 19-May 14

## WOMEN ON WEIGHTS

This small group strength class produces optimum results in a minimal amount of time. Build stronger bones, improve muscle strength and increase your energy.  
CLASS FEE: \$96

**FIT874.001 (21113)**  
4:45 p.m.- 5:15 p.m. MW  
ERK126 Anderson  
Meets between: Jan. 13-March 4

**FIT874.601 (21114)**  
5:30 p.m.- 6 p.m. MW  
ERK126 Anderson  
Meets between: Jan. 13-March 4

**FIT874.602 (21115)**  
6:15 p.m.- 6:45 p.m. MW  
ERK126 Anderson  
Meets between: Jan. 13-March 4

**FIT877.001 (21116)**  
4:45 p.m.- 5:15 p.m. MW  
ERK126 Anderson  
Meets between: March 16-May 6

**FIT877.601 (21117)**  
5:30 p.m.- 6 p.m. MW  
ERK126 Anderson  
Meets between: March 16-May 6

**FIT877.602 (21118)**  
6:15 p.m.- 6:45 p.m. MW  
ERK126 Anderson  
Meets between: March 16-May 6

## YOGA FOR BONES AND BALANCE

An ounce of prevention is worth a pound of cure. Build stronger bones, improve your balance and increase flexibility in this full-body yoga class. A must for anyone who has or is at risk for osteoporosis.  
CLASS FEE: \$104

**FIT890.001 (21111)**  
8 a.m.- 9 a.m. MW  
FLD254 Anderson  
Meets between: Jan. 13-March 4

**FIT891.001 (21112)**  
8 a.m.- 9 a.m. MW  
FLD254 Anderson  
Meets between: March 16-May 6



## YOGA

Hatha Yoga focuses on the union of mind, body and breath through asana practice. The poses enhance muscular strength, flexibility, energy, concentration and relaxation.

CLASS FEE: \$138

**FIT892.600 (21103)**  
5 p.m.- 5:50 p.m. MW  
FLD254 Staff

Meets between: Jan. 22-May 13

## ZUMBA

Take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Super effective! Super fun! Note: For credit course see KPE134 in the credit schedule.

CLASS FEE: \$138

**FIT827.600 (21101)**  
5 p.m.- 5:50 p.m. TTh  
FLD254 Staff

Meets between: Jan. 21-May 14

## RECREATION

### HORSEMANSHIP I

HorsemanSHIP I is for the beginning or inexperienced rider and includes English riding (Saddleseat), grooming, leading, saddling and bridling. Students must have shoes (no slippers) with hard soles and low heels for riding, long pants, riding or bike helmet, t-shirts or sweatshirts (no tank tops). Note: Weight restriction of under 160 lbs. per stable requirements. For credit course see KPE108 in the credit schedule. CLASS FEE: \$69 LAB FEE: \$190

**REC892.600 (21268)**  
8 p.m.- 9:40 p.m. T  
HUNT Staff

Meets between: March 24-May 12



### HORSEMANSHIP II

HorsemanSHIP II is a continuation of skills learned in HorsemanSHIP I, only more in-depth. Riders work on diagonals, simple figure work and horse psychology. Note: Maximum weight limit: 160 lbs., per stable requirements. For credit course see KPE109 in the credit schedule.

Prereq: Consent of instructor.  
CLASS FEE: \$69 LAB FEE: \$190

**REC893.600 (21269)**  
8 p.m.- 9:40 p.m. Th  
HUNT Staff

Meets between: March 26-May 14

## PERSONAL GROWTH AND HOME

## ANIMAL CARE AND TRAINING

### BEGIN YOUR CAREER AS A PROFESSIONAL DOG TRAINER I

Have you ever considered a career as a professional dog trainer? In this two-part course, you'll explore all the subjects that you will need to know to successfully pass the CCPDT certification test and the essential aspects of starting your own dog training business. From understanding canine body language, training and behavior modification to canine health and wellness, you'll get a comprehensive look at this exciting career path. After the successful completion of this course, be sure to sign up for Begin Your Career as a Professional Dog Trainer II during the Spring semester. Note: You will need to bring a dog to the hands-on portion of the course. Dogs will not be permitted on campus for classroom sessions. CLASS FEE: \$995

**PET815.600 (21199)**  
6 p.m.- 8 p.m. M  
OVERMN Staff

and  
6 p.m.- 8 p.m. Th APC158  
Staff

Meets between: Jan. 23-May 7



**Start discovering  
your family tree  
this spring with  
Genealogy 101.**

Search for it at  
[waubonsee.edu/courses](http://waubonsee.edu/courses)

# PERSONAL GROWTH AND HOME



## HOBBIES/SPECIAL INTEREST

### AN INTRODUCTION TO VOICEOVERS - GETTING STARTED IN VOICE ACTING

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that?" This fun and empowering two-hour introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded to receive a professional voiceover evaluation later. After class you'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Note: Taught by a professional voice actor from Voices For All.

CLASS FEE: \$49

**ART860.600 (21109)**

6 p.m.- 9 p.m. W  
DWNTN222 Staff

Meets on: Feb. 19



**Cooking 101 and 102 are back this semester!**

Search for them at  
[waubonsee.edu/courses](http://waubonsee.edu/courses)

## TEST PREPARATION

**NEW Test Prep Courses for SAT and ACT! Take a practice exam and learn useful strategies for success on test day! Book included with course!**

### PRACTICE MAKES PERFECT: TRY THE ACT TEST

Are you feeling apprehensive about the upcoming ACT? Let an experienced instructor tell you what to expect and how to best prepare for this important exam! You'll take home tips, techniques and test taking strategies to help you feel comfortable and confident on test day. You'll even get to practice taking an official, retired paper-and-pencil exam in a timed setting – exactly like regular test day. In just two sessions, you'll receive a results report with breakdown of your strengths and weaknesses so you'll have a game plan to prepare for test day. Score! Note: Bring an ACT- approved calculator ([www.act.org](http://www.act.org)) and two #2 pencils to this class.

CLASS FEE: \$69

**TST803.800 (21262)**

9 a.m.- 12:30 p.m. Sa  
APC170 Staff

Meets between: March 21-March 28

### RAISE YOUR SCORE - ACT MATH AND SCIENCE

Prepare for the ACT Math and Science sections in this course focused on key algebra, geometry, and trigonometry concepts as well as data analysis and interpretation in science. You'll also gain valuable problem-solving skills and strategies proven to assist you in working through problems and responding when you are unsure of the correct answer. Come prepared to each class with a notebook and pencil/pen and an ACT approved calculator ([www.act.org](http://www.act.org)).

CLASS FEE: \$139

**TST806.800 (21261)**

10 a.m.- 11:45 a.m. Sa  
APC170 Staff

Meets between: Feb. 22-March 14

### RAISE YOUR SCORE - ACT ENGLISH AND READING

Prepare for the English and Reading sections of the ACT in this course filled with authentic ACT practice questions and tests. You'll review crucial subject matter tested on the ACT and learn strategies proven to help you when you are unsure of the correct answer. Come prepared to each class with a notebook and pencil/pen.

CLASS FEE: \$139

**TST807.800 (21260)**

9 a.m.- 12:30 p.m. Sa  
APC180 Staff

Meets between: Feb. 22-March 14

### PRACTICE MAKES PERFECT: TRY THE SAT (AGES 15 AND UP)

Are you feeling apprehensive about the new SAT? Let an experienced instructor tell you what to expect and how to best prepare for this important exam! You'll take home tips, techniques, and test taking strategies to ensure you feel comfortable and confident on test day. You'll even get to practice taking an official, retired paper-and-pencil exam in a timed setting – exactly like regular test day. In just two sessions, you'll receive a results report with breakdown of your strengths and weaknesses so you'll have a game plan to prepare for test day. Score!

Note: Bring an SAT- approved calculator ([www.sat.org](http://www.sat.org)) and two #2 pencils to this class.

CLASS FEE: \$69

**TST820.800 (21259)**

9 a.m.- 12:30 p.m. Sa  
APC170 Staff

Meets between: Feb. 8-Feb. 15

## RAISE YOUR SCORE - SAT WRITING AND LANGUAGE

Prepare for the SAT Writing and Language sections in this focused course filled with authentic practice problems and tests. You'll review the crucial subject matter tested on the SAT and learn strategies prove to help you when you are unsure of the correct answer.

Note: Come prepared to each class with a notebook and pencil/pen.  
CLASS FEE: \$139

**TST821.800 (21257)**  
8 a.m.- 9:45 a.m. Sa  
APC180 Staff  
Meets between: Jan. 11-Feb. 1

## RAISE YOUR SCORE - SAT MATH

Prepare for the SAT Math sections in this course focused on pre-algebra, algebra, geometry, trigonometry, and data analysis. You'll also gain valuable problem-solving skills and strategies proven to assist you in working through problems and responding when you are unsure of the correct answer. Come prepared to each class with a notebook and pencil/pen and an SAT approved calculator ([www.sat.org](http://www.sat.org)).  
CLASS FEE: \$139

**TST822.800 (21258)**  
10 a.m.- 11:45 a.m. Sa  
APC180 Staff  
Meets between: Jan. 11-Feb. 1

## SCIENCE AND TECHNOLOGY

### INTRODUCTORY COMPUTERS



Find our  
Computers 101  
and Microsoft  
Office at Home  
courses online at  
[waubonsee.edu/courses](http://waubonsee.edu/courses)

### TELEVISION PRODUCTION

#### PUBLIC ACCESS TELEVISION PRODUCTION TRAINING

Public Access Television training gives you the chance to use professional video equipment to create programs to air on local cable television and the internet! In four 4-hour classes you'll learn the basics of studio production, field camera work, lighting, audio and non-linear editing. These skills will prepare you to produce your own show or assist in a variety of crew positions in professional and student productions. Completing this class certifies you to use the equipment and facilities of Fox Valley Television free of charge and gives you access to our local public access channel to air your programs.

CLASS FEE: \$100

**TVP800.800 (21270)**  
Noon- 4 p.m. Sa  
COL115 Rennels  
Meets between: Feb. 8-Feb. 29

#### PUBLIC ACCESS TELEVISION - INTERMEDIATE EDITING/ DVD

This course provides students with intermediate instruction in non-linear video editing using Adobe Premiere. This class is a follow up to TVP001 and is not required for Public Access Certification. Students will learn advanced non-linear video editing techniques including advanced transitions and effects, titling, key-frame animation, chroma keying and multi-camera editing. Students will also learn about different output formats, video compression and preparing a project for distribution.

Prereq: Successful completion of TVP800.

CLASS FEE: \$100

**TVP802.800 (21271)**  
Noon- 4 p.m. Sa  
COL145 Rennels

Class does not meet March 21  
Meets between: March 7-March 28

## WORLD LANGUAGES

### LEARN A LITTLE SPANISH

Overcome your fear of learning a new language in this six week class - designed for individuals who have had no previous Spanish experience, but who want to start speaking and understanding the language. You'll begin to feel comfortable using Spanish both in class and in the real world. Class will be taught at a slow pace and will start from the beginning of learning the Spanish language. Follow this class with Learn More Spanish. Note: For more information about the specific content of this course and textbook requirements, email [communityed@waubonsee.edu](mailto:communityed@waubonsee.edu).  
CLASS FEE: \$179

**LAN805.600 (21214)**  
6:30 p.m.- 9 p.m. MW  
APC158 Gajardo Munoz  
Meets between: Feb. 5-March 11



## LEARN MORE SPANISH

If you have the most basic Spanish language skills, but are ready for more, you'll progress in this vocabulary-building class suited for those with some prior exposure to the language. You'll begin speaking in class the very first week as you grow comfortable with vital conversational builders including fundamental grammar, working phrases and important vocabulary. This essentials class hands you necessary language tools you can put to work as you walk out of the classroom door and into the Spanish-speaking world. Note: For more information about the specific content of this course and textbook requirements, email [communityed@waubonsee.edu](mailto:communityed@waubonsee.edu). Prereq: Learn a Little Spanish or equivalent Spanish language skills. CLASS FEE: \$129

**LAN808.600 (21215)**  
6:30 p.m.- 9 p.m. MW  
APC158 Gajardo Munoz  
Meets between: March 23-April 15

## PRESCHOOLERS, KIDS AND TEENS

### MAKE YOUR FIRST VIDEO GAME

If you love playing video games, you probably want to make them too! Make your first video game in this one-of-a-kind camp that shows you the keys to designing a 2D platformer game. Conceptualization, play experience, level design, graphics, sounds and simple coding are just some of the concepts that you'll explore. No prior experience necessary, just a desire to have fun. Your games will be available on a password protected Black Rocket website to share with friends and family after camp. Note: You'll work in pairs or teams for most of the camp. The games you create are only compatible on PC computers, but Mac versions can be created after the program for \$15.00 conversion fee.

**INT731.001 (21263)**  
9 a.m.- 3:30 p.m. TWTh  
DWNTN243 Staff  
Ages: 9-11  
Meets between: March 31-April 2

### 3D PRINT YOUR IMAGINATION

If you can dream it, you can make it! In this brand new 3D printing camp, you'll use Waubonsee's state-of-the-art design labs to create your own toy, figure or fashion accessory. You'll be hands-on with design software and 3D printing equipment to sculpt and render your own 3D creation. No prior experience is necessary and at the end of the week, you'll have your unique print out to take home. You'll work in pairs or teams for most of the program. Note: 3D printing is included!

**INT735.001 (21264)**  
9 a.m.- 3:30 p.m. TWTh  
HCC111 Staff  
Ages: 12-14  
Meets between: March 31-April 2

## ROBLOX CODERS AND ENTREPRENEURS

Discover how to code in the Lua language while playing and designing worlds in ROBLOX, an online universe where you can create anything you dream of! This exciting camp combines game design, coding, and FUN! Young entrepreneurs will also learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password protected website to share with friends and family. Students will work in pairs or teams for most of the program.

**INT742.001 (21277)**  
9 a.m.- 3:30 p.m. TWTh  
DWNTN Staff  
Ages: 9-11  
Meets between: March 31-April 2

## DRONE ADVENTURES

Drones are here! Let the battles begin! In this hands-on, interactive, class you will learn how to safely fly drone robots. Working in teams, you will be able to code your drone to compete missions that will prepare you for the ultimate team challenge at the end of the week. Students will work in pairs or teams for most of the program.

**INT741.800 (21265)**  
9 a.m.- 12:30 p.m. Sa  
HCC101 Staff  
Ages: 9-11  
Meets between: April 4-April 25

**CHECK OUT OUR  
ACT/SAT TEST  
PREP COURSES!**  
See page 10.

# Senior Series, DAYTIME PROGRAM



## Computers Using Windows 10 for Seniors

Greg Backes

Using a computer can help you access and share information, organize your schedule, do your banking, find and listen to your favorite music, watch old episodes of your favorite shows and films, and more! Learn basic skills such as: desktop layout, using apps, the taskbar, personalizing Windows, organizing folders and files, email, and other skills. Students will receive *Windows 10 for Seniors* book to take home.

**Tuesday-Thursday, March 24-26, 2020**

9 a.m. – Noon

Sugar Grove Campus

Academic and Professional Center, Room 158

\$30

*Greg has been training Microsoft Office Suite for over 23 years. His clients include government agencies at the federal, state and local level. He consults and teaches at various corporations and small businesses. Greg has also taught both credit and noncredit courses at the college level. Other areas of expertise include technical writing, Access databases and website design.*

**PURCHASE TICKETS AT**  
**[www.waubonseetickets.com](http://www.waubonseetickets.com)**

# Trips and Tours

*Travel to far-away destinations or make new discoveries close to home. Explore Local Excursions and Extended Tours created and curated by Community Education.*

*For more details and registration information, visit us online at [waubonsee.edu/trips](http://waubonsee.edu/trips) or call our travel specialist at (630) 466-2360*

## LOCAL EXCURSIONS

### Basketball – Bulls vs. Bucks

Start the day with lunch at Mecca Sports Bar & Grill before the Bulls vs. Bucks game at the Fiserv Forum in Milwaukee — home of the Milwaukee Bucks and the 2019 NBA Most Valuable Player, Giannis Antetokounmpo. The Bulls will work their magic against this star 6' 11" history maker who was the first player in the NBA to achieve ranking in the top 20 of all five major statistical categories in total points, rebounds, assists, steals and blocks in a regular season.

Monday, January 20, 2020

Depart

Sugar Grove Campus: 11:45 a.m.

Return

Sugar Grove Campus: 9 p.m.

\$99

**Buy your tickets on [waubonseetickets.com](http://waubonseetickets.com) by Jan. 6.**

### Hockey – Blackhawks vs. Sharks

Here Come the Hawks, the Mighty Blackhawks! Take the attack, Yeah, and we'll back you Blackhawks! See the Blackhawks against the San Jose Sharks. Dinner in Greek Town at Santorini's before the game.

Wednesday, March 11, 2020

Depart

Sugar Grove: 3 p.m.

Return

Sugar Grove: 11:30 p.m.

\$199

**Buy your tickets on [waubonseetickets.com](http://waubonseetickets.com) by Feb. 26.**



### "Almost Heaven – John Denver's America" at Theatre at the Center

Enjoy this musical tribute and intimate celebration of John Denver's life and career. From growing up in a military family to his emergence on the 1960s folk scene, to the climb to 1970s superstardom, and his later career in the 1980s and 90s, John Denver's story is brought to life in this Chicago-area premiere. The show includes favorite hits such as "Take Me Home Country Roads," "Rocky Mountain High," "Annie's Song," and "Sunshine on My Shoulders." A stop at Albanese Candy Factory for a tour and shopping on the way to the theatre.

**202TRP840.001 CRN# 21093**

Wednesday, February 26, 2020

Depart

Sugar Grove Campus: 8 a.m.

Depart

Home Depot Aurora: 8:30 a.m.

Arrive Home Depot Aurora: 5 p.m.

Arrive

Sugar Grove Campus: 5:30 p.m.

\$99

### "Evita" at the Skylight Music Theatre

The staged concert version of the seven-time Tony Award-winning megawatt musical. The story follows Eva Duarte and her meteoric rise from impoverished child to wife of Argentine president Juan Perón and finally, to becoming the most powerful woman in Latin America. A stop at The Elegant Farmer to learn about their Apple Pie Baked in a Paper Bag® and shopping on the way home.

**202TRP841.001 CRN# 21094**

Wednesday, March 25, 2020

Depart

Sugar Grove Campus: 9:30 a.m.

Return

Sugar Grove Campus: 7:30 p.m.

\$99



### "A Mighty Fortress Is Our Basement" at the Fireside Theatre

In this installment of the Church Ladies series, the year is 1960 and a reformation is underway. Beverly gets her first pair of high heels for confirmation. Mrs. Snustad wins top honors at the County Fair for her Grand Champion pickles. Mavis must find a way to deal with the new Super Highway that cuts through her farm. Karin finds freedom behind the wheel of her husband's pickup truck. And Pastor has found new love and announces his impending nuptials. Against the changing tide, these "bulwarks never failing" stand strong in their faith and in their friendships with more crazy antics, more great songs, and more lessons reluctantly learned. We will stop at *Jones Dairy Farm* on the way home.

**202TRP842.001 CRN# 21095**

Thursday, April 16, 2020

Depart Sugar Grove Campus: 8:30 a.m.

Return Sugar Grove Campus: 6:30 p.m.

\$99

### Statesville, and more!

Start the day at the Joliet Historical Museum where the main exhibition gallery serves as an introduction to the many stories of the Joliet area and its people. Next, on to the iconic Old Joliet Prison for a historical tour while walking in the footsteps of famous and fictional criminals. Enjoy lunch and a self-guided tour at the Jacob Henry Mansion, a National Historic Landmark, built in 1873, known for its beauty, Old Victorian Charm and homemade meals. A tour of the Rialto Theatre, the "Jewel of Joliet," known as one of the top 10 most beautiful theatres in the US, highlights the beauty and detail of the theatre that opened in 1926. The final stop will be St. James at Sag Bridge, the oldest working church in the Midwest, founded in 1833 by workers building the Illinois & Michigan Canal.

**202TRP843.001 CRN# 21096**

Wednesday, May 13, 2020

Depart Sugar Grove Campus: 7:30 a.m.

Return Sugar Grove Campus: 6:00 p.m.

\$99



## EXTENDED TOURS

### **Irish Discovery**

#### **Cosmos**

Breathtaking, lush landscapes combined with vibrant cities and historic attractions—all of this and more await you on this Irish Discovery tour, including Northern Ireland. Starting and ending in Dublin, explore Ireland in depth and hear exciting stories of its rich history, legends, and myths.

**March 11 – 20, 2020**

\$1,548 per person, double, plus add additional \$1,625 per person air from Chicago

Final Payment by January 7, 2020

### **New York City**

#### **Fancy Free Holidays**

A New York City Experience not to miss! Experience a 4-Star Millennium Broadway hotel, walking tours, subways and a view of this vibrant city from the Top of the Rock. Enjoy a walking tour of Battery Park to include St. Paul's Church, Trinity Church, the Stock Exchange and Wall Street. Stops at Little Italy and Chinatown and a visit to National 9/11 Memorial and Museum.

**May 2 – 9, 2020**

\$2,919 per person double

Motorcoach Tour with home pick-up

Final Payment by January 31, 2020

### **Jewel of the Rhine River**

#### **Mayflower Cruises and Tours**

Enjoy a relaxing and inspiring cruise on the romantic Rhine, Europe's longest river. Travel onboard a modern luxurious ship, visiting iconic ports of call, sampling incredible cuisine, and absorbing the local culture and atmosphere.

**June 6 – 16, 2020**

\$4,149 per person double, Riviera Deck, plus additional \$675 per person, 2 for 1 air from ORD

Final Payment by March 6, 2020

### **Mackinac Island Lilac Festival featuring the Grand Hotel**

#### **American Classic Tours**

Experience a landmark of Victorian elegance and charm – the Grand Hotel of Mackinac Island. Listen to the harpist at afternoon tea. Unwind in a rocking chair on the magnificent porch. Relish the tradition of horse-drawn carriage rides. Dance the night away in the ballroom. Plus, enjoy free time to take in the sights & sounds of the Lilac Festival including the charming, afternoon Lilac Festival Parade from your complimentary canvas chair.

**June 11–16, 2020**

\$2,549 per person double

Motorcoach Tour

Final Payment by March 10, 2020

## **New England, Cape Cod and Autumn Foliage**

### **Mayflower Cruises and Tours**

Enjoy the tranquil backroads of Vermont, the monumental mansions of Rhode Island, the gingerbread cottages of Martha's Vineyard and the history of Boston while taking in the best autumn colors New England has to offer.

**October 6 - 13, 2020**

\$3,114 per person double

Final Payment by July 16, 2020

## **The Canadian Rockies and Rocky Mountaineer**

### **Vacations By Rail**

The Canadian Rockies await your discovery! Traverse magnificent landscapes aboard the famed Rocky Mountaineer. Watch Canada's varied scenery unfold moving through the country by deluxe day-time only train and motor coach. Begin with a city tour in Vancouver, visit Kamloops, Jasper and Banff. Includes Maligne Lake, Spirit Island, Icefields, and a gondola ride to the top of Sulphur mountain for breath-taking views.

**September 20 - 27, 2020**

\$4,395 per person double

Air not included to Vancouver/from Calgary

Final Payment by June 20, 2020

## **Philadelphia, Amish Country and Brandywine Valley**

### **Premier World Discovery**

Stay five nights in the city of brotherly love and visit sights such as Valley Forge National Historic Park, Independence Hall & the Liberty Bell, National Constitution Center, Brandywine Valley, two former DuPont Mansions, Hershey's Chocolate World and Pennsylvania Amish Country.

**September 13 - 18, 2020**

\$2,345 per person double

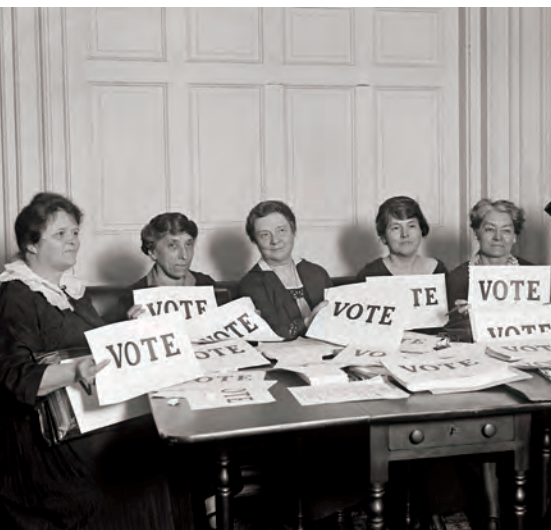
Includes air to/from Philadelphia

Final Payment by June 21, 2020

Discover more extended tour options at [waubonsee.edu/trips](http://waubonsee.edu/trips) or call our travel specialist at (630) 466-2360.



# Community Events



## 100th Anniversary of Woman's Suffrage "Casting a Historic Vote: Suffrage in Illinois"

Jeanne Schultz Angel, Illinois Humanities

Prior to 1920, women were denied the vote in the majority of elections in the United States. Despite what people today believe to be a straightforward goal, the path to women's suffrage triggered a fear of feminism whose roots are still seen today. From attorney Ellen Martin, the first woman to vote in Illinois, to Ida B. Wells, a woman who did not let racism stop her voice, women's suffrage has been a battle hard fought by a diverse group of activists in Illinois.

*Jeanne Schultz Angel holds a bachelor's degree in anthropology and a master's degree in history. Some of her works include the St. Charles Heritage Center, Lombard Historical Society, Illinois Association of Museums and the Nineteenth Century Charitable Association.*

**Thursday, March 5, 2020**

Sugar Grove Campus, Auditorium

7 p.m.

FREE

**March is  
Women's  
History Month.**



## Blue Zone

Joan Davis RN, MS

National Geographic released their groundbreaking updated Blue Zones issue featuring those fortunate folks living in the Blue Zones. Take a virtual journey with Joan Davis, RN, to discover how these communities manage to live especially long and vibrant lives. Learn how you can create your own Blue Zone in your community and home. Research has shown there are habits and lifestyle choices you can make right now that will increase your chances of living well into your 90's and beyond. Grab your detective hat and let's go!

*Joan is an experienced health educator who has met and learned from the masters including, T. Colon Campbell (The China Study) and Dr. Michael Greger (How Not to Die) whose website Joan also volunteers for: NutritionFacts.org. Joan is eager to share the good news about whole food plant-based nutrition and has presented lectures in occupational, professional and cruise settings.*

**Thursday, April 2, 2020**

Sugar Grove Campus, Academic and Professional Building, Room 110A

7 p.m.

FREE

**RSVP for these events at**  
[waubonsee.edu/EnrichEvents](http://waubonsee.edu/EnrichEvents)



# Asset Earth

*Exploring people and their environment*

## One Earth Film Festival

### Film Screening

Join us for a selection from the Midwest's premier environmental film festival showcasing thought-provoking environmental films and interactive discussions focused on solutions.

Last year's festival featured 50 screenings of 30 films held at dozens of locations throughout Chicagoland and drew thousands of attendees.

### **Monday, March 9, 2020**

Aurora Downtown Campus,  
Multi-Purpose Room

7 p.m.

FREE

*Donations suggested  
to Conservation Foundation*

RSVP to this free event at  
<http://bit.ly/oneearthFF>

*The One Earth Film Festival is presented by Green Community Connections, a 501(c)(3) not-for-profit organization devoted to fostering a sustainable future in our community and being an environmental leader in the greater Chicago metropolitan area.*



**Look for "Developing a Future – Fit Business for Sustainability" on Saturday, April 18.**

[waubonseetickets.com](http://waubonseetickets.com)

## The Art and Science of Weather Forecasting

*Karl Schulze*

*Associate Professor of Earth Science*

*Waubonsee Community College*

Waubonsee's Associate Professor of Earth Science and meteorology Karl Schulze will summarize man's past attempts at forecasting the weather, the current state of weather forecasting and how it is performed, and explore future developments to improve weather forecasts.

### **Thursday, March 12, 2020**

Sugar Grove Campus, Auditorium

7 p.m.

FREE

RSVP for this free event at [waubonsee.edu/EnrichEvents](http://waubonsee.edu/EnrichEvents)

## Rethink, Reduce, Reuse and Recycle Right!

*Jennifer Jarland*

*Recycling Program Coordinator*

*Kane County Government Center*

Get the lowdown on what can and can not be recycled at home and at work. Jennifer Jarland will cover what can and cannot go in curbside recycling carts, changes in the recycling industry, and the work being done on reducing contamination in recycling streams. Jennifer will also share top recycling tips that answer the most commonly asked questions.

Learn about drop-off locations throughout Kane County for Styrofoam, electronics, books, hazardous waste, batteries, paint and more. Jennifer will share the schedule of Recycling Events, items accepted at them, including the free confidential document shredding dates. Also included are some fun giveaways, including the *Kane County Recycles Green Guide*.

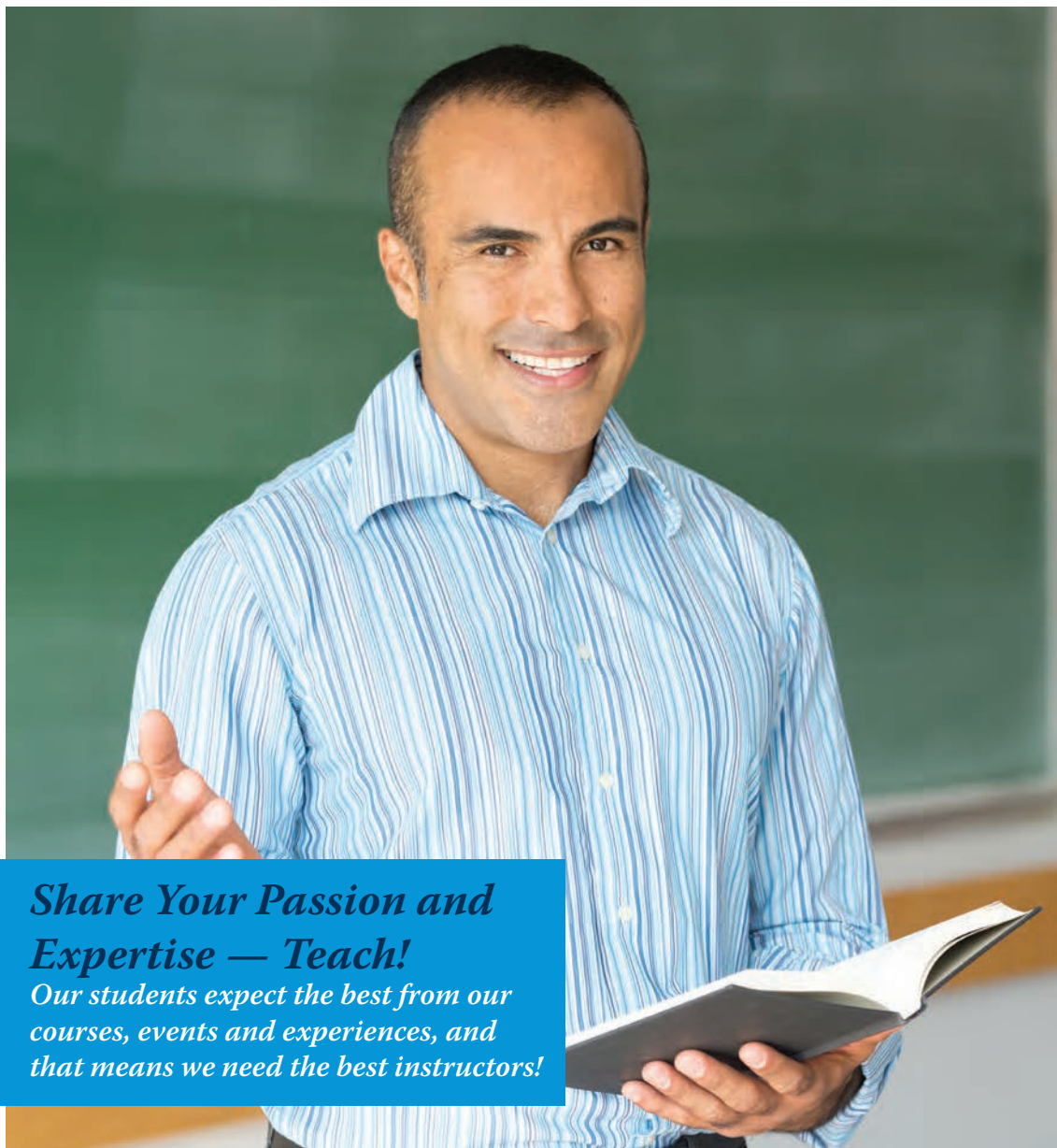
### **Thursday, April 23, 2020**

Sugar Grove Campus, Bodie Hall 150

7 p.m.

FREE

RSVP for this free event at [waubonsee.edu/EnrichEvents](http://waubonsee.edu/EnrichEvents)



## ***Share Your Passion and Expertise — Teach!***

*Our students expect the best from our courses, events and experiences, and that means we need the best instructors!*

### **PERSONAL ENRICHMENT**

Discover how you can partner with Community Education to create and teach a personal enrichment course or host a Unique Local Experience. You'll inspire and inform others with your enthusiasm and expertise. You'll also be promoting your business and making extra money, too.

### **PROFESSIONAL DEVELOPMENT**

Professional subject matter experts are needed in a variety of areas, especially those who are bilingual. Share your knowledge and improve your industry by working with us.

**For more details and to apply, visit**  
[waubonsee.edu/employment](http://waubonsee.edu/employment)

# PROVE VALUE WITH A CERTIFICATION



*"Certifications are written proof of your skills.  
They show employers that you have the expertise  
and are familiar with the tools of the job." – CareerBuilder.com*

Earning a valuable career certification is easy with Waubonsee's online programs, offered in partnership with ed2go. Start or change careers — with unbeatable convenience.

Featured programs include:

- Paralegal
- CompTIA A+ Certification
- Certified Information Systems Auditor (CISA)
- Certified Information Security Manager (CISA)
- CBCS Medical Billing and Coding
- Certified Electronic Health Records Specialist
- Clinical Dental Assistant
- CPC Medical Billing and Coding
- Pharmacy Technician
- Certified Six Sigma: Green Belt

Visit [careertraining.ed2go.com/waubonsee](https://careertraining.ed2go.com/waubonsee) to explore all online career programs!



# PROFESSIONAL DEVELOPMENT Work

***This is Your Future!***

*Develop Your Potential*

*Enhance Your Skills*

*Take Charge of Your Career*

## AMERICAN HEART ASSOCIATION 25

Community Members	25
Health Care Professionals	26
Instructors	26

## BUSINESS AND FINANCE 27

## COMPUTER SOFTWARE 28

Computer Support	28
Database	28
Information Security	28
Operating Systems	29
Spreadsheet	29

## HEALTH AND SAFETY 29

Food Service/Sanitation	30
Health Care Professions	30
Safety	32

## LEADERSHIP 34

Project Management	35
--------------------	----

## MANUFACTURING 36

## SPECIAL FEATURES

Workforce Innovation and Opportunity Act Funding	27
Small Business Development Center	38
Corporate Training	40

## GENERAL INFORMATION

Courses by Start Date	42
Sugar Grove Campus Map	44
How to Read the Class Schedule	45
Registration, Payment and Refund Policies	46
Registration Form	47



American  
Heart  
Association®

**AUTHORIZED**  
**TRAINING**  
C E N T E R

*Anyone can learn CPR—and everyone should!*

Cardiac emergencies happen everywhere: in the workplace, at home, out in the world. You know bystander CPR increases a victim's chance of survival. Equip yourself with skills to act quickly in emergencies and ultimately save lives with our community-focused training in general first aid, instructor certification and several CPR/AED courses.

- **Basic Life Support (BLS) Provider Training**  
for health care professionals includes initial certification and certification renewal
- **Heartsaver CPR/AED**  
courses for community members also meet DCFS requirements for child care providers

Waubonsee Community College is an American Heart Association (AHA) Training Center. Two-year AHA certifications can be provided in CPR/AED and First Aid. We provide a regular schedule of CPR classes on campus and also bring training to businesses and organizations. Our expert instructors ensure consistent, high-quality training and hands-on practice in key techniques.

- First aid procedures
- CPR techniques
- AED usage
- Bloodborne pathogens controls



*See the following pages to explore your options. If you need help choosing the right course, call (630) 870-3902.*



## AMERICAN HEART ASSOCIATION

### MENTAL HEALTH FIRST AID

This 8-hour course incorporates an evidence-based curriculum that is appropriate for educators, health care professionals, first responders, human resource professionals, social service staff, and caring citizens. Participants will learn how to identify risk factors for and warning signs of several mental health issues including: major depression, anxiety disorder, psychosis, substance abuse and suicidal behavior. The Mental Health First Aid course provides participants with strategies for managing crises and identifying appropriate mental health treatment resources. Upon successful completion of the course, participants will receive the nationally-recognized certification in Mental Health First Aid.

CLASS FEE: \$99

**ALT901.001 (21172)**  
8 a.m.- 4:30 p.m. F  
FOXVLY218 Jones  
Meets on: April 17

## COMMUNITY MEMBERS

### HEARTSAVER CPR/AED FOR ADULTS, CHILDREN, AND INFANTS

According to the Occupational Safety and Health Administration (OSHA), nearly 80 percent of sudden cardiac arrests occur outside the hospital. Bystander CPR increases a victim's chance of survival. Through our Heartsaver CPR AED Course, taught by seasoned instructors with real-life experience, you gain the confidence and skills to respond. Using the American Heart Association's research-proven Practice-While-Watching (PWW) technique allows instructors to provide feedback while participants gain hands-on experience performing CPR and working with an AED. Successful completion of hands-on skills testing is required for certification. Note: Meets DCFS requirements for child care providers. Does NOT meet the requirements for healthcare professionals or healthcare students. Fee includes: Student Manual and materials

CLASS FEE: \$79

**AHA902.800 (21145)**  
8 a.m.- Noon Sa  
FOXVLY217 Ries  
Meets on: Jan. 18

**AHA902.600 (21147)**  
5:30 p.m.- 9:30 p.m. W  
FOXVLY217 Staff  
Meets on: Feb. 19

**AHA902.601 (21146)**  
5:30 p.m.- 9:30 p.m. Th  
FOXVLY217 Baum  
Meets on: April 16

### HEARTSAVER FIRST AID

The CDC reports more than 30 million emergency room visits due to unintentional injury annually. A quick and effective response can drastically impact the outcome for the victim. Our Heartsaver First Aid Course teaches you the critical skills needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. In this course, you learn how to treat bleeding, sprains, broken bones, shock, allergic reaction and other first aid emergencies. Successful completion of hands-on skills testing is required for certification. Note: Meets DCFS requirements for child care providers. Fee includes: Student Manual and materials.

CLASS FEE: \$79

**AHA916.800 (21148)**  
12:30 p.m.- 4:30 p.m. Sa  
FOXVLY217 Ziemnik  
Meets on: Feb. 22

**AHA916.600 (21149)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 Ziemnik  
Meets on: April 21

## HEARTSAVER FIRST AID, CPR/AED FOR ADULTS, CHILDREN AND INFANTS

Learn basic CPR and relief of choking skills for adults and children and how to use an Automated External Defibrillator (AED). First Aid techniques are included. Successful participants will receive CPR-AED and First Aid certification that is valid for two years. Fee includes student manual and materials.

CLASS FEE: \$99

**AHA926.800 (21163)**  
8 a.m.- 4:30 p.m. Sa  
FOXVLY217 Ziemnik  
Meets on: Feb. 22

## HEALTH CARE PROFESSIONALS

### BLS PROVIDER CPR

High-quality CPR is the foundation of lifesaving resuscitation for cardiac arrest victims. Whether you're certifying for the first time or renewing, this nationally-recognized American Heart Association course provides you confidence-building skills from instructors who can provide real-life experience. You will learn both single-rescuer and team basic life support skills for application in both pre-hospital and in-facility environments, with a focus on high-quality CPR and team dynamics. Plus, you will participate in simulated clinical scenarios and learning stations. Successful completion of hands-on skills testing and a written examination are required for a two-year certification. This class is appropriate for health care professionals and students in health profession programs.

CLASS FEE: \$99

**AHA920.600 (21150)**  
5:30 p.m.- 9:30 p.m. Th  
FOXVLY217 Baum  
Meets on: Jan. 2

**AHA920.601 (21151)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 Salvador  
Meets on: Jan. 7

**AHA920.602 (21152)**  
5:30 p.m.- 9:30 p.m. M  
FOXVLY217 Ries  
Meets on: Jan. 13

**AHA920.603 (21153)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 Ziemnik  
Meets on: Feb. 11

**AHA920.800 (21158)**  
8 a.m.- Noon Sa  
FOXVLY217 Ries  
Meets on: Feb. 15

**AHA920.604 (21154)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 Ries  
Meets on: March 3

**AHA920.801 (21159)**  
8 a.m.- Noon Sa  
FOXVLY217 Ries  
Meets on: March 7

**AHA920.605 (21155)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 McCornack  
Meets on: March 31

**AHA920.606 (21156)**  
5:30 p.m.- 9:30 p.m. W  
FOXVLY217 Baum  
Meets on: April 15

**AHA920.802 (21160)**  
8 a.m.- Noon Sa  
FOXVLY217 Ziemnik  
Meets on: May 2

**AHA920.607 (21157)**  
5:30 p.m.- 9:30 p.m. W  
FOXVLY217 Salvador  
Meets on: May 6

### BLS PROVIDER CPR SKILLS SESSION

Take advantage of combining eLearning and Skills Testing to complete your BLS Provider CPR certification. First, you will complete the dynamic online course: Heartcode® BLS. Then, you will practice and test skills during the hands-on, classroom-based session. Successful completion of skills testing will certify the participant for two years. Valid certificate from Heartcode® BLS must be presented at the Skills Session. Fee includes online course key and materials.

CLASS FEE: \$79

**AHA932.920 (21166)**  
4 p.m.- 5 p.m. W  
FOXVLY217 Salvador  
Meets on: May 6

## INSTRUCTORS



### INSTRUCTOR CERTIFICATION FOR BLS CPR AND HEARTSAVER CPR AND FIRST AID

A career as a CPR Instructor allows you to provide countless individuals the knowledge to provide help during a cardiac or breathing emergency. This course provides two-year certification as a BLS CPR Instructor. BLS CPR Instructors are also qualified to teach Heartsaver CPR and First Aid classes. Note: Students must provide a copy of the current American Heart Association BLS certification card and complete the American Heart Association New Instructor Application form in order to be considered for class registration. Please contact Deb Jones at (630) 870-3902 or [djones1@aubonsee.edu](mailto:djones1@aubonsee.edu) for the required paperwork.

Prereq: BLS Provider CPR Certification. Fee includes: Online prework; Instructor manual. CLASS FEE: \$299

**AHA925.001 (21161)**  
8 a.m.- 4:30 p.m. T  
FOXVLY217 Salvador  
Meets on: March 17

**AHA925.800 (21162)**  
8 a.m.- 4:30 p.m. Sa  
FOXVLY217 McCornack  
Meets on: April 25

## AMERICAN HEART ASSOCIATION CPR INSTRUCTOR RENEWAL

The American Heart Association trains more than 12 million people in CPR annually, with the help of their Instructors. This course, designed for current AHA CPR Instructors, provides an update of AHA policies and guidelines, a review of CPR Instructor and CPR provider skills, and an update on WCC Training Center policies. The course is one requirement for renewing Instructor certification. Successful completion of hands-on skills testing, a written examination, and instructor monitoring are required for the two-year certification. In order to attend, participants must present their current BLS Provider or Heartsaver Instructor card in class and bring their copy of the Instructor Manual.

CLASS FEE: \$99

**AHA930.600 (21164)**  
5:30 p.m.- 9:30 p.m. T  
FOXVLY217 Salvador

Meets on: Feb. 25

**AHA930.601 (21165)**  
5:30 p.m.- 9:30 p.m. Th  
FOXVLY217 Baum

Meets on: March 19

## BUSINESS AND FINANCE

### SMALL BUSINESS: GET YOUR BOOKS INTO SHAPE

Attention business owners and accounting managers! Need to optimize the performance of your accounting department? Is your goal to save time on your monthly bookkeeping? Learn from an expert in this lecture-based experience and explore all the workflow options available in QuickBooks. Dive into the control mechanism for your company's financial data, the all-important Chart of Accounts. Learn how this overlooked tool is vital to your success. Explore the customization options to give you a user friendly experience while gaining tips and tricks to work more efficiently.

CLASS FEE: \$59

**BUS942.600 (21120)**  
6 p.m.- 8:30 p.m. Th  
DWNTN220 Heid

Meets on: April 16

### MAKE YOUR BUSINESS MORE PROFITABLE

Learn about two key areas of profitability (pricing and product mix). Walk away with insight for establishing a greater profit margin in your small business. Explore job costing and learn how to categorize the costs of products made and sold. Discover how to arrive at the best price possible for your product or service. Learn how you can utilize QuickBooks for tracking purposes and further analysis of goods and services sold.

CLASS FEE: \$59

**BUS943.600 (21121)**  
6 p.m.- 8:30 p.m. Th  
DWNTN220 Heid

Meets on: April 23



### BOOKKEEPING ESSENTIALS: MASTERING YOUR REPORTS

What secret weapon does every top-notch accounting professional treasure? Reports! Examine all of the options for creating and customizing reports in QuickBooks. Learn how to interpret the many options now at your disposal. Gain an understanding of all the numbers by reviewing three main monthly reports. Learn other options that can be used to guide your decision-making process. See why the budget process is a vital aspect of accounting in the small business world and improve your analytical skills.

CLASS FEE: \$59

**BUS944.600 (21122)**  
6 p.m.- 8:30 p.m. Th  
DWNTN220 Heid  
Meets on: April 30

### BOOKKEEPING FOR SMALL BUSINESS SUCCESS

Learn how to optimize the performance of your accounting and bookkeeping efforts, review two key areas of profitability, explore the many reporting options using QuickBooks and more in this lecture-based bookkeeping series led by a certified QuickBooks ProAdvisor. Fee includes: Three workshops: Get Your Books into Shape, Make Your Business More Profitable, and Bookkeeping Essentials: The King of Reports.

CLASS FEE: \$159

**BUS941.600 (21119)**  
6 p.m.- 8:30 p.m. Th  
DWNTN220 Heid  
Meets between: April 16-April 30

*For more information on how to read this schedule, see page 45.*

# COMPUTER SOFTWARE

## COMPUTER SUPPORT

### **W** **COMPTIA A+ CERTIFICATION TRAINING**

Earn certification after you pass two exams. The CompTIA A+ Certification exam 220-901 covers the foundational hardware knowledge a PC support technician should know. The CompTIA A+ Certification exam 220-901 covers the operating system, virtualization, mobile device management and hardware troubleshooting skills.

CLASS FEE

(with exam voucher): \$1,995

CLASS FEE

(no exam voucher): \$1,695

Enroll anytime for this online course.

Learn more at:

[waubonsee.edu/ProComp](http://waubonsee.edu/ProComp)

## DATABASE

### **ACCESS LEVEL 1**

Learn to build, edit, and maintain a database in Microsoft Access 2016. This course includes the instruction to work with tables, reports, forms, macros and queries. You will how to quickly access all your important information. Fee includes: materials.

CLASS FEE: \$189

**DBS900.001 (21123)**  
8 a.m.- 4:30 p.m. F  
HCC101 Azhar  
Meets on: Jan. 24

### **ACCESS LEVEL 2**

Take your Access skills to the next level with this course. You will learn how to manage tables and column size, define data entry properties with validation and default values, and control data integrity with AutoCorrect. Table relationships will be demonstrated; building/modifying forms; creating forms in design view and calculated controls; modifying forms layout working with select queries; viewing query properties; and using basic macros. Prereq: Completion of Access Level 1 or equivalent experience. Fee includes: materials.

CLASS FEE: \$189

**DBS901.001 (21124)**  
8 a.m.- 4:30 p.m. F  
HCC101 Azhar  
Meets on: Jan. 31

## INFORMATION SECURITY

### **ADVANCED PC SECURITY**

Use ethical hacking techniques to locate and close security holes in your own network. You will discover the complex method of electronic breaking and entering. CLASS FEE: \$149

Enroll anytime for this online course.  
Learn more at:

[waubonsee.edu/ProComp](http://waubonsee.edu/ProComp)

### **CERTIFIED INFORMATION SYSTEMS SECURITY PROFESSIONAL (CISSP)**

Information security has become a critical part of virtually every organization — no matter the industry. The Certified Information Systems Security Professional (CISSP) training is an engaging, fully online program that provides in-depth instruction in key area related to information/cyber security. CLASS FEE: \$1,995

Enroll anytime for this online course.  
Learn more at:

[waubonsee.edu/ProComp](http://waubonsee.edu/ProComp)



### **UNEMPLOYED AND IN NEED OF FINANCIAL ASSISTANCE TO BEGIN A NEW CAREER?**

*WIOA-approved training programs offer a solution.*

The Workforce Innovation and Opportunity Act (WIOA) provides financial assistance for the unemployed to receive training in high-demand occupations. Illinois workNet Centers can provide information on these programs and help you reach your training and employment goals.

**STEP 1: Visit [www.illinoisworknet.com](http://www.illinoisworknet.com) for more information or stop by one of the Illinois workNet Centers.**

**STEP 2:** If you have been approved for WIOA funds, please contact Workforce Education and Training at (630) 466-2356 to confirm program specifics. Look for the WIOA symbol, marking approved programs throughout this schedule.

**W** = WIOA-approved program

## OPERATING SYSTEMS

### INTRODUCTION TO MICROSOFT OUTLOOK 2019

Get up to speed with the latest development in Outlook, including how to manage your e-mail, calendar, and contacts and how to get the most out of program tools such as Search Folders and Quick Steps.

CLASS FEE: \$525

**OPS900.820 (21125)**

8 a.m.- 11 a.m. Sa  
HCC101 Azhar

Meets between: Feb. 22-March 28



## SPREADSHEET

### INTRODUCTION TO MICROSOFT EXCEL 2019

Participants in this class learn the basics of electronic spreadsheet creation. Topics include: screen and toolbar identification; working with new and existing workbooks; text and value entry; using simple formulas; navigating throughout a worksheet; inserting and deleting columns, rows, cells and named ranges; relative and mixed cell references and font adjustments to increase the readability of your spreadsheet.

Prereq: A basic knowledge of Windows.

CLASS FEE: \$189

**SPR900.820 (21126)**

9:00am- Noon Sa  
HCC101 Bonn

Meets between: Jan. 18-Feb. 1

**SPR900.001 (21130)**

9:00am- Noon F  
HCC101 Azhar

Meets between: March 6-March 20

### INTERMEDIATE MICROSOFT EXCEL 2019

This seminar enhances the skills learned in Excel Level 1. Participants will be introduced to: workbook data management, table usage techniques including references for using formulas and data analysis. Students will also learn how to automate tasks, enhance charts, share files and incorporate Web information. Prereq: Completion of Introduction to Microsoft Excel 2016 or equivalent experience. Fee includes: materials.

CLASS FEE: \$189

**SPR901.820 (21127)**

9:00am- Noon Sa  
HCC106 Bonn

Meets between: Feb. 8-Feb. 22

**SPR901.001 (21131)**

9:00am- Noon F  
HCC101 Azhar

Meets between: March 27-April 10

### ADVANCED MICROSOFT EXCEL 2019

Increase spreadsheet skills by learning advanced features of the software. Topics covered include working with lists; using basic analysis tools including scenarios and maps; working with pivot tables and database queries; and importing and exporting files. Prereq: Completion of Intermediate Microsoft Excel or equivalent experience.

CLASS FEE: \$189

**SPR902.820 (21129)**

9:00am- Noon Sa  
HCC106 Bonn

Meets between: Feb. 29-March 14

**SPR902.001 (21132)**

9:00am- Noon F  
HCC101 Azhar

Meets between: April 17-May 8



## START YOUR CAREER IN IT WITH THE GOOGLE IT SUPPORT PROFESSIONAL CERTIFICATE

*In less than one year, you could train to fill one of 150,000 IT support jobs across the country, making an average of \$52,000 — while paying just \$189.*

Learn online through Waubonsee and Google in this unique program that includes five courses:

- Technical Support Fundamentals
- The Bits and Bytes of Computer Networking
- Operating Systems and You: Becoming a Power User
- System Administration and IT Infrastructure Services
- IT Security: Defense Against the Digital Dark Arts

To find out more, visit [waubonsee.edu/ProComp](http://waubonsee.edu/ProComp)

## HEALTH AND SAFETY

### FOOD SERVICE/ SANITATION

#### FOOD SERVICE SANITATION MANAGER CERTIFICATION EXAM PREP (1-DAY)

This eight-hour course offers content targeted to supervisory personnel in food service, provides key concepts in: controlling foodborne illness regulations, safe food storage and handling, pest control, sanitizing procedures, equipment design, and facility construction. The course finishes with the administration of the ServSafe exam. Note: A FSSMC is earned by completing an approved eight hour course with an Illinois approved instructor and passing a national exam accredited by the Conference for Food Protection (CFP) with a 75% or higher, then paying a fee to The Illinois Department of Public Health (IDPH) for the certificate, which is valid for five years from the exam date. For more information visit: <http://www.dph.illinois.gov/topics-services/food-safety/fssmc> The National Restaurant Association provides an ANSI-CFP Accredited Exam (ServSafe) that is recognized by the IDPH. For more information visit: <http://www.servsafe.com/regulatory-information/illinois-manager-regulatory-changes> Fee includes: Exam.

CLASS FEE: \$179

**FSS907.001 (21167)**  
8 a.m.- 5 p.m. W  
FOXVLY222 Brewster  
Meets on: Feb. 26

**FSS907.002 (21168)**  
8 a.m.- 5 p.m. W  
FOXVLY222 Brewster  
Meets on: April 29

### HEALTH CARE PROFESSIONS

#### CERTIFICATE IN GERONTOLOGY

Appropriate for anyone currently working or planning to work with older adults, this certificate consists of 11 total courses:

- Introduction To Gerontology
- Physiology of Aging
- Mental Health and Aging
- Healthy Aging
- Pain Assessment and Management in the Older Adult
- Death and Dying
- Sleep and Aging
- The Older Woman
- Elder Abuse
- Aging and Disorders of Communication
- Alzheimer's Disease: Mysteries and Possibilities

Note: This certificate does constitute 25 continuing education contact hours for nurses and diabetes educators.

CLASS FEE: \$259

Enroll anytime for this online course.  
Learn more at

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)

#### CERTIFICATE IN PAIN MANAGEMENT AND ASSESSMENT

Pain assessment and management is a crucial part of compassionate and effective patient care. Many providers, patients, patients' families, and regulatory agencies are requiring health care providers to be more accurate with their pain assessment skills and more effective in their pain management strategies. Note: This certificate does constitute 12 hours of continuing education contact hours for nurses and diabetes educators.

Class Fee: \$109

Enroll anytime for this online course.  
Learn more at

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)



#### CERTIFICATE IN STRESS MANAGEMENT

In this certificate program, you'll explore the physiological, social, and psychological impacts of stress and study modalities to get it under control. You'll examine the relationship between stress and health, nutrition, and physical activity, and discover how stress can develop in the workplace. You'll trace both the psychological and physiological effects of stress, and understand how stress affects health and wellbeing. Finally, you'll learn about the different therapies that can help reduce stress. At the end of this program, you'll appreciate the importance of recognizing the impact of stress, and you'll have gained knowledge of strategies and therapies to reduce and manage stress.

Note: This certificate does constitute 14 continuing education contact hours for nurses, diabetes educators and massage therapists.

CLASS FEE: \$119

Enroll anytime for this online course.  
Learn more at

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)

## CERTIFICATE IN VIOLENCE PREVENTION AND AWARENESS

In this certificate program, you'll examine the various instances of violence that you may encounter in your work as a medical professional.

The program begins by examining workplace violence, which is a major source of inequality, discrimination, stigmatization, and workplace conflict. Then it goes on to explore other types of violence including domestic violence, elder abuse, child abuse, and the various forms of sexual assault. In addition, the program takes a close look at one form of violence that is an important public health concern — pediatric abusive head trauma — also known as “shaken baby syndrome.”

Designed for medical professionals, this certificate program offers important insights into the signs of violence that may be presented by patients in a healthcare setting. By the end of this program, you'll have the information you need to respond to and help prevent these forms of violence.

Note: This certificate does constitute 13 continuing education contact hours for nurses, diabetes educators and massage therapists.

CLASS FEE: \$109

Enroll anytime for this online course. Learn more at

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)

## CBCS MEDICAL BILLING AND CODING

CBCS Medical Billing and Coding is an ideal program for students new to a medical career. If you're seeking entry into the healthcare industry, this comprehensive program will provide you with all of the information you need to earn a certification in medical billing and coding. You will build a foundation of medical vocabulary to help you better understand the contents of a patient's medical record, as well as notes from practicing physicians. In addition, you'll learn current medical coding standards, so you can be successful within the industry.

Upon completion of this program, you will be prepared to sit for the Certified Billing and Coding Specialist (CBCS) exam, offered by the National Healthcareer Association (NHA). The registration fee for this exam is included with this program.

CLASS FEE (with exam voucher): \$2,590

Enroll anytime for this online course. Learn more at:

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)

## PHARMACY TECHNICIAN

Learn the skills you need to become a pharmacy tech in a hospital or retail setting with the Pharmacy Technician Online Certification Training Program. You'll gain the skills and knowledge to qualify for entry-level positions in pharmacies, and you'll be prepared for national certification. Class Fee: \$2,495

Enroll anytime for this online course.

Learn more at:

[waubonsee.edu/ProHealth](http://waubonsee.edu/ProHealth)



## DO YOU KNOW HOW TO HELP SOMEONE WITH A MAJOR BLEEDING INJURY?

Without quick treatment, the wounded individual may bleed to death within a few minutes. The Stop the Bleed class teaches participants how to successfully manage life-threatening bleeding until emergency medical services (EMS) arrive. The class will incorporate hands-on practice of direct pressure application, wound packing, and the use of a tourniquet. See page 33.

*For more information on how to read this schedule, see page 45.*

SAFETY

LOCKOUT/TAGOUT

OSHA's Lockout/Tagout requirements are intended to ensure maintenance persons and others are protected from the unexpected energization of machines and equipment when they are being serviced or maintained. It is one of the most rigorous of all OSHA's requirements. Many companies still need to come into compliance with this important standard. This course will cover control procedures, periodic inspection, contractor safety, employee training, setting up a program and more.

CLASS FEE: \$99

**SAF901.600 (21169)**  
2:30pm- 4:30 p.m. Th  
FOXVLY217 Salvador  
Meets on: April 9

MACHINE GUARDING

One of the most fundamental of all OSHA safety requirements is the protection of employees who operate machinery. Yet tragic accidents continue to occur at an alarming rate. This course will cover requirements for machine guarding including point of operation guarding, types of machine guards, hazardous machine motions, how and why accidents still occur, and how to prevent them. Machine hazards, including pinch points, nip points and hazards caused by the point of operation will also be addressed.

CLASS FEE: \$99

**SAF902.001 (21175)**  
8 a.m.- Noon F  
FOXVLY218 Serpe  
Meets on: April 3

OSHA CONFINED SPACE STANDARD

If your confined space entry program needs updating, you should attend this OSHA permit-required confined space training session. We will take an in-depth look at your company's requirements as mandated by OSHA's permit-required confined space standard 1910.146. Learn how to recognize and characterize a confined space, common hazards, duties of entrants, attendants, supervisors and communication and rescue requirements. Remember that atmospheric hazards are some of the most deadly hazards in the workplace. Attend this seminar and help your work crews be better prepared to control those hazards. Fee includes: materials.

CLASS FEE: \$99

**SAF907.001 (21170)**  
Noon- 2 p.m. Th  
FOXVLY217 Salvador  
Meets on: April 9



ONLINE  
SHORT COURSE BUNDLES

[www.ed2go.com/waubonsee](http://www.ed2go.com/waubonsee)

*You can take all of our courses from the comfort of your home or office at the times that are most convenient to you. A new session of each course starts monthly. Most courses run for six weeks and are composed of 12 lessons, representing 24 hours of instruction. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion.*

AGING AND HEALTH BUNDLE

- Certificate in Healthy Aging
- Certificate in Gerontology
- Certificate in Brain Health

ADMINISTRATIVE ASSISTANT SUITE

- Administrative Assistant Fundamentals
- Administrative Assistant Applications
- Effective Business Writing

SQL SERIES: DATABASE DEVELOPMENT

- Introduction to SQL
- Intermediate SQL

IT NETWORK SECURITY

- Introduction to PC Security
- Hack Your Way to Security
- CompTIA Security+ Certification Prep
- CompTIA Security+ Certification Prep 2



## STOP THE BLEED

Do you know how to help someone with a major bleeding injury? Without quick treatment, the wounded individual may bleed to death within a few minutes.

The Stop the Bleed class teaches participants how to successfully manage life-threatening bleeding due to injuries, man-made or natural disasters, until emergency medical services (EMS) arrive. The class will incorporate hands-on practice of direct pressure application, wound packing and the use of a tourniquet.

CLASS FEE: \$49

**SAF915.600 (21191)**

6:30 p.m.- 8:30 p.m. Th  
FOXVLY217 McCornack

Meets on: March 12

## OSHA RECORDKEEPING REQUIREMENTS

This recordkeeping seminar designed for Human Resource managers covers OSHA's recordkeeping certification requirements, including changes in the requirements. Learn how to make OSHA log entries, fill out the annual summary, complete OSHA accident reports and calculate your Lost Workday Illness and Injury Rate (LWII).

CLASS FEE: \$99

**SAF921.001 (21173)**

10 a.m.- 11 a.m. Th  
FOXVLY217 Salvador

Meets on: April 9

## ARC FLASH AND NFPA 70E

Learn about the new focus of the NFPA 70E covering Arc Flash Safety. We will cover highlights of the NFPA 70E Standard 'Electrical Safety in the Workplace'. The course will include understanding arc flash/arc blast; requirements for qualified persons; arc flash PPE; Arc Flash and Shock Approach Boundary distances; case studies; how NFPA 70E relates to OSHA requirements and more.

CLASS FEE: \$99

**SAF969.001 (21174)**

8 a.m.- 4:30 p.m. F  
FOXVLY218 Serpe

Meets on: May 8

## OSHA 10-HOUR FOR GENERAL INDUSTRY

Attend this two-day course to learn about OSHA safety requirements in the workplace. Each student will earn their OSHA safety card, issued by the United States Department of Labor. The course covers: machine guarding, lockout tagout, hazard communication, confined space safety, forklift safety and much more.

CLASS FEE: \$199

**SAF977.001 (21171)**

8 a.m.- 1:00pm WTh  
FOXVLY217 Salvador

Meets between: April 1-April 2



## BUILD YOUR LEADERSHIP ABILITY WITH ONE OF OUR LEADERSHIP COURSES!

- Network with other professionals while developing your skills
- Gain in-demand skills for the workforce
- Maximize your time with the hybrid format. Learn online during the week, then attend a culminating in-person session on Friday.

*See next page.*



**OSHA Safety Day will be back this spring – March 17, 2020!**

Watch [waubonseetickets.com](http://waubonseetickets.com) for details.



LEADERSHIP

BUILDING TEAMS THAT WORK

Teamwork is critical to an organization’s productivity, success rate, and profitability. This course offers the framework to assess team behaviors and common barriers. Students will also gain solutions to create the structure needed for successful teams. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.  
CLASS FEE: \$179

**LDR906.001 (21140)**  
TBA TBA  
Staff  
Meets on: March 1

COMMUNICATION FOR THE DIVERSE WORKPLACE

The diversity in the workplace is ever increasing and there is a greater demand to manage generational, gender, and cultural differences. Students in this course will learn proven techniques for communicating with diverse audiences and making positive connections with others. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.  
CLASS FEE: \$179

**LDR908.001 (21135)**  
9:00am- Noon F APC195  
Azhar  
Meets on: Feb. 7

MANAGING PROJECTS

This overview course introduces students to the essential concepts of project management. The strategies to develop a successful project on time and within budget will be presented. Topics will include planning, scheduling, monitoring, and communicating activities. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.  
CLASS FEE: \$179

**LDR911.001 (21136)**  
1:00pm- 5 p.m.F APC170  
Smith  
Meets on: Feb. 7

DEVELOPING YOUR PROFESSIONAL IDENTITY

Self-awareness as a leader is critical to success. This course will include reflection and self-assessment to identify personal strengths and the preferred style of leadership. Participants will learn how to adapt their leadership style to suit the needs of their organization.  
CLASS FEE: \$179

**LDR914.001 (21133)**  
9:00am- Noon F APC170  
Staff  
Meets on: Jan. 24

CREATING A PROFESSIONAL NETWORK

Who will support you in the advancement of your career? Learn how to build a professional network for sustainable success. This course will focus on identifying the fundamental members of a professional network using a proven mentorship model.  
CLASS FEE: \$179

**LDR915.001 (21134)**  
9:00am- Noon F APC195  
Staff  
Meets on: Jan. 24

SYSTEMS THINKING

Systems or “big picture” thinking is a proactive problem-solving approach that examines the relationships between organizational functions to determine solutions. Systems thinking eliminates silo thinking and enhances the prediction of consequences. Participants will be introduced to methods to find solutions for complex challenges, to improve innovation, and to increase productivity.  
CLASS FEE: \$179

**LDR916.001 (21137)**  
9:00am- Noon F APC170  
Smith  
Meets on: Feb. 21

STRATEGIC PLANNING

Strategic plans help to focus energy and resources on activities that align with the organization’s mission and values. Using a strategic plan increases efficiency and reduces costs. Participants will learn how to write a strategic plan with this course.  
CLASS FEE: \$179

**LDR917.001 (21138)**  
1:00pm- 5 p.m.F APC170  
Smith  
Meets on: Feb. 21

## FUNDAMENTALS OF MANAGING PEOPLE

Being empathetic, enthusiastic, motivating and a team player are just some of the characteristics of good managers. Often transitioning to a management role tests these characteristics. This course will provide participants with the tools to hone the skills to build trust and respect. Participants will gain confidence in their ability to lead and to inspire a collaborative work environment. CLASS FEE: \$179

**LDR918.001 (21139)**  
9:00am- Noon F APC170  
Staff

Meets on: March 6

## CHANGE MANAGEMENT

Change is a constant in organizations. The ability to successfully lead others through change requires thoughtful planning and innovative options. This course will provide participants with a clearer understanding of the impact of change and the techniques to effectively lead change efforts in your organization. Participants will learn methodologies to anticipate resistance, recognize and manage employee buy-in while implementing initiatives for change.

CLASS FEE: \$179

**LDR919.001 (21141)**  
9:00am- Noon F APC170  
Staff

Meets on: March 13

## PROJECT MANAGEMENT

### ESSENTIALS OF PROJECT MANAGEMENT

Does your organization struggle with delivering projects on-time and on-budget? Would you like to help your teams work together to deliver projects more reliably? Have you considered pursuing certification as a Project Management Professional (PMP)? Join us for our Essentials of Project Management Workshop. This two-day, hands-on session led by a certified PMP, will give you practical insights on how to deliver your projects more reliably. CPE Credit: This course provides 14 PDUs toward your project management certification. Fee includes: all course materials. CLASS FEE: \$550

**ORE936.001 (21142)**  
8 a.m.- 4 p.m. Th  
AKL205 Staff  
Meets between: Jan. 16-Jan. 23

### ADVANCED PROJECT MANAGEMENT

Seasoned project managers are asked to successfully deliver despite increasing complexity. Our Advanced Project Management workshop is designed to go beyond the essentials of basic project planning and to help you meet the increasing demands of the profession. Based on the Project Management Institute's (PMI®) PMBOK® Guide, you will get in-depth instruction on advanced topics such as earned value, procurement management, stakeholder relationship management, quality management, and team leadership. Our instructor, a certified Project Management Professional (PMP®), will share practical insights on advanced topics that will help experienced project managers improve project outcomes. CPE Credit: This course provides 14 PDUs toward your project management certification. Fee includes: all course materials. CLASS FEE: \$550

**ORE937.001 (21143)**  
8 a.m.- 4 p.m. Th AKL205  
Staff

Meets between: Feb. 6-Feb. 13



### PMP EXAM PREP COURSE

Join us for this intensive, one-day session designed to get you on the path to achieving your goal of becoming PMP certified. What should you focus on? What are some of the tips to keep in mind to help answer the tough questions? You will leave the session with everything you need to prepare for passing the exam. Comprehensive study material is provided including a hard copy of the Project Management Body of Knowledge (PMBOK® Guide), and a CD that provides a simulated exam experience. The session is facilitated by a certified PMP with experience helping people prepare and pass the certification exam worldwide. CPE Credit: This course provides 7 PDUs toward your project management certification. Fee includes: Course materials, PMBOK® Guide, and exam practice CD. CLASS FEE: \$550

**ORE938.001 (21144)**  
8 a.m.- 4 p.m. Th AKL205  
Staff

Meets on: Feb. 20

*For more information on how to read this schedule, see page 45.*

# MANUFACTURING

## MANUFACTURING

### CERTIFIED SIX SIGMA: GREEN BELT

Do you want to improve your business credentials or enter a new career as a quality specialist? This course teaches the framework of the ASQ Six Sigma Green Belt body of knowledge and how to apply key process improvement methods and concepts in various settings, including manufacturing, service, and not-for-profit organizations. This course will allow you to test and apply the framework through quizzes, engaging exercises, fun games and case studies.

CLASS FEE: \$1,895

Enroll anytime for this online course.

Learn more at:

[waubonsee.edu/  
ProManufacturing](http://waubonsee.edu/ProManufacturing)

### MANUFACTURING FUNDAMENTAL

Learn the basic skills required to work in the manufacturing field. Discover the role of production design, process planning and the heart of 13 different manufacturing processes. See how successful organizations use costs to communicate manufacturing progress and how to effectively develop short- and long-term budgets. Witness how the application of technology turns an ordinary company into a high-performing organization, while also finding out how ISO 9000 and enterprise resource planning (ERP) make the most of a manufacturer's potential.

CLASS FEE: \$115

**Enroll anytime** for this online course.

Learn more at:

[waubonsee.edu/  
ProManufacturing](http://waubonsee.edu/ProManufacturing)

### MANUFACTURING APPLICATIONS

Learn how to apply the principles and concepts of manufacturing. Discover the nature of strategy and learn how it leads to the development of manufacturing strategy. Understand the purpose of customer demand forecasting and find out what forecasting methods are suitable for which situations. Explore the nature of planning and learn how to effectively use Gantt charts and the precedence diagram method.

CLASS FEE: \$115

Enroll anytime for this online course.

Learn more at:

[waubonsee.edu/  
ProManufacturing](http://waubonsee.edu/ProManufacturing)

*For more information on  
how to read this schedule,  
see page 45.*



## **STAY CONNECTED TO THE LATEST NEWS AND UPDATES — SUBSCRIBE TO OUR E-NEWSLETTERS!**

*Opt-in to one or more of our free e-newsletters to get course and event updates, tips for living and working better, and more!*

### **COMMUNITY EDUCATION SIGN-UP**

[www.waubonsee.edu/subscribeCE](http://www.waubonsee.edu/subscribeCE)

### **PROFESSIONAL DEVELOPMENT SIGN-UP**

[waubonsee.edu/subscribeWork](http://waubonsee.edu/subscribeWork)



## *Illinois Small Business Development Center at Waubonsee Community College*

*Through the Small Business Development Center (SBDC), small business owners, both prospective and existing, can obtain essential management, marketing and financial advising. We offer one-on-one coaching at no cost and a wide variety of low-cost events and workshops to help make your business a success.*

## **THE SBDC PROVIDES:**

### ***One-On-One Business Coaching and Advising***

Our experienced small business advisors can help meet your individual business needs.

### ***Workshops***

Gain insight into managing a small business—from government regulations to financing resources.

### ***Business Plan Preparation Assistance***

Learn how to create a realistic plan to guide your business.

### ***Financial Analysis***

See how you can improve your cash flow and better manage your assets.

### ***Strategic Planning for Growth***

Plot your course for the future to promote growth and expansion.

### ***Specialty Expertise***

The SBDC has experts to help you with QuickBooks, marketing, financing, strategic planning questions and more!

DATE	CLASS	INSTRUCTOR	CAMPUS	ROOM	TIME
1/9	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6-8 p.m.
1/28	Starting Your Business In Illinois	Huxtable	DWTN	257	6-9 p.m.
2/6	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6-8 p.m.
2/26	Starting Your Business In Illinois	Huxtable	DWTN	257	6-9 p.m.
3/5	Marketing 101	Rodriguez	DWTN	257	6-9 p.m.
3/14	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6-9 p.m.
3/26	Starting Your Business In Illinois	Huxtable	DWTN	257	6-9 p.m.
4/7	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6-8 p.m.
4/15	Writing Your Business Plan	Parker	DWTN	257	9 a.m. - Noon
4/22	Patent, Trademark and Copyright Law	Drake	DWTN	257	6-9 p.m.
4/28	Starting Your Business In Illinois	Huxtable	DWTN	257	6-9 p.m.
5/5	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6-8 p.m.
5/7	Hr Basics For Small Business	Petty	DWTN	257	9 a.m. - Noon
5/27	Starting Your Business In Illinois	Huxtable	DWTN	257	6-9 p.m.

# WE CAN HELP YOU:

- Perform a financial checkup
- Troubleshoot management issues
- Develop marketing strategies
- Create a business plan
- Identify funding opportunities
- Plan growth strategies

Services available in English and Spanish.

1

## STEP 1 -

Sign up for specialized workshops at [waubonseetickets.com](http://waubonseetickets.com) and learn what the SBDC can do for you!

2

## STEP 2 -

Contact us for a free consultation and get more advanced tips, tricks and tools to make your business dreams a reality.

**[waubonsee.edu/sbdc](http://waubonsee.edu/sbdc)**  
**(630) 906-4143**  
**[sbdc@waubonsee.edu](mailto:sbdc@waubonsee.edu)**

*The SBDC at Waubonsee Community College is funded in part through a cooperative agreement with the U.S. Small Business Administration and the Department of Commerce and Economic Opportunity.*

# NEED TRAINING FOR YOUR EMPLOYEES? YOU DON'T HAVE TO LOOK FAR FOR HELP.



## Turn to the **PROs** in Corporate Training at Waubonsee Community College!

- **PROVEN** – Trust in our 25-year history of providing customized training to local businesses at your location or ours. In the past four years, we've partnered with more than 100 companies to provide quality training.
- **RELEVANT** – Learn from our experts who will customize training to fit your specific needs. Training is exclusive to your company, covering relevant topics and skills, maximizing your time and money.
- **OPTIMIZED** – Leverage our resources to update employees' fundamental skills, and attain necessary certifications for employment. Investment in training pays off through increased productivity for your company, along with lower turnover rates.

**Start your training plan today!**  
call (630) 906-4152  
email [train@waubonsee.edu](mailto:train@waubonsee.edu)  
or visit [www.waubonsee.edu/corptrain](http://www.waubonsee.edu/corptrain)



**WAUBONSEE**  
COMMUNITY COLLEGE

# PREPARE FOR YOUR HIGH SCHOOL EQUIVALENCY OR LEARN ENGLISH



*Earning your high school equivalency diploma (often a GED®) gives you more opportunities — on the job, in higher education, and in life. Waubonsee makes it easy to prepare with **FREE** classes.*

## ***Learn English for FREE***

Improve your reading, writing, speaking and listening skills.

- Be more confident at your job and with other people.
- Our instructors care about you and will help you through every step.

### **GET MORE INFORMATION!**

Adult Education  
(630) 801-7900, ext. 4600  
Aurora Downtown Campus  
18 S. River Street, Room 457  
[waubonsee.edu/adulted](http://waubonsee.edu/adulted)



**WAUBONSEE**  
COMMUNITY COLLEGE

# COURSE CALENDAR

## COURSES STARTING IN JANUARY

DATE	COURSE	PAGE #
1/2	BLS Provider CPR	26
1/7	BLS Provider CPR	26
1/11	RaiseYour Score - SAT	11
1/11	RaiseYour Score - SAT Math	11
1/13	BLS Provider CPR	26
1/13	Small Group Training	7
1/13	Fall Proof!	6
1/13	Women on Weights	8
1/13	Yoga - Bones/Balance	8
1/14	Pilates	7
1/14	After Work Yoga	8
1/14	Tai Chi	7
1/14	Beginning Photography I	4
1/15	Hatha Yoga for Beginners	6
1/16	Lets Dance! Bllrm,Swng,Latin	2
1/16	TRX®	8
1/16	Personal Trainer Certification	7
1/16	Essentials-Project Management	35
1/17	Lets Dance! Bllrm,Swng,Latin	2
1/17	Tai Chi	7
1/18	Hrtsvr CPR/AED Adlt,Chld,Infnt	25

DATE	COURSE	PAGE #
1/18	Personal Trainer Certification	7
1/18	Intro to Microsoft Excel	29
1/21	Fall Proof!	6
1/20	Basketball - Bulls vs Bucks	14
1/21	Zumba	9
1/21	Cardio Kickboxing	8
1/21	Electronic Music Ensemble	3
1/21	Class Guitar I	3
1/21	Vocal Ensemble: Waubonsee Chorale	4
1/22	Yoga	9
1/22	Class Instruction in Piano I	3
1/22	All College Steel Band	3
1/22	Jazz Ensemble	4
1/23	Career as Prof Dog Trainer I	9
1/24	Access Level 1	28
1/24	Develop Your Professional Identity	34
1/24	Creating- Professional Network	34
1/24	Concert Band	4
1/31	Access Level 2	28

## COURSES STARTING IN FEBRUARY

DATE	COURSE	PAGE #
2/5	Learn a Little Spanish	11
2/6	Managing Projects	34
2/6	Advanced Project Management	35
2/7	Communication- Diverse Workplace	34
2/8	Intermediate Microsoft Excel	29
2/8	Practice Makes Perfect: SAT	10
2/8	Public AccessTV Prod Training	11
2/11	BLS Provider CPR	26
2/15	BLS Provider CPR	26
2/19	Hrtsvr CPR/AED Adlt,Chld,Infnt	25
2/19	Intro-Voiceovers-Getting Strtd	10
2/20	SystemsThinking	34

DATE	COURSE	PAGE #
2/20	Strategic Planning	34
2/20	PMP Exam Prep Course	35
2/22	Intro - Microsoft Outlook 2019	29
2/22	Heartsaver First Aid	25
2/22	Hrtsvr 1st Aid-Adlt/Chld/Inf	26
2/22	RaiseYour Score - ACT Math	10
2/22	RaiseYour Score - ACT English	10
2/25	AHA CPR Instructor Renewal	27
2/25	Beginning Photography II	4
2/26	Food Serv/San Mgr Cert Exam Pr	30
2/26	John Denver- Theatre at the Center	14
2/29	Advanced Microsoft Excel 2016	29

Waubonsee Community College does not discriminate on the basis of race, color, sex, religion, gender, sexual orientation, age, national origin, veteran's status, marital status, disability or any other characteristic protected by law in educational programs, activities, services or employment practices. CTE courses and program offerings and admission criteria can be found on the college's website at [www.waubonsee.edu](http://www.waubonsee.edu). The college will take steps to ensure the lack of English-language skills will not be a barrier to admission and participation in career and technical education (CTE) programs.

Inquiries regarding this nondiscrimination policy may be directed to: Michele Needham, Executive Director of Human Resources and Affirmative Action Officer, Title IX Coordinator and Section 504/ADA Coordinator; Waubonsee Community College, Route 47 at Waubonsee Drive, Sugar Grove, IL 60554-9454; [compliance@waubonsee.edu](mailto:compliance@waubonsee.edu)

Inquiries may also be made directly to the, U.S. Department of Education, Office of Civil Rights: Citigroup Center 500 W. Madison Street, Suite 1475, Chicago, IL 60661-4544, or (312) 730-1560, [OCR.Chicago@ed.gov](mailto:OCR.Chicago@ed.gov)

# COURSES STARTING IN MARCH

DATE	COURSE	PAGE #
3/3	BLS Provider CPR	26
3/5	Portrait Photography Workshop	4
3/6	Building Teams that Work	34
3/6	Fundamentals - Managing People	35
3/6	Intro to Microsoft Excel	29
3/7	BLS Provider CPR	26
3/7	Publ Access/Int Editing/DVD	11
3/9	Find Your Exercise Fit	8
3/10	Find Your Exercise Fit	8
3/12	Find Your Exercise Fit	8
3/12	Stop the Bleed	33
3/13	Ceramic Arts: Handbld/WheelTh	2
3/13	Change Management	35
3/14	Ceramic Arts: Handbld/WheelTh	2
3/16	Small Group Training	7
3/16	Fall Proof!	6
3/16	Women on Weights	8
3/16	Yoga - Bones/Balance	8
3/17	AHA Instr Ct-BLS CPR/Hrtsv/1st	26

DATE	COURSE	PAGE #
3/17	Pilates	7
3/17	After Work Yoga	8
3/17	Tai Chi	7
3/18	Beginning Acrylic Painting	2
3/18	Hatha Yoga Continued	6
3/19	AHA CPR Instructor Renewal	27
3/19	TRX®	9
3/20	Tai Chi	7
3/21	Practice Makes Perfect:ACT Test	10
3/23	Fall Proof!	6
3/23	Learn More Spanish	12
3/24	Beginning Drawing	2
3/24	Horsemanship I	9
3/25	Skylight Music Theatre - Evita	14
3/26	Horsemanship II	9
3/27	Intermediate Microsoft Excel	29
3/31	BLS Provider CPR	26
3/31	Make Your First Video Game	12
3/31	3D Print Your Imagination	12

# COURSES STARTING IN APRIL

DATE	COURSE	PAGE #
4/1	OSHA 10-Hour for General	34
4/3	Machine Guarding	32
4/4	Drone Adventures	12
4/7	Outdoor Walking Club	6
4/7	Beginning Photography I	4
4/9	Product Photography Workshop	4
4/9	Lockout/Tagout	32
4/9	OSHA Confined Space Standard	32
4/9	OSHA Recordkeeping Requirement	33
4/15	BLS Provider CPR	26
4/16	Hrtsvr CPR/AED Adlt,Chld,Infnt	25
4/16	Bookkeeping-Small Business Success	27

DATE	COURSE	PAGE #
4/16	Small Business: Get Yours Books in Shape	27
4/16	Wedding Dance	2
4/16	Fireside Theatre - Mighty Fort	15
4/17	Mental Health First Aid	25
4/17	Keep Dancing! Blrm,Swg,Ltn Ctd	3
4/17	Advanced Microsoft Excel 2016	29
4/21	Heartsaver First Aid	25
4/23	Make Your Busn More Profitable	27
4/25	AHA Instr Ct-BLS CPR/Hrtsv/1st	26
4/29	Food Serv/San Mgr Cert Exam Pr	30
4/30	Bookkeeping Essentials: Mastering Reports	27

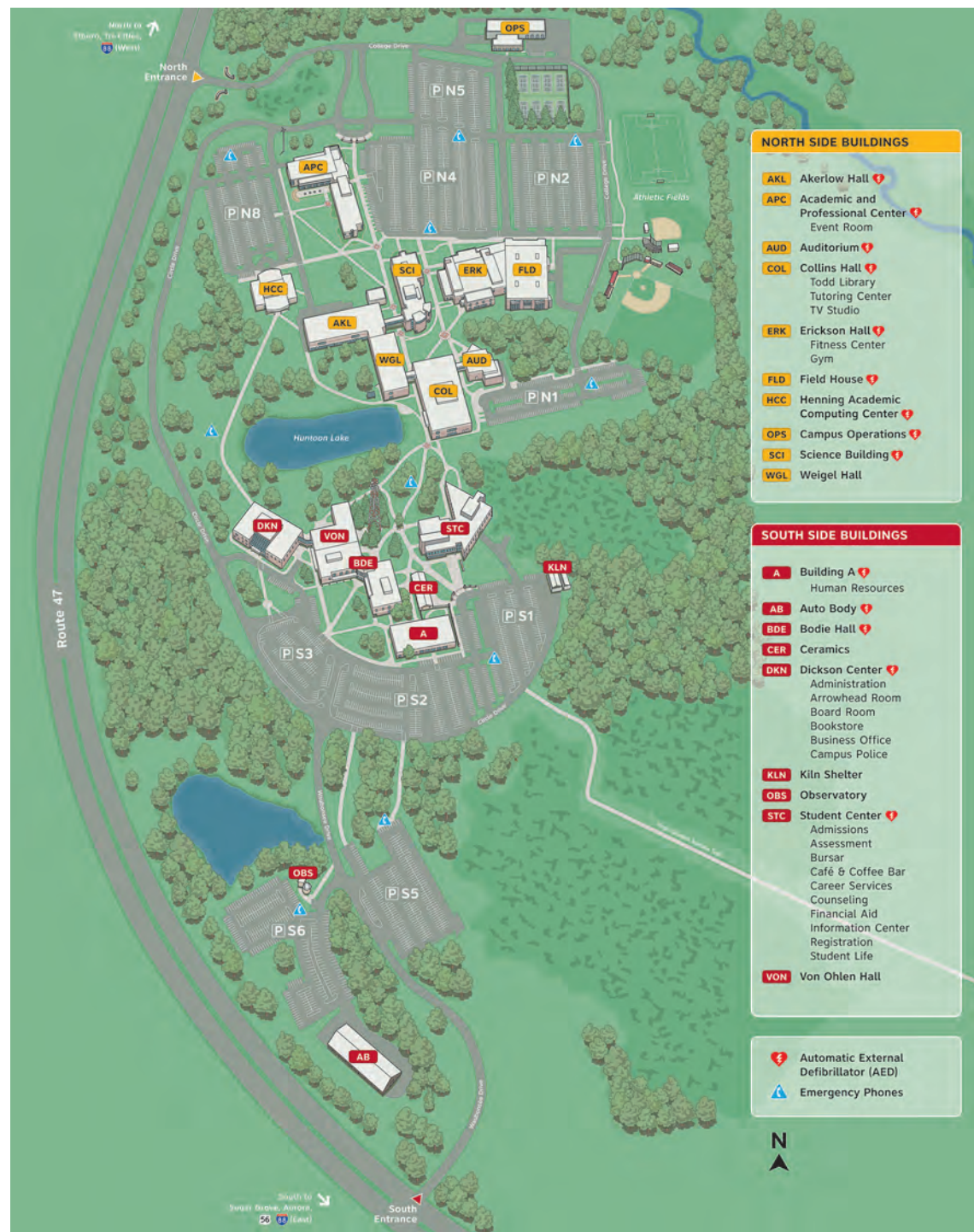
# COURSES STARTING IN MAY

DATE	COURSE	PAGE #
05/2	BLS Provider CPR	26
05/6	BLS Provider CPR	26
05/6	BLS Provider CPR Skills	26

DATE	COURSE	PAGE #
05/8	Arc Flash and NFPA 70E	33
05/13	Statesville, and More!	15

# Sugar Grove Campus Map

4S783 State Route 47, Sugar Grove, IL 60554



# Registration Information and Payment/Refund Policies

## Where classes meet

Waubonsee Community College,  
Sugar Grove Campus, Route 47 at  
Waubonsee Drive, Sugar Grove

<b>A</b> .....	Building A
<b>AB</b> .....	Auto Body
<b>AKL</b> .....	Akerlow Hall
<b>APC</b> .....	Academic and Professional Center
<b>AUD</b> .....	Auditorium
<b>BDE</b> .....	Bodie Hall
<b>CER</b> .....	Ceramics
<b>COL</b> .....	Collins Hall
<b>DKN</b> .....	Dickson Center
<b>ERK</b> .....	Erickson Hall (Gymnasium)
<b>FLD</b> .....	Field House
<b>HCC</b> .....	Henning Academic Computing Center
<b>OBS</b> .....	Observatory
<b>OPS</b> .....	Campus Operations
<b>SCI</b> .....	Science Building
<b>STC</b> .....	Student Center
<b>VON</b> .....	Von Ohlen Hall
<b>WGL</b> .....	Weigel Hall
<b>DWNTN</b> ..	Waubonsee Community College, Aurora Downtown Campus, 18 S. River Street, Aurora
<b>FOXVLY</b> ..	Waubonsee Community College, Aurora Fox Valley Campus, 2060 Ogden Ave., Aurora
<b>HUNT</b> .....	Huntoon Stables, 507 Oak St., North Aurora
<b>OHS</b> .....	Oswego High School, 4250 Rt. 71, Oswego
<b>OVERMN</b> .....	Over the Moon Positive Dog Training, 2S478 Partridge Rd, Batavia
<b>PLANO</b> ....	Waubonsee Community College, Plano Campus, 100 Waubonsee Drive, Plano

## How to Read the Class Schedule

**Name of course** → **CARDIO KICKBOXING**

**Description** → **Jabs, hooks, uppercuts, and kicks combine to get you a leaner body and a healthier state of mind.**

**Cost** → **CLASS FEE: \$138**

**Course/section number** → **FIT894.001 (11206)**

**Class time** → **2 p.m.-2:50 p.m., TTh**

**Location** → **FLD254 Rieger**

**Course Reference Number (CRN)** → **(11206)**

**Meeting day(s)** → **Class does not meet November 26 or 28. Meets between: Aug. 20-Dec. 12**

**Instructor** → **Rieger**

## F.Y.I.

### Books and Materials

Many classes do not require textbooks, but if materials are needed at the first meeting, it will be noted in the class listing. Books can be purchased at the Waubonsee bookstores.

### Special Accommodations

To find out about interpreting services for the hearing impaired, call (630) 466-2928 (TDD/FAX). For disability accommodation, call (630) 466-2564, approximately one month before the start of class.

### Course Cancellation

We cannot guarantee that all activities listed in this schedule will be available when you register. We reserve the right to cancel activities if there is insufficient enrollment. If your activity is canceled, you may select another activity or receive a refund. An attempt will be made to notify you by phone or mail when it is necessary to cancel an activity. For students wishing to drop a class(es), please refer to the refund policy.

**EARLY REGISTRATION IS ADVISED**  
because many classes fill rapidly. Also,  
early registration can help avoid class  
cancellation.

# 4 Easy Ways to Register



## By mail:

Registration and Records  
Waubonsee  
Community College  
4S783 State Route 47  
Sugar Grove, IL 60554–  
9454



## Online:

mywcc.waubonsee.edu  
For students who have and  
know their X-number.



## By fax:

(630) 466-4964



## Walk in:

Sugar Grove Campus  
Aurora Downtown Campus  
Aurora Fox Valley Campus  
Plano Campus



## Need help?

Call Community Education  
at (630) 466-2360  
or Workforce Education  
and Training  
at (630) 466-2356.

**REFUND POLICY** — Full refund of tuition and fees is granted if the college cancels a course. Course fees will be refunded if a student drops at least four calendar days prior to the course start date. Course fee refunds for all online courses and Personal Enrichment activities may have a different policy.

**DISCLAIMER** — Professional Development or Personal Enrichment offerings generally are not approved for college credit, but they may appear on a student's transcript. For more information contact Registration and Records at (630) 466-2370.

## Full or partial payment is due at the time of registration.

Payment options:

- Full Payment — Tuition and fees totaling less than \$200 require full payment.
- Partial Payment — Pay the required first installment and the remaining balance in monthly payments. *(A \$25 non-refundable service fee is charged for selecting this option; it's automatic when you make the first payment.)* The sooner you register, the more time to pay!
- Employer Payments — If your employer is paying your tuition and fees, and should be billed directly, a letter from your company, including the contact name and company address (on company letterhead), is required at the time of registration. An employer can also be set up as an authorized user for online payments.

## Questions?

Call or visit the Bursar Office, second floor of the Student Center, Sugar Grove Campus,  
(630) 466-5705.

## Additional Fees

Insufficient funds charge:	\$25
Late payment fee:	\$20

## How to Pay:



### Mail along with registration form to:

Registration and Records  
Waubonsee Community College  
4S783 State Route 47  
Sugar Grove, IL 60554–9454



**Online** payment system at [www.waubonsee.edu](http://www.waubonsee.edu)  
or at [mywcc.waubonsee.edu](http://mywcc.waubonsee.edu) (credit card or  
electronic check)



**Fax** payment information to (630) 466-6637



**In person** at the Sugar Grove, Aurora Downtown,  
Aurora Fox Valley or Plano Campuses

## Non-Payment

Waubonsee cancels your enrollment if you do not select a payment option at the time of registration. Please note that payment is required even during college holidays and breaks.

# REGISTRATION FORM

## PERSONAL ENRICHMENT/PROFESSIONAL DEVELOPMENT

Please print in black ink. Use this form if you are registering for noncredit courses only.

Students interested in disability accommodations should contact the Access Center at (630) 466-2564.

### Section I

Student ID (if known) X \_\_\_\_\_ Social Security # \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Gender: ☐ M ☐ F US Citizen: ☐ Yes ☐ No

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Have you attended here before? ☐ Y ☐ N

### Section II

This information is requested solely to comply with federal and state laws. Your response will not affect consideration of your application or registration.

Are you Hispanic or Latino? ☐ Yes ☐ No

Check one or more of the following race/ethnicity groups:

☐ American Indian/Alaska Native (5)

☐ Black or African American (2)

☐ Native Hawaiian or  
Other Pacific Islander (9)

☐ Asian (4)

☐ Hispanic (3)

☐ White (1)

Please indicate your primary race/ethnicity using the number from the list above \_\_\_\_\_

Are you in the United States on a Visa – Nonresident Alien? ☐ Yes ☐ No

If yes, what is your home country of origin? \_\_\_\_\_

**Please turn over and fill out the rest of the form on the other side.**



**WAUBONSEE**  
COMMUNITY COLLEGE

All information provided to Waubonsee Community College will be kept confidential in accordance with the Family Educational Rights and Privacy Act of 1974. (Public Law 93-380) Waubonsee does not discriminate based on any characteristic protected by law in its programs and activities. To help protect your privacy, please do not email any forms containing confidential information. Waubonsee will not process any registration form received via email.

Section III

Major Code (choose from list below): \_\_\_\_\_

Personal Development	ND50	Intellectual/Cultural Studies	ND60	Health, Safety and Environment	ND70
Community/Civic Development	ND55	Improve Family Circumstances	ND65	Homemaking	ND75

Highest Degree Earned (choose from list below): \_\_\_\_\_

GED	Completed GED	CRT	Completed Certificate	MD	Completed Master's Degree
HS	Completed High School	AD	Completed Associate Degree	PHD	Completed Doctoral Degree
PD	Completed Professional Degree	BD	Completed Bachelor's Degree	OTH	Other
				ND	No Degree Earned

Why are you enrolling at Waubonsee? (choose one): \_\_\_\_\_

1. Course work for transfer to a four-year college.
2. Improve skills needed in present job or to change jobs.
3. Prepare for a future job/career.
4. Perfect or review basic educational or vocational skills.
5. Personal interest or self-development.

Ticket No.	Course Ref. # (CRN)	Course Name	Date and Time	Bldg. and Room	Fees

I certify that the above information is complete and correct.

Student Signature: **X** \_\_\_\_\_

**Mail to:**  
Registration and Records  
Waubonsee Community College  
4S783 State Route 47  
Sugar Grove, IL 60554-9454  
Fax: (630) 466-4964

Course Fee	
Other	
Total Fees	
Amount Received	

**Note:** Payment is due at the time of registration.

☐ Cash   ☐ Check   ☐ VISA   ☐ MasterCard   ☐ Discover   ☐ American Express  
Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Billing Address:

Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Name printed on card: \_\_\_\_\_  
Authorized Credit Card Signature: **X** \_\_\_\_\_



## KEEP UP TO DATE ON OSHA SAFETY STANDARDS WITH THE FOLLOWING COURSES:

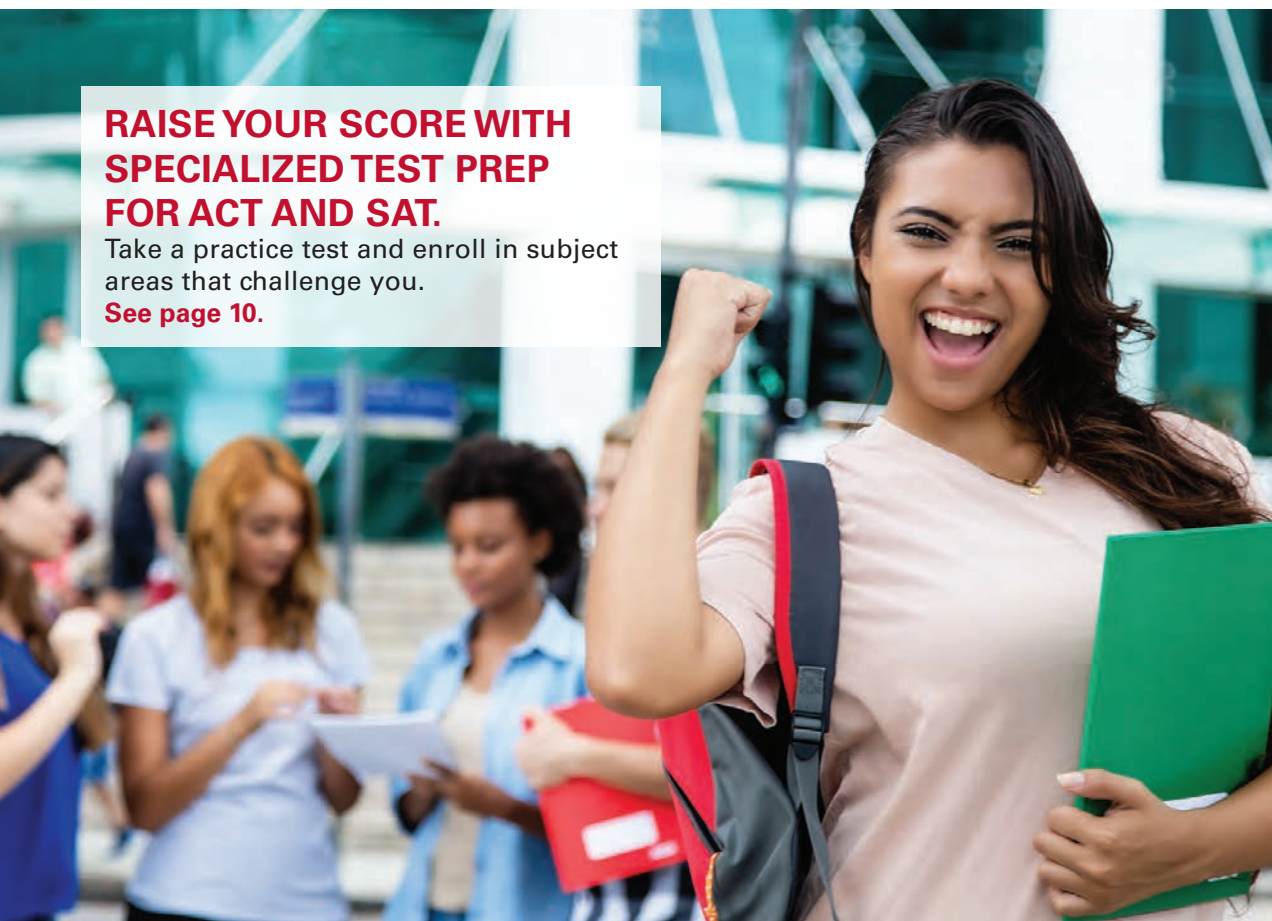
- Lockout/Tagout
- Machine Guarding
- OSHA Confined Space Standard
- OSHA Recordkeeping Requirements
- Arc Flash and NFPA 70E
- OSHA 10-Hour for General Industry

*See course listings on pages 32-33.*

## RAISE YOUR SCORE WITH SPECIALIZED TEST PREP FOR ACT AND SAT.

Take a practice test and enroll in subject areas that challenge you.

**See page 10.**





WAUBONSEE

COMMUNITY COLLEGE

4S783 State Route 47  
Sugar Grove, IL 60554

# Magician - Family Show

## DANIEL MARTIN

Daniel Martin has quickly become one of the most IN-DEMAND entertainers in the nation, winning last year's "Best Live Performer!" His high-energy fusion of Insane Magic, Escapes & Sarcastic Improv consistently lead to standing ovations and record breaking-crowds at theaters, campuses, and celebrity events nationwide. In addition to Daniel recently being nominated for the "Entertainer of the Year" award, he was recognized by Campus Activities Magazine this year as the SINGLY HIGHEST/BEST rated touring act in the county! His magic has been featured on NBC, CBS, WGN, VH1, Discovery and at thousands of live events worldwide. ***Martin sold out in 2016 and 2018. Get your tickets before they disappear!***

**Saturday, February 29, 2020**

Sugar Grove Campus, Auditorium  
7 p.m.

\$19 Adults

\$12 Children 12 and under

**Purchase tickets at**

**[www.waubonseetickets.com](http://www.waubonseetickets.com)**