



WAUBONSEE

COMMUNITY COLLEGE

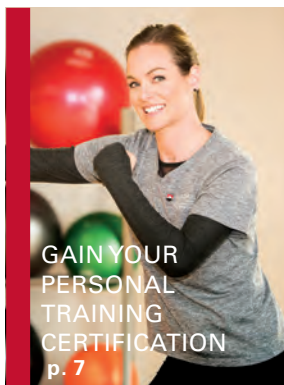
FALL 2019–NONCREDIT

Live

PERSONAL ENRICHMENT



SNAP IT!



GAIN YOUR
PERSONAL
TRAINING
CERTIFICATION
p. 7



TEAMWORK

Work

PROFESSIONAL DEVELOPMENT



STRENGTH



MUSIC!



SEE A SHOW
OR TRAVEL TO
AN EXOTIC
DESTINATION!
pp. 14-17



SOFTWARE



THERAPEUTIC
RIDING
INSTRUCTOR
p. 32



DANCE




LEADERSHIP
SERIES
pp. 33-36



NEW SKILLS

What's New!

Start a New Career Working With People – and Animals!



Combine your love for horses with the passion for helping people — become a Therapeutic Riding Instructor!

Prepare for the Professional Association of Therapeutic Horsemanship International (PATH) certification.

See page 32.



Prepare to pass the test from the Certification Council for Professional Dog Trainers (CCPDT) with the first of our two-part training course.

\$995

See page 10.



Earn your Personal Training Certification through World Instructor Training Schools (W.I.T.S.).

In-person and online options for \$689.

See page 27.

WHAT'S INSIDE

PERSONAL ENRICHMENT COURSES

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Live

PERSONAL ENRICHMENT

Unique Things to See, Learn and Experience

CREATIVE ARTS

ART

CERAMIC ARTS: HANDBUILDING AND WHEEL THROWING

Find deep satisfaction in designing and creating your own pottery, whether you're a beginner or an advanced student of ceramics. You'll learn the best practices in handbuilding, wheel throwing, decorating and glazing, and then use the campus kiln to fire your original creations. If you're a beginner, you'll benefit from instructor Mary DeRose's reputation for careful guidance, but if you're a more advanced student, you'll delight in her balanced approach of giving pointers while allowing you to expand your skills and explore your passions. Note: Additional cost for materials. Prepared kit may be purchased at Waubonsee bookstore.

CLASS FEE: \$179

ART807.800 (11276)

6 p.m.- 9 p.m. F
CER DeRose

Meets between: Sep. 6-Nov. 8

ART807.801 (11277)

9 a.m.-Noon Sa
CER DeRose

Meets between: Sep. 7-Nov. 9



LINE AND WASH WATERCOLOR

Line and wash is a colorful, creative style of watercolor painting perfect for both beginners and experienced artists alike. Join professional artist Chris Pappas as he guides you through designing your own piece that you'll complete during the six-week course. Along the way, you'll learn basic techniques in drawing, color mixing and painting. Email communityed@waubonsee.edu for the supply list.

CLASS FEE: \$89

ART831.600 (11285)

6:30 p.m.- 9 p.m. W
APC158 Staff

Meets between: Sep. 18-Oct. 23

DANCE

LET'S DANCE! BALLROOM, SWING, AND LATIN

Get a little taste of everything in this combination dance class that will give you confidence for any social dance occasion! With over 35 years of experience in dance instruction, Patricia Ray will help you develop your techniques of leading and following while dancing with your partner. Have fun practicing the basic moves of the waltz, foxtrot and swing, then finish off with the spicy cha, cha!

A perfect class for beginners or those who want to brush up on their dance skills.

Note: Couples only. Partners must register separately. Wear hard sole shoes.

CLASS FEE: \$55

DAN898.600 (11281)

7:10 p.m.-8:25 p.m. Th
FLD254 Ray

Meets between: Sep. 12-Oct. 17

DAN898.800 (11282)

7:10 p.m.- 8:25 p.m. F
FLD254 Ray

Meets between: Oct. 11-Nov. 15

For more information on
how to read this schedule,
see page 45.

MUSIC

ELECTRONIC MUSIC ENSEMBLE

Are you an aspiring music composer? Take your music experience to the next level with this unique performance-based course. You'll be using Waubonsee's recording studio facilities and equipment to develop and perform original compositions. State of the art technology such as tape recorders, microphones, signal processors and computers are the "instruments" in this ensemble, and experimentation is encouraged. Note: Two years of music experience is recommended for this course. For credit course see MUS170 in the credit schedule. CLASS FEE: \$136

MUS886.001 (11262)

2 p.m.-4:10 p.m. T
VON245 Popowitch

Meets between: Aug. 20-Dec. 10

CLASS GUITAR I

Strum along with other beginners as you learn the basics of playing the guitar. No music experience is required for this entry-level course. You will learn how to read chords, chords symbols and musical notation in a variety of music styles. By the end of this course, you will have gained confidence playing chord progressions on a variety of guitars and in various guitar playing styles. Note: Guitar must be brought to the first class. CLASS FEE: \$276

MUS890.600 (11259)

5 p.m.-6:40 p.m. T
VON137 Dover

Meets between: Aug. 20-Dec. 10

CLASS INSTRUCTION IN PIANO I

If you've ever wanted to "tickle the ivories," this is your chance! No music experience is needed for this beginner level piano course. You will explore music notation, chords, and harmonization through the study of popular, folk and classical music. Join us in the electronic piano lab to make your musical dreams a reality. Note: For credit course see MUS151 in the credit schedule.

CLASS FEE: \$276 LAB FEE: \$30

MUS891.001 (11258)

12:30 p.m.-1:20 p.m. MW
VON231 Anderson

Cordogan

Meets between: Aug. 19-Dec. 11

ALL COLLEGE STEEL BAND

Explore a truly unique instrument in this entry-level steel pan ensemble. Together with other musicians, you will be performing a variety of musical styles including Caribbean, Pop, Classical. You will also be introduced to the history, construction, development and voices of the instruments, all while developing your technique on the instrument. Students are separated based on their ability and experience. The end of term will culminate with a performance concert open to the public. Note: Experience reading music is a requirement for this course. For credit course see MUS175 in the credit schedule.

CLASS FEE: \$207

MUS893.600 (11263)

6 p.m.-7:40 p.m. W
VON137 Check

Meets between: Aug. 21-Dec. 11



JAZZ ENSEMBLE

Join other "cool cats" for this jazz performance group. You will be part of this 15-17 piece ensemble that specializes in swing, bebop and contemporary jazz. You will also be able to share your love of jazz with others during the end of term concert. Two years of experience with jazz music are recommended for this course. Note: For credit course see MUS160 in the credit schedule. CLASS FEE: \$138

MUS894.001 (11260)

4:30 p.m.-5:20 p.m. MW
VON137 Binder

Meets between: Aug. 19-Dec. 11

CONCERT BAND

Join other music lovers for this instrumental ensemble that focuses on performance. You will practice different styles including chamber music, concert band, folk and other special combinations. The end of term will culminate in a performance open to the public! Note: Two years of music experience is recommended for this course.

CLASS FEE: \$138

MUS896.001 (11261)

11 a.m.-12:40 p.m. F
VON137 Lathan

Meets between: Aug. 23-Dec. 13



PHOTOGRAPHY

BEGINNING PHOTOGRAPHY I

Start your photography adventure here! Discover the fundamentals of camera settings, composition, and exposure before learning some of the technical aspects of photography such as selecting memory cards, transferring images to PC/Mac and backing up your photos. You'll gain a full understanding of how to use depth of field, resolution, white balance, color adjustment, compression and file formats.
Note: Bring your own DSLR camera to class.
CLASS FEE: \$99

PIC802.600 (11270)
6 p.m.- 9 p.m. T
APC160 Smith
Meets between: Aug. 20-Sep. 24

BEGINNING PHOTOGRAPHY II

Continue your journey into photography and dive deeper into many of the concepts from Beginning Photography I. Assignments will be given at each class session to build your skills in composition control, exposure, lighting, and more! Professional photographer Mike Smith will introduce key techniques to grow your skill set and offer helpful critiques of your work. Note: Bring your own DSLR camera to class.
CLASS FEE: \$99

PIC804.600 (11271)
6 p.m.- 9 p.m. M
BDE105 Smith
Meets between: Sep. 30-Nov. 4

INTERMEDIATE PHOTOGRAPHY

Take your photography skills to the next level while you master photo composition, perfect your timing, and learn to "chase the light". You'll develop your signature style with assignments that will put your creativity to the test. Professional photographer Mike Smith will introduce key techniques to grow your skill set and offer helpful critiques of your work. Note: Bring your own DSLR camera to class.
CLASS FEE: \$99

PIC824.600 (11272)
6 p.m.- 9 p.m. F
APC180 Smith
Meets between: Nov. 8-Dec. 13



WRITING

CREATIVE NON-FICTION WRITING

Become the writer you want to be. In this 10-week workshop, you'll gain the skills and confidence you need to get your work published. With author John O'Donnell as your guide, you'll improve your writing skills, gain insights from the masters, and receive valuable feedback from fellow writers in the class. You'll also get verbal and written feedback on assignments from the instructor (up to five pages reviewed per assignment). Join us as we assist each other and grow as writers. Note: "Writing Life Stories" by Bill Roorbach with Kristen Keckler is required and may be purchased at Waubensee Bookstore.
CLASS FEE: \$135

WWS805.600 (11286)
6:30 p.m.- 9 p.m. M
BDE107 Staff
Meets between: Sep. 9-Oct. 28

For more information on how to read this schedule, see page 45.



JOIN OUR **TOTAL FITNESS CENTER**

Waubonsee's Total Fitness Center, in Erickson Hall on the Sugar Grove Campus, is dedicated to fitness excellence. Feel the energy, achieve results and enjoy the experience. Open to anyone 16 years of age or older, our facility is a great place to work out, whether you purchase a membership or just want to take classes.

PROFESSIONAL EXPERTS

Our experienced fitness experts are committed to assisting members through all phases of exercise. The fitness specialists are nationally certified personal trainers with college degrees.

WE OFFER

- Personal Training
- Full Range of Cardiovascular Equipment, Strength Training Systems and Free Weights
- Cardio Theater Entertainment Center
- Free Wi-Fi
- Locker Rooms with Showers
- Complimentary Workout Towels
- Indoor Running Track
- Open Gym

TOTAL FITNESS CENTER

waubonsee.edu/fitnesscenter
(630) 466-2530

MEMBERSHIPS

Choose the one that works best for you. Make sure to ask about our same household discounts. Call (630) 466-2530 for more information.

Daily \$8

1-Month \$35

3-Month \$89

FIT800.700 (11216)

6-Month \$169

FIT802.700 (11217)

Year \$299

FIT804.700 (11218)

Prices subject to change without notice.

FITNESS AND RECREATION

FITNESS

BODY FAT ANALYSIS

Weight alone is a deceptive indicator of body composition. Determine your percentages of body water, fat and lean mass by electrical impedance and have trained staff explain your results. Call (630) 466-2530 to schedule your appointment. CLASS FEE: \$12

FIT806.700 (11224)

TBA
ERK126 Anderson
Meets between: Aug. 13-Dec. 31

CARDIO KICKBOXING

Jabs, hooks, uppercuts, and kicks combine to get you a leaner body and a healthier state of mind. CLASS FEE: \$138

FIT894.001 (11206)

2 p.m.-2:50 p.m. TTh
FLD254 Rieger
Class does not meet November 26 or 28.
Meets between: Aug. 20-Dec. 12

FALL PROOF!

Reduce your risk of falls. Learn exercises to increase your strength and improve your overall balance and mobility. Classes challenge your balance in a safe environment. Fall Proof! is an effective program that promotes healthy, active lifestyles. CLASS FEE: \$92

FIT845.001 (11319)

1:30 p.m.-2:30 p.m. M
ERK213 Anderson
Class does not meet September 2.
Meets between: Aug. 19-Oct. 14

FIT855.001 (11318)

1:30 p.m.-2:30 p.m. M
ERK213 Anderson
Class does not meet November 25.
Meets between: Oct. 21-Dec. 16

FUNDAMENTALS FIRST - MOVEMENT SCREENING AND EXERCISE PLAN

Are you looking to achieve higher levels of fitness and performance? Start with an evaluation of your movement patterns; end with a customized exercise plan designed to balance and improve your physical ability. Call the Total Fitness Center at (630) 466-2530 to schedule your appointment. CLASS FEE: \$59

FIT863.700 (11223)

TBA
ERK126 Anderson
Meets between: Aug. 13-Dec. 31

HATHA YOGA FOR BEGINNERS

Experience the benefits of Hatha Yoga. Firm and tone your body while learning how to reduce stress, improve balance, flexibility and concentration. Designed for those new to Hatha Yoga, you will learn specific postures in combination with controlled breathing, as well as how to focus on breathing and relaxation techniques. Wear loose, comfortable clothing and bring an exercise mat. CLASS FEE: \$79

FIT856.600 (11289)

8 p.m.-9 p.m. W
FLD254 Van Gieson
Meets between: Aug. 14-Oct. 2

HATHA YOGA CONTINUED

Hatha Yoga is the slow and deliberate stretching of muscles and stimulation of inner organs. One way to think of Hatha Yoga is the union occurring between mind, body and spirit. Continue your practice of Hatha Yoga and refine your techniques. Designed for those who have taken Hatha Yoga for Beginners or have a similar level of experience. This class can be repeated as many times as desired. CLASS FEE: \$79

FIT857.600 (11290)

8 p.m.-9 p.m. W
FLD254 Van Gieson
Class does not meet November 27.
Meets between: Oct. 9-Dec. 4

METABOLISM MATTERS

Weight management success is just a simple measurement away! With BodyGem, a device used to measure your metabolism, you can easily and quickly determine your resting metabolic rate. Your metabolic measurement can then be used to determine an accurate daily calorie target designed to best assist you with meeting your personalized weight management goals. Call the Total Fitness Center at (630) 466-2530 for more information and to schedule an appointment.

Note: BodyGem includes a metabolic measurement, a printed report of calorie budgets and a review of the results. CLASS FEE: \$39

FIT860.700 (11225)

TBA
ERK126 Anderson
Meets between: Aug. 13-Dec. 31

YOGA FOR BONES AND BALANCE

An ounce of prevention is worth a pound of cure. Build stronger bones, improve your balance and increase flexibility in this full-body yoga class. A must for anyone who has or is at risk for osteoporosis. CLASS FEE: \$104

FIT890.001 (11324)

8 a.m.-9 a.m. MW
FLD254 Staff
Class does not meet Sept. 2 or 4.
Meets between: Aug. 19-Oct. 16

FIT891.002 (11325)

8 a.m.-9 a.m. MW
FLD254 Staff
Class does not meet Nov. 25 or 27.
Meets between: Oct. 21-Dec. 18



NORDIC WALKING

Nordic Walking is a great total body workout for anyone interested in a fun physical activity with maximum health benefits. This low-stress, easy-to-master workout is fantastic for weight loss and great for your body and mind. Keep fit, toned and healthy at any age. To sign up for your 30-minute private session with a certified Nordic Walking instructor, please call the Total Fitness Center, (630) 466-2530. Poles are provided. CLASS FEE: \$29

FIT865.700 (11320)
TBA
ERK126 Anderson
Meets between: Aug. 13-Dec. 31

NORDIC WALKING CLUB

Join Nordic Walking enthusiasts for a fitness walk around Waubonsee's scenic campus and along the Virgil Gilman Trail. This low-stress, easy-to-master total body workout is fantastic for weight loss, building strong bones and enhancing back health. Led by a certified Nordic Walking instructor, the group receives instruction in the proper use of walking poles while enjoying the camaraderie of others. For details and additional information on Nordic Walking poles, call the fitness center at (630) 466-2530. Note: Poles not included. CLASS FEE: \$49

FIT867.001 (11320)
4:45 p.m.-5:30 p.m. W
ERK126 Anderson
Meets between: Sep. 11-Oct. 16

PERSONAL TRAINER CERTIFICATION COURSE

Get all the information and training you need to become a certified personal trainer. This comprehensive course offered through World Instructor Training Schools (W.I.T.S.) gives you the educational knowledge and practical skills required for a long-lasting career in the fitness industry. W.I.T.S. is an accredited and internationally recognized certifying body that is known and respected by fitness experts and employers. Textbook required. CLASS FEE: \$689 (includes voucher for National Certification Test on November 16)

In-Person Instruction

LIVE classroom instruction and in-depth, hands-on practical labs to master essential career skills.

FIT885.600 (11303)
6 p.m.-9 p.m. Th
FLD252 Anderson
9 a.m.-Noon Sa
ERK 126 Anderson
Meets between: Sept. 12-Oct. 12

Online Hybrid Instruction

Online material along with in-depth, hands-on practical labs to master essential career skills.

FIT885.950 (11304)
9 a.m.-Noon Sa
ERK126 Anderson
Meets between Sept. 14-Oct. 12

PILATES

Pilates is a full-body exercise program designed to promote breathing, postural alignment, spinal mobility, flexibility in the arms and legs, and core strength. This mindful and gentle yet mighty mat-based class is for all ages and stages of life and fitness levels. Wear comfortable clothing that allows for stretching and begin your journey to lighter and freer movement.

CLASS FEE: \$104

FIT850.001 (11291)
6:45 a.m.-7:45 a.m. T
FLD254 Anderson
Class does not meet September 10.
Meets between: Aug. 20-Oct. 15

FIT851.002 (11292)
6:45 a.m.-7:45 a.m. T
FLD254 Anderson
Meets between: Oct. 29-Dec. 17

SMALL GROUP TRAINING

Enjoy the variety of programming and social energy that comes from working out with others. Professional instructors will guide, motivate and keep you accountable. This class includes an eight-week Total Fitness Center membership. CLASS FEE: \$249

FIT816.001 (11308)
6 a.m.-7 a.m. MWF
ERK213 Anderson
Class does not meet September 2, 4, or 6.
Meets between: Aug. 19-Oct. 18

FIT816.002 (11309)
8 a.m.-9 a.m. MWF
ERK213 Anderson
Class does not meet September 2, 4, or 6.
Meets between: Aug. 19-Oct. 18

FIT817.001 (11310)
6 a.m.-7 a.m. MWF
ERK213 Anderson
Class does not meet November 25, 27 or 29.
Meets between: Oct. 21-Dec. 20

FIT817.002 (11311)
8 a.m.-9 a.m. MWF
ERK213 Anderson
Class does not meet November 25, 27 or 29.
Meets between: Oct. 21-Dec. 20

FITNESS AND RECREATION

SQUATS AND DEADLIFTS

Master the proper form for squats and various deadlifts. Learn from a certified National Strength and Conditioning personal trainer.
CLASS FEE: \$39

FIT873.600 (11323)
7 p.m.- 8 p.m. Th
ERK126 Anderson
Meets between: Oct. 17-Nov. 7

TAI CHI

Center yourself as you become aware of your own energy while relaxing your mind and strengthening your body. Tai Chi, an ancient form of meditative exercise, helps you meet day-to-day challenges by harmonizing mind and body.
CLASS FEE: \$79

FIT882.001 (11297)
9 a.m.-9:45 a.m. T
FLD254 Anderson
Class does not meet September 3.
Meets between: Aug. 20-Oct. 15

FIT882.002 (11298)
9 a.m.-9:45 a.m. F
FLD254 Anderson
Class does not meet September 6.
Meets between: Aug. 23-Oct. 18

FIT883.003 (11299)
9 a.m.-9:45 a.m. T
FLD254 Anderson
Class does not meet November 26.
Meets between: Oct. 22-Dec. 17

FIT883.004 (11300)
9 a.m.-9:45 a.m. F
FLD254 Anderson
Class does not meet November 29.
Meets between: Oct. 25-Dec. 20

TAI CHI – OUTDOOR

Center yourself in nature. Tai Chi, an ancient form of meditative exercise, helps you meet day-to-day stress by harmonizing mind and body. Classes meet outdoors, weather permitting.
CLASS FEE: \$59

FIT888.600 (11302)
5 p.m.-5:45 p.m. T
ERK126 Anderson
Class does not meet September 3.
Meets between: Aug. 20-Oct. 1

TRX®

Developed by the Navy SEALs, TRX® suspension training improves strength, balance, flexibility and core stability- all at once! All fitness levels welcome.
CLASS FEE: \$79

FIT875.001 (11293)
6 a.m.- 6:45 a.m. Th
FLD254 Anderson
Class does not meet September 5.
Meets between: Aug. 15-Oct. 10

FIT875.002 (11294)
7 a.m.- 7:45 a.m. Th
FLD254 Anderson
Class does not meet September 5.
Meets between: Aug. 15-Oct. 10

FIT875.003 (11295)
6 a.m.- 6:45 a.m. Th
FLD254 Anderson
Class does not meet November 28.
Meets between: Oct. 24-Dec. 19

FIT875.004 (11296)
7 a.m.- 7:45 a.m. Th
FLD254 Anderson
Class does not meet November 28.
Meets between: Oct. 24-Dec. 19

WOMEN ON WEIGHTS

This small group strength class produces optimum results in a minimal amount of time. Build stronger bones, improve muscle strength and increase your energy.
CLASS FEE: \$96

FIT874.001 (11312)
4:45 p.m.- 5:15 p.m. MW
ERK213 Anderson
Class does not meet September 2 or 4.
Meets between: Aug. 19-Oct. 16

FIT874.601 (11313)
5:30 p.m.- 6 p.m. MW
ERK213 Anderson
Class does not meet September 2 or 4.
Meets between: Aug. 19-Oct. 16

FIT874.602 (11314)
6:15 p.m.- 6:45 p.m. MW
ERK213 Anderson
Class does not meet September 2 or 4.
Meets between: Aug. 19-Oct. 16

FIT877.001 (11315)
4:45 p.m.- 5:15 p.m. MW
ERK213 Anderson
Class does not meet November 25 or 27.
Meets between: Oct. 21-Dec. 18

FIT877.601 (11316)
5:30 p.m.- 6 p.m. MW
ERK213 Anderson
Class does not meet November 25 or 27.
Meets between: Oct. 21-Dec. 18

FIT877.602 (11317)
6:15 p.m.- 6:45 p.m. MW
ERK213 Anderson
Class does not meet November 25 or 27.
Meets between: Oct. 21-Dec. 18



IMPROVE YOUR
**MOBILITY AND
FLEXIBILITY WHILE
STRENGTHENING
YOUR CORE IN THE
PILATES COURSE.**

See page 7 for more
information.

YOGA

Hatha Yoga focuses on the union of mind, body and breath through asana practice. The poses enhance muscular strength, flexibility, energy, concentration and relaxation.

CLASS FEE: \$138

FIT892.001 (11207)

2 p.m.-3:40 p.m. W
FLD254 Punsalan

Class does not meet November 27.

Meets between: Aug. 21-Dec. 11

FIT892.600 (11208)

5 p.m.-5:50 p.m. MW
FLD254 Punsalan

Class does not meet November 25 or 27.

Meets between: Aug. 19-Dec. 11



ZUMBA

Take the “work” out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Super effective! Super fun!

CLASS FEE: \$138

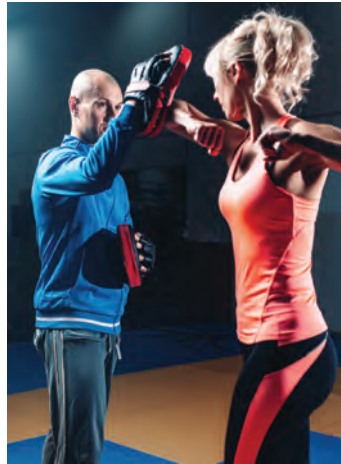
FIT827.600 (11205)

5 p.m.-5:50 p.m. TTh
FLD254 Gunderson

Class does not meet November 26 or 28.

Meets between: Aug. 20-Dec. 12

RECREATION



PERSONAL DEFENSE

This course is designed to help students acquire confidence and the ability to cope with unexpected attacks and emergencies. Self-defense techniques, including methods of preventing attacks, breaking falls and basic throw, are taught.

Note: For credit course see KPE118 in the credit schedule.

CLASS FEE: \$138

REC890.001 (11257)

4:30 p.m.- 6:05 p.m. TTh
ERK213 Pozen

Meets between: Sep. 17-Dec. 12

HORSEMANSHIP I

Horsemanship I is for the beginning or inexperienced rider and includes English riding (Saddleseat), grooming, leading, saddling and bridling. Students must have shoes (no slip-ons) with hard soles and low heels for riding, long pants, riding or bike helmet, tee shirts or sweatshirts (no tank tops). Note: Weight restriction of under 160 lbs. per stable requirements. For credit course see KPE108 in the credit schedule. CLASS FEE: \$69 LAB FEE: \$190

REC892.600 (11256)

8 p.m.-9:40 p.m. T
HUNT Staff

Meets between: Aug. 20-Oct. 8

HORSEMANSHIP II

Horsemanship II is a continuation of skills learned in Horsemanship I, only more in-depth. Riders work on diagonals, simple figure work and horse psychology. Note: Maximum weight limit: 160 lbs., per stable requirements. For credit course see KPE109 in the credit schedule. Prereq: Consent of instructor.

CLASS FEE: \$69 LAB FEE: \$190

REC893.600 (11264)

8 p.m.- 9:40 p.m. Th
HUNT Staff

Meets between: Aug. 22-Oct. 10

For more information on how to read this schedule, see page 45.

PERSONAL GROWTH AND HOME



ANIMAL CARE AND TRAINING

BEGIN YOUR CAREER AS A PROFESSIONAL DOG TRAINER I

Have you ever considered a career as a professional dog trainer? In this two-part course, you'll explore all the subjects that you will need to know to successfully pass the CCPDT certification test and the essential aspects of starting your own dog training business. From understanding canine body language, training and behavior modification to canine health and wellness, you'll get a comprehensive look at this exciting career path. After the successful completion of this course, be sure to sign up for Begin Your Career as a Professional Dog Trainer II during the spring semester. Note: You will need to bring a dog to the hands-on portion of the course. Dogs will not be permitted on campus for classroom sessions. CLASS FEE: \$995

PET815.600 (11267)
6 p.m.-8 p.m. M
OVERMN Staff
6 p.m.-8 p.m. Th
APC160 Staff

Meets between: Aug. 22-Dec. 12

Class does not meet Nov. 28

COOKING

COOKING 101

No more take-out! In this very popular class, you'll learn the basics of cooking and shopping. Begin by reviewing what staples should be in your pantry and how to develop easy menus for every day of the week. Then learn how to choose and use knives, pots and pans, and other kitchen equipment. Lastly, develop new skills with basic cooking methods such as poaching, sautéing, broiling and pan frying! Fee includes all supplies. Note: Classes are held at Oswego High School (4250 Rt. 71, Oswego); enter through Door #38, classroom 189. CLASS FEE: \$105

EAT803.600 (11273)
6:30 p.m.-8:30 p.m. T
OHS189 Staff
Meets between: Sep. 17-Oct. 8

COOKING 102

Turn up the heat in the kitchen with delicious menu ideas for your family and guests! Learn how to plan, budget, and execute delicious yet simple meals. Make ordinary ingredients extraordinary and discover additional techniques such as the preparation of stocks, soups and sauces. While you're at it, learn about spices, vegetables, starches, convenience products, nutrition and use of kitchen tools. Fee includes: All supplies. Note: Classes are held at Oswego High School (4250 Rt. 71, Oswego); enter through Door #38, classroom 189. Prereq: Cooking 101 or equivalent cooking experience. Fee includes all supplies. CLASS FEE: \$115

EAT804.600 (11274)
6:30 p.m.-8:30 p.m. T
OHS189 Staff
Meets between: Oct. 22-Nov. 12

HOBBIES AND SPECIAL INTERESTS

AN INTRODUCTION TO VOICEOVERS - GETTING STARTED IN VOICE ACTING

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that?" This fun and empowering two-hour introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded to receive a professional voiceover evaluation later. After class you'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Note: Taught by a professional voice actor from Voices For All. CLASS FEE: \$49

ART860.600 (11279)
6 p.m.-9 p.m. W
APC195 Staff
Meets on: Oct. 30

NEEDLEWORK

GET HOOKED! CROCHET BASICS

Learning to crochet is not as difficult as it appears. With over 35 years of experience, your instructor can help you begin to crochet in just four weeks. You'll be introduced to basic crochet techniques in a step-by-step easy process. Simple projects will be available for practice to build confidence while learning the six basic stitches including: slip-stitch, chain, single crochet, half-double crochet, double crochet and triple-crochet. Fee includes: Basic starter materials. Additional materials must be purchased separately. CLASS FEE: \$59

SEW806.600 (11283)
6:30 p.m.-8:30 p.m. W
DWNTN222 Staff
Meets between: Sep. 11-Oct. 2



STAY HOOKED! CROCHET CONTINUED

You've mastered the first six stitches of crochet and are now ready to move forward! It's time to learn about different patterns and how they are read. Begin to crochet from a starting chain in order to practice filet crochet and edging. You'll also be taught to crochet in the round to learn motifs. The picot will be a challenge no longer! Fee includes: Basic starter materials. Additional materials must be purchased separately.

Prereq: Get Hooked! Crochet Basics or equivalent crocheting experience.

CLASS FEE: \$59

SEW834.600 (11284)

6:30 p.m.-8:30 p.m. W

DWNTN222 Staff

Meets between: Oct. 9-Oct. 30

SCIENCE AND TECHNOLOGY

INTRODUCTORY COMPUTERS

COMPUTERS 101

New to computers? Take part in this relaxed, hands-on class and learn keyboard and mouse skills. Find out about the parts of a computer and everything that goes along with it, as well as computer terminology. Learn how to organize and find items on your computer. Surf the Internet and discover interesting websites. Get an overview of Microsoft Office to see what you can do with it. Follow this class with Microsoft Office at Home. Note: Please come to class prepared with your X Number and password. For more information about the specific content of this course, contact the Community Education Department at (630) 466-2360.

CLASS FEE: \$69

INT804.600 (11287)

6:30 p.m.-8:30 p.m. W

HCC101 Staff

Meets between: Sep. 4-Sep. 25

GET CONNECTED WITH FACEBOOK

You'll "LIKE" this course! Explore the world's largest social network. This course will make it easy to connect and share with family and friends online and erase any fears you have about navigating social media. You'll gain an understanding of Facebook and learn how to manage your account, privacy and control settings. You'll also practice sharing photos, messaging, posting on your profile and timeline, and online etiquette.

CLASS FEE: \$39

INT812.600 (11278)

6:30p.m.- 8:30 p.m. T

HCC101 Staff

Meets between: Oct. 15-Oct. 29

MICROSOFT OFFICE AT HOME

New to Microsoft Office? Join us for this relaxed, hands-on six-session course. Start with MS Word to create basic documents then move up to using backgrounds, borders, pictures and bullets to create an eye-catching flier. Master tabs, tables, columns, page breaks, headers, footers, and much more! Next, learn the basics of MS Excel by creating a sample budget spreadsheet, using basic formulas, sorting and more. Finally, discover what you can do with a MS PowerPoint presentation! An experienced instructor in computers and technology, Carrie Swift, will lead this class at a comfortable pace for students. Note: Please come to class prepared with your X number and password.

CLASS FEE: \$79

INT845.600 (11288)

6:30 p.m.-8:30 p.m. MW

HCC101 Staff

Meets between: Oct. 7-Oct. 23

TELEVISION PRODUCTION

TELEVISION PRODUCTION

Public Access Television training gives you the chance to use professional video equipment to create programs to air on local cable television and the internet! In four 4-hour classes, you'll learn the basics of studio production, field camera work, lighting, audio and non-linear editing. These skills will prepare you to produce your own show or assist in a variety of crew positions in professional and student productions. Completing this class certifies you to use the equipment and facilities of Fox Valley Television free of charge and gives you access to our local public access channel to air your programs.

CLASS FEE: \$100

TVP800.800 (11330)

Noon-4 p.m. Sa

COL115 Rennels

Meets between: Oct. 5-Oct. 20

PUBLIC ACCESS TELEVISION - INTERMEDIATE EDITING/DVD

This course provides students with intermediate instruction in non-linear video editing using Adobe Premiere. This class is a follow up to TVP001 and is not required for Public Access Certification. Students will learn advanced non-linear video editing techniques including advanced transitions and effects, titling, key-frame animation, chroma keying and multi-camera editing. Students will also learn about different output formats, video compression and preparing a project for distribution. Prereq: Successful completion of TVP800.

CLASS FEE: \$100

TVP802.800 (11331)
Noon- 4 p.m. Sa
COL115 Rennels

Meets between: Nov. 2-Nov. 16

WORLD LANGUAGES

LEARN A LITTLE ITALIAN

Whether you are interested in learning the basics of the Italian language to help you through that trip to Italy or you're just wanting to learn the language for fun, this course will introduce you to the basics of this beautiful language. You'll learn conversational Italian and gain insight into everyday life, customs, and culture in Italy! Class will be taught at a comfortable pace for beginners and will prepare you to say "Arrivederci" to your fears of learning a new language.

CLASS FEE: \$179

LAN800.600 (11280)
6:30 p.m.-9 p.m. TTh
APC180 Staff

Meets between: Sep. 10-Oct. 17

LEARN A LITTLE SPANISH

Overcome your fear of learning a new language in this six-week class - designed for individuals who have had no previous Spanish experience, but who want to start speaking and understanding the language. You'll begin to feel comfortable using Spanish both in class and in the real world. Class will be taught at a slow pace and will start from the beginning of learning the Spanish language. Follow this class with Learn More Spanish. Note: For more information about the specific content of this course and textbook requirements, email communityed@waubonsee.edu. CLASS FEE: \$179

LAN805.600 (11268)
6:30pm- 9 p.m. MW
APC190 Staff

Class does not meet September 2.

Meets between: Aug. 26-Oct. 2

LEARN MORE SPANISH

If you have the most basic Spanish language skills, but are ready for more, you'll progress in this vocabulary-building class suited for those with some prior exposure to the language. You'll begin speaking in class the very first week as you grow comfortable with vital conversational builders including fundamental grammar, working phrases and important vocabulary. This essentials class hands you necessary language tools you can put to work as you walk out of the classroom door and into the Spanish-speaking world. Note: For more information about the specific content of this course and textbook requirements, email communityed@waubonsee.edu. Prereq: Learn a Little Spanish or equivalent Spanish language skills. CLASS FEE: \$129

LAN808.600 (11269)
6:30 p.m.- 9 p.m. MW
APC190 Staff

Meets between: Oct. 14-Nov. 6

PRESCHOOLERS, KIDS AND TEENS NEW!



SAFE SITTER® (1-DAY WITH CPR)

Safe Sitter® teaches young teens (11-14) everything they need to know to be safe when they're home alone, watching younger siblings, or babysitting. Students learn lifesaving skills such as how to rescue someone who's choking, and helpful information like what to do if there's severe weather. The lessons are filled with fun activities and role-playing exercises. Students even receive training to improve their comfort level with CPR and choking rescue. CLASS FEE: \$65

PDY820.800 (11275)
9 a.m.- 3:30 p.m., Sa
APC158 Baum

Meets on: Aug. 24

*For more information on
how to read this schedule,
see page 45.*

Learning Around Lunch



"Movie Music Romance"

John LeGear

Experience dozens of the most memorable movie scenes, love songs, and dance tandems all in one sitting. Movie Music and Romance, a compilation of 38 classic songs and dances from the greatest in film history, will feature familiar faces, including Fred and Ginger, Elvis and more, in a new two-hour presentation. Fresh, different and peppered with little-known historical facts. Great fun! Light sweets and simple snacks will be served.

Thursday, September 19, 2019

10 a.m. – 1 p.m.

Fox Valley Campus Room 221

\$10

(plus a small convenience fee)

John LeGear is a marketing communications counselor at Timothy Communications, a boutique agency in suburban Chicago he founded in 1985 that specializes in building and promoting national not-for-profit organizations, notably in the fields of education, health care and sports and nutrition.

These sessions feature knowledge and noshing!

PURCHASE TICKETS AT
www.waubonseetickets.com



Keeping Your Brain Healthy - The Living Gems

Cheryl Ghasson

Join this interactive program that shares information on how to keep your brain healthy with activities, food, and changing everyday habits. Examples of games, websites and daily routine changes will be shared. Insight on the Living Gems, the techniques, strategies, and overall approach to care, created and developed by Teepa Snow, *Positive Approach*. This Brain Change model recognizes the dynamic nature of the human brain and its abilities and that anyone's abilities can change in a moment. Participants leave learning at least one new routine and take home a small gift. Light sweets and simple snacks will be served.

Thursday, October 10, 2019

10 a.m. – 12 p.m.

Fox Valley Campus Room 221

\$10

(plus a small convenience fee)

Cheryl Ghasan is a Senior Living Professional with 24+ years of experience in roles ranging from Resident Counselor, Marketing Consultant for Independent and Continued Care Communities, Executive Director for Assisted Living, Marketing and Sales Director of Memory Care, Assisted Living and Independent Living. She is certified in Dementia and has a Gerontology and Business Administration Degree. Cheryl is a Board of Director for Area Agency on Aging for Northeastern Illinois and is active in industry organizations and community outreach activities that assist seniors and improve their quality of living and care.

Trips and Tours

Travel to far-away destinations or make new discoveries close to home. Explore Local Excursions and Extended Tours created and curated by Community Education.

For more details and registration information, visit us online at waubonsee.edu/trips or call our travel specialist at (630) 466-2360

LOCAL EXCURSIONS

This is Janesville – White Bag Tour

It's another White Bag tour – this time to Janesville, WI, start the day at MacFarlane Pheasants the world's largest private game bird farm, provider of hunting birds for Prince Charles and the meal for President Obama's inauguration dinner. Relive the charm of the 'good old days' at Wisconsin Wagon as you watch master toy makers recreate the famous Janesville Coaster Wagon. Tour Bliss Communications, publisher of the Janesville Gazette and others, 54,000-square-foot state-of-the-art newspaper facility, housing the newspaper's pre-press, press, packaging/distribution and newsprint storage operations. Wrap up the day at K & W Greenery, a nearly two-acre indoor greenhouse and growing operation, featuring collectibles and stylish home décor. Collect freebies along the way in the white bag we provide. Lunch also included. Register/Refund by September 11, 2019.

TRP893.001 (11192)
Wednesday, September 25, 2019
7 a.m. – 6:30 p.m.
\$99
Depart and return: Sugar Grove Campus



The Royal George Theatre – MiraCle

Set against the backdrop of the Chicago Cubs 2016 championship season, this heartwarming story chronicles the life of a northside family whose lives for generations have been intrinsically linked to the Cubbies. As times change and the family business faces the threat of a growing neighborhood, can they keep the faith, not just in their team, but each other? Lunch at Harry Caray's. Register/Refund by October 3, 2019.

TRP827.001 (11215)
Thursday, October 17, 2019
9 a.m. – 6:45 p.m.
\$129
Depart and return: Sugar Grove Campus and Home Depot, Orchard Road, Aurora

Rosewood Dinner Theatre – Country Crossroads

Featuring their newly released recording, "Country Crossroads," the music of Mark, Gretch and Jo highlight three of their original compositions along with songs from artists such as – James Taylor, Nitty Gritty Dirt Band, Pure Prairie League, Crosby Stills and Nash, The Eagles, The Dixie Chicks, Darius Rucker, Flatt Lonesome, Zack Brown Band, Sugarland, Lady Antebellum and Little Big Town. Farm to table lunch includes a pasta station, carving station, hot vegetables, cold salad bar and the Rosewood Sweets Table. A stop at Swiss Maid Bakery for a treat and shopping on the way home. Register/Refund by October 31.

TRP890.001 (11194)
Thursday, November 14, 2019
10:15 a.m. – 6:30 p.m.
\$99
Depart and return: Sugar Grove Campus



The Best of the Barn Christmas

Drawing from 10 years of holiday revues, The Barn III of Goodfield, IL, presents "The Best of the Barn Christmas," featuring their most popular musical and comedy performances sure to bring in the holiday spirit. Enjoy wonderful renditions of holiday classics, hilarious sketches and audience participation opportunities. A drive through East Peoria's Festival of Lights electric park, Folepi's Winter Wonderland, is featured on the way home. Register/Refund November 22, 2019

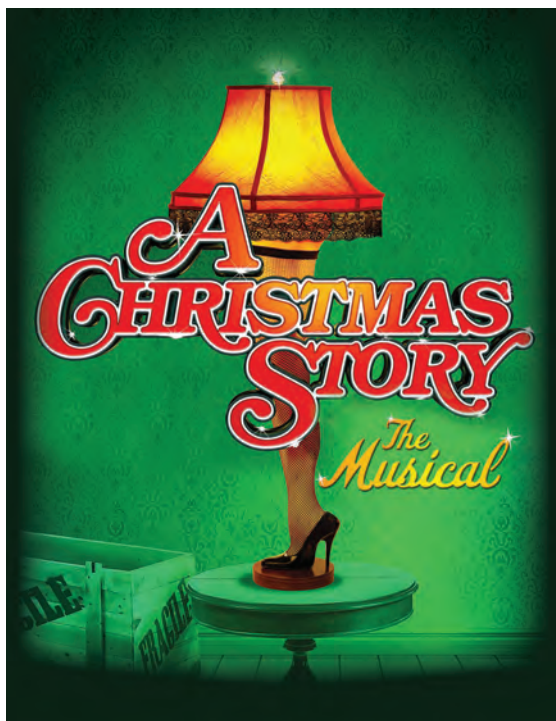
TRP837.001 (11196)

Sunday, December 8, 2019

10 a.m. – 8:30 p.m.

\$99

Depart and return: Sugar Grove Campus and Plano Campus



Fireside Theatre – A Christmas Story

Ralphie wants only one thing for Christmas: An Official Red Ryder Carbine-Action 200-Shot Range Model Air Rifle. "A Christmas Story The Musical" is the hilarious account of Ralphie's desperate quest to ensure that this most perfect of gifts ends up under his tree this Christmas. Based on the classic 1983 movie that has become a holiday tradition, "A Christmas Story The Musical" captures holiday wonder with such deliciously wicked wit that it is sure to delight children and grown-ups alike! A stop at Jones Dairy Farm on the way to the show. Register/Refund by December 3.

TRP891.001 (11195)

Tuesday, December 17, 2019

7:15 a.m. – 6:30 p.m.

\$99

Depart and return: Sugar Grove Campus



EXTENDED TOURS

Irish Discovery

Cosmos

Breathtaking, lush landscapes combined with vibrant cities and historic attractions—all of this and more await you on this Irish Discovery tour, including Northern Ireland. Starting and ending in Dublin, explore Ireland in depth and hear exciting stories of its rich history, legends, and myths.

March 11 – 20, 2020

\$1548 per person, double, plus add additional \$1625 per person air from Chicago

Final Payment by January 7, 2020

New York City

Fancy Free Holidays

A New York City Experience not to miss! Experience a 4-Star Millennium Broadway hotel, walking tours, subways and a view of this vibrant city from the Top of the Rock. Enjoy a walking tour of Battery Park to include St. Paul's Church, Trinity Church, the Stock Exchange and Wall Street. Stops at Little Italy and Chinatown and a visit to National 9/11 Memorial and Museum.

May 2 – 9, 2020

\$2919 per person double

Motorcoach Tour with home pick-up

Final Payment by January 31, 2020

Jewel of the Rhine River

Mayflower Cruises and Tours

Enjoy a relaxing and inspiring cruise on the romantic Rhine, Europe's longest river. Travel onboard a modern luxurious ship, visiting iconic ports of call, sampling incredible cuisine, and absorbing the local culture and atmosphere.

June 6 – 16, 2020

\$4149 per person double, Riviera Deck, plus additional \$675 per person, 2 for 1 air from ORD

Final Payment by March 6, 2020

Mackinac Island Lilac Festival featuring the Grand Hotel

American Classic Tours

Experience a landmark of Victorian elegance and charm – the Grand Hotel of Mackinac Island. Listen to the harpist at afternoon tea. Unwind in a rocking chair on the magnificent porch. Relish the tradition of horse-drawn carriage rides. Dance the night away in the ballroom. Plus, enjoy free time to take in the sights & sounds of the Lilac Festival including the charming, afternoon Lilac Festival Parade from your complimentary canvas chair.

June 11–16, 2020

\$2549 per person double

Motorcoach Tour

Final Payment by March 10, 2020

New England, Cape Cod and Autumn Foliage

Mayflower Cruises and Tours

Enjoy the tranquil backroads of Vermont, the monumental mansions of Rhode Island, the gingerbread cottages of Martha's Vineyard and the history of Boston while taking in the best autumn colors New England has to offer.

October 6 - 13, 2020

\$3114 per person double, Free air from Chicago if under deposit by Sept 30, 2019

Final Payment by July 16, 2020

The Canadian Rockies and Rocky Mountaineer

Vacations By Rail

The Canadian Rockies await your discovery! Traverse magnificent landscapes aboard the famed Rocky Mountaineer. Watch Canada's varied scenery unfold moving through the country by deluxe day-time only train and motor coach. Begin with a city tour in Vancouver, visit Kamloops, Jasper and Banff. Includes Maligne Lake, Spirit Island, Icefields, and a gondola ride to the top of Sulphur mountain for breath-taking views.

September 20 - 27, 2020

\$4395 per person double

Air not included to Vancouver/from Calgary

Final Payment by June 20, 2020

Philadelphia, Amish Country and Brandywine Valley

Premier World Discovery

Stay five nights in the city of brotherly love and visit sights such as Valley Forge National Historic Park, Independence Hall & the Liberty Bell, National Constitution Center, Brandywine Valley, two former DuPont Mansions, Hershey's Chocolate World and Pennsylvania Amish Country.

September 13 - 18, 2020

\$2345 per person double

Includes air to/from Philadelphia

Final Payment by June 21, 2020



Community Events

City of Aurora and the UCA IL (United Chinese American Illinois Chapter) Present Chinese Traditional Music and Demonstration

Menghua Guan, Kerry Leung, Alan Geng

Understand the history and meaning of Chinese traditional music and gain knowledge of the instruments and performance styles of traditional Chinese classical music. Menghua Guan, professional Chinese zither; Kerry Leung, Pipa lute, Erhu fiddles, Bamboo flutist; and Alan Geng, Bamboo flutist, Bawu and Hulushi, share their knowledge and skills to help one appreciate and enjoy the music.

Friday, September 6, 2019

Aurora Downtown Campus

Multi-Purpose Room

7 p.m.

FREE

RSVP to this free event at waubonsee.edu/EnrichEvents

Menghua Guan is a professional Chinese zither (Guzheng) performer and tutor in the Chicago area. Menghua has lectured at the Chicago Public Library, Roosevelt University, College of DuPage and has performed at the Chicago Confucius Institute and at the Chinese New Year Events held by Chinese Consulate in Chicago. Menghua was also invited to a Chinese zither concerto performance in the Jay Pritzker Pavilion in Millennium Park with the Chicago Jazz Philharmonic in 2018.

Kerry Leung is a Chinese multi-instrumentalist specializing in Bamboo flutes, Pipa lute and Erhu fiddles. Kerry has been a member of the Chinese music society of North America and has performed with its silk and bamboo ensemble throughout the United States. Recently, he has performed solo concerts with five traditional instruments both in the Chicago Botanic Garden and in the Morton Arboretum.

Alan Geng, born in Beijing, China, has performed throughout Chicago. Alan's interests include Chinese local instruments such as Bamboo flute, Bawu and Hulushi. Alan enjoys sharing his knowledge of Chinese traditional culture, music instruments and dance with friends.

UCA IL is a non-profit and nonpartisan organization. The mission of UCA IL is civic engagement, heritage sharing and youth development.





Sifting through the Ashes of Truth: John Peter Altgeld, The Press, and the Internet's Fake News Conundrum

Bryan S. Murley,
Journalism Associate Professor,
Eastern Illinois University,
Sponsored by Illinois Humanities
Serving as Illinois governor from 1893-1897, John Peter Altgeld was Illinois' first "progressive" governor. Throughout his public life, he learned much about how the press could twist and obscure the facts of an event to present "fake news." Yes, "fake news" was as much a problem for the 19th century as it is today.

How can we as citizens in a democracy better navigate the oceans of information surrounding us and make sense of it all? Beginning with Governor Altgeld, Bryan Murley, Associate Professor, Eastern Illinois University, will lay out an alternative to the toxic media environment that permeates our times and enable citizens to become informed news consumers using media literacy tools online and off.

Bryan Murley teaches journalism at Eastern Illinois University, focusing primarily on digital media, ethics and media literacy. Murley has studied Peter Altgeld for lessons about journalism, politics, and progress that might be gleaned for the 21st century.

Thursday, October 3, 2019
APC 110A
7 p.m.
FREE

RSVP to this free event at
waubonsee.edu/EnrichEvents

This program is made possible through funding by Illinois Humanities.

An Expedition to the Capitol: Working with Lawmakers to Ensure Legislation Incorporates the Geoscience Perspective

Mike Phillips
Geology Professor
Illinois Valley Community College

Each year, state legislators and Congresspersons introduce tens of thousands of bills at the state and federal level. Many of those bills address issues of interest to, and could use input from, geoscientists. Unfortunately, identifying relevant bills and becoming involved in the legislative process can be as difficult as doing geology on Mars. However, just as careful planning and engineering can put a rover on Mars, so, too, can careful effort put a geoscientist into the capitol and the law-making process.

Thursday, October 24, 2019
Sugar Grove Campus, Auditorium
7 p.m.
FREE

RSVP for this free event at waubonsee.edu/EnrichEvents

Eclipses: The Myths and Magic Behind Nature's Perfect Alignment

Michael Wilson
Adjunct Instructor
Waubonsee Community College

Throughout human history, lunar and solar eclipses have been regarded as a wonder of nature. Special significance is often assigned to these events. Over time, research has revealed how, when, and where they occur, but upcoming eclipses are still greeted with anticipation.

This presentation will look at some early beliefs surrounding eclipses, the science behind them and unique features that make them exciting to personally experience.

Thursday, November 14, 2019
Sugar Grove Campus, Auditorium
7 p.m.
FREE

RSVP for this free event at waubonsee.edu/EnrichEvents



Community Theatre

CHILDREN OF EDEN

Fox Country Players – “Children of Eden”

From musical theatre greats Stephen Schwartz (Wicked, Pippin, Godspell) and John Caird comes a joyous and inspirational musical about parents, children and faith. Adam, Eve, Noah and the "Father" who created them deal with the headstrong, cataclysmic actions of their respective children. The show ultimately delivers a bittersweet but inspiring message: that "the hardest part of love... is letting go." With beautiful music, this beloved, biblical story will be enjoyed by the whole family.

Friday, October 11 and 18, 7 p.m.

Saturday, October 12 and 19, 7 p.m.

Sunday, October 13 and 20, 2 p.m.

\$20 Adults

\$15 Students and Seniors.

(plus a small convenience fee)

Running time: approximately 135 minutes, one 15-minute intermission

Auditions will be July 28, 29, 30 – visit foxcountryplayers.org for more information.

PURCHASE TICKETS AT
www.waubonseetickets.com

*Presented by Community Education and the
Fox Country Players*





Fox Valley Festival Chorus Presents: "Sleigh Bells Ring, Are You Listening?"

Come in from the cold! Bask in the warmth of holiday music as the Fox Valley Festival Chorus presents its winter concert, "Sleigh Bells Ring, Are You Listening?"

Under the direction of Mary Beth McCarthy and accompanied by Bonnie Werthmann and the Fox Valley Festival Brass, the Chorus will perform a selection of sacred and traditional offerings along with melodies guaranteed to enhance the holiday season. A reception will follow.

Saturday, December 14, 2019

3 p.m.

Waubonsee Sugar Grove Campus - Auditorium

\$16 for adults (*plus a small convenience fee*)

\$11 for seniors (65+) and children (12 and under); (*plus a small convenience fee*)

ABOUT THE CHORUS

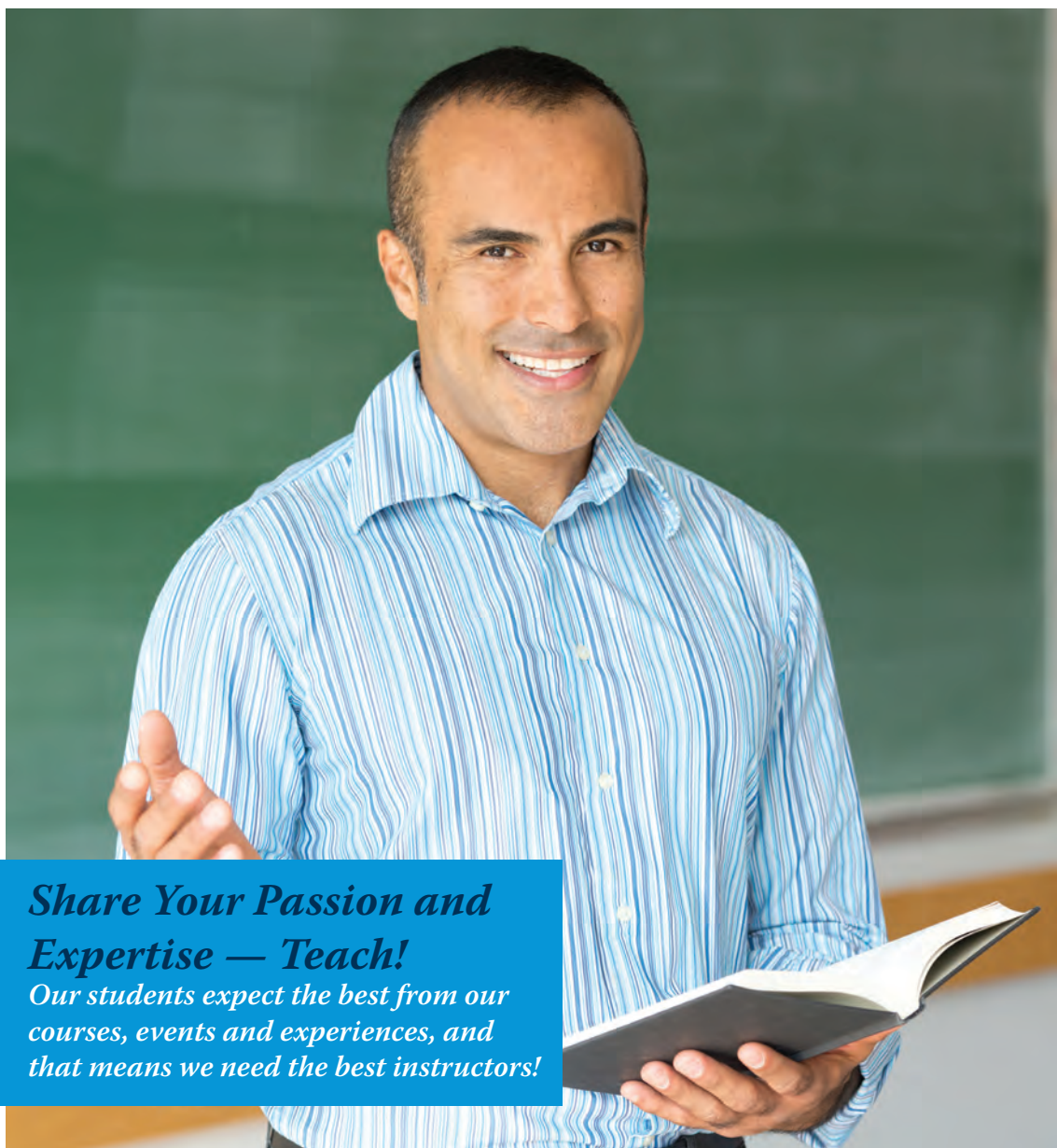
Providing musical entertainment in the Fox Valley area since 1950, members come from varied backgrounds – from high school students to retirees, and from novice singers to professional musicians.

In addition to presenting concerts locally, the group sang at Carnegie Hall in 2013 and at Lincoln Center in 2015. In 2017, the Chorus embarked upon a tour of Italy, performing at the Vatican, in addition to churches, basilicas and cathedrals in Venice, Florence, and Assisi. Earlier this year, FVFC traveled to the Silent Night Chapel, Casa Loma Castle, the Royal Ontario Museum, and the Rock and Roll Hall of Fame performing at these acclaimed venues.

PURCHASE TICKETS AT

www.waubonseetickets.com

**For more information about the Fox Valley Festival Chorus, visit
www.foxvalleyfc.org**



Share Your Passion and Expertise — Teach!

Our students expect the best from our courses, events and experiences, and that means we need the best instructors!

PERSONAL ENRICHMENT

Discover how you can partner with Community Education to create and teach a personal enrichment course or host a Unique Local Experience. You'll inspire and inform others with your enthusiasm and expertise. You'll also be promoting your business and making extra money, too.

PROFESSIONAL DEVELOPMENT

Professional subject matter experts are needed in a variety of areas, especially those who are bilingual. Share your knowledge and improve your industry by working with us.

For more details and to apply, visit
waubonsee.edu/employment



PROFESSIONAL DEVELOPMENT Work

This is Your Future!

Develop Your Potential

Enhance Your Skills

Take Charge of Your Career

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American
Heart
Association®

AUTHORIZED
TRAINING
C E N T E R

Anyone can learn CPR—and everyone should!

Cardiac emergencies happen everywhere: in the workplace, at home, out in the world. You know bystander CPR increases a victim's chance of survival. Equip yourself with skills to act quickly in emergencies and ultimately save lives with our community-focused training in general first aid, instructor certification and several CPR/AED courses.

- **Basic Life Support (BLS) Provider Training**
for health care professionals includes initial certification and certification renewal
- **Heartsaver CPR/AED**
courses for community members also meet DCFS requirements for child care providers

Waubonsee Community College is an American Heart Association (AHA) Training Center. Two-year AHA certifications can be provided in CPR/AED and First Aid. We provide a regular schedule of CPR classes on campus and also bring training to businesses and organizations. Our expert instructors ensure consistent, high-quality training and hands-on practice in key techniques.

- First aid procedures
- CPR techniques
- AED usage
- Bloodborne pathogens controls



See the following pages to explore your options. If you need help choosing the right course, call (630) 870-3902.



AMERICAN HEART ASSOCIATION

HEALTH CARE PROFESSIONALS

MENTAL HEALTH FIRST AID

This 8-hour course incorporates an evidence-based curriculum that is appropriate for educators, health care professionals, first responders, human resource professionals, social service staff, and caring citizens. Participants will learn how to identify risk factors for and warning signs of several mental health issues including: major depression, anxiety disorder, psychosis, substance abuse and suicidal behavior. The Mental Health First Aid course provides participants with strategies for managing crises and identifying appropriate mental health treatment resources. Upon successful completion of the course, participants will receive the nationally-recognized certification in Mental Health First Aid. COURSE FEE: \$99

ALT901.600 (11150)
6:30 p.m.- 8:30pm TTh
FOXVLY218 Jones
Meets between: Oct. 15-Oct. 21

BLS PROVIDER CPR

High-quality CPR is the foundation of lifesaving resuscitation for cardiac arrest victims. Whether you're certifying for the first time or renewing, this nationally-recognized American Heart Association course provides you confidence-building skills from instructors who can provide real-life experience. You will learn both single-rescuer and team basic life support skills for application in both pre-hospital and in-facility environments, with a focus on high-quality CPR and team dynamics. Plus, you will participate in simulated clinical scenarios and learning stations. Successful completion of hands-on skills testing and a written examination are required for a two-year certification. This is the appropriate course for Nursing and Health Professions students. COURSE FEE: \$99

AHA920.600 (11134)
5:30 p.m.-9:30 p.m. W
FOXVLY217 Salvador
Meets on: Aug. 21

AHA920.601 (11135)
5:30 p.m.-9:30 p.m. Th
FOXVLY217 Ries
Meets on: Aug. 22

AHA920.800 (11137)
8 a.m.-Noon Sa
FOXVLY217 Ziemnik
Meets on: Aug. 24

AHA920.801 (11143)
8 a.m.-Noon Sa
FOXVLY217 Ries
Meets on: Sep. 7

AHA920.602 (11138)
5:30 p.m.-9:30 p.m. T
FOXVLY217 Ziemnik
Meets on: Sep. 10

AHA920.603 (11139)
5:30 p.m.-9:30 p.m. Th
FOXVLY217 Salvador
Meets on: Sep. 26

AHA920.802 (11144)
8 a.m.-Noon Sa
FOXVLY217 Ries
Meets on: Oct. 5

AHA920.604 (11140)
5:30 p.m.-9:30 p.m. T
FOXVLY217 Ziemnik
Meets on: Oct. 15

AHA920.605 (11141)
5:30 p.m.-9:30 p.m. Th
FOXVLY217 Ziemnik
Meets on: Oct. 24

AHA920.803 (11145)
8 a.m.-Noon Sa
FOXVLY217 Ziemnik
Meets on: Dec. 7

AHA920.606 (11142)
5:30 p.m.-9:30 p.m. Th
FOXVLY217 Salvador
Meets on: Dec. 12

*For more information on
how to read this schedule,
see page 45.*



American
Heart
Association®

**AUTHORIZED
TRAINING
CENTER**

COMMUNITY MEMBERS

HEARTSAVER CPR/AED FOR ADULTS, CHILDREN, AND INFANTS

According to the Occupational Safety and Health Administration (OSHA), nearly 80 percent of sudden cardiac arrests occur outside the hospital. Bystander CPR increases a victim's chance of survival. Through our Heartsaver CPR AED Course, taught by seasoned instructors with real-life experience, you gain the confidence and skills to respond. Using the American Heart Association's research-proven Practice-While-Watching (PWW) technique allows instructors to provide feedback while participants gain hands-on experience performing CPR and working with an AED. Successful completion of hands-on skills testing is required for certification. Note: Meets DCFS requirements for child care providers. Does NOT meet the requirements for healthcare professionals or healthcare students. Fee Includes: Student Manual and materials
COURSE FEE: \$79

AHA902.600 (11124)
5:30 p.m.-9:30 p.m. Th
FOXVLY217 Baum
Meets on: Sep. 5

AHA902.601 (11125)
5:30 p.m.-9:30 p.m. W
FOXVLY217 Ries
Meets on: Oct. 16

AHA902.602 (11126)
5:30 p.m.-9:30 p.m. W
FOXVLY217 McCornack
Meets on: Nov. 20

AHA902.603 (11127)
5:30 p.m.-9:30 p.m. W
FOXVLY217 Ries
Meets on: Dec. 11

HEARTSAVER FIRST AID

The CDC reports more than 30 million emergency room visits due to unintentional injury annually. A quick and effective response can drastically impact the outcome for the victim. Our Heartsaver First Aid Course teaches you the critical skills needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. In this course, you learn how to treat bleeding, sprains, broken bones, shock, allergic reaction and other first aid emergencies. Successful completion of hands-on skills testing is required for certification. Note: Meets DCFS requirements for child care providers. Fee Includes: Student Manual and materials.

COURSE FEE: \$79

AHA916.800 (11128)
8 a.m.-Noon Sa
FOXVLY217 Staff
Meets on: Sep. 21

AHA916.801 (11129)
8 a.m.-Noon Sa
FOXVLY217 Ziemnik
Meets on: Oct. 19

HEARTSAVER FIRST AID, CPR/AED FOR ADULTS, CHILDREN AND INFANTS

Learn basic CPR and relief of choking skills for adults and children and how to use an Automated External Defibrillator (AED). First Aid techniques are included. Successful participants will receive CPR-AED and First Aid certification that is valid for two years. Fee Includes: Student Manual and materials.
COURSE FEE: \$99

AHA926.800 (11147)
8 a.m.-4:00pm Sa
FOXVLY217 Ries
Meets on: Nov. 9

INSTRUCTORS

AHA INSTRUCTOR CERTIFICATION FOR BLS CPR AND HEARTSAVER CPR AND FIRST AID

A career as a CPR Instructor allows you to provide countless individuals the knowledge to provide help during a cardiac or breathing emergency. This course provides two-year certification as a BLS CPR Instructor. BLS CPR Instructors are also qualified to teach Heartsaver CPR and First Aid classes. Note: Students must provide a copy of the current American Heart Association BLS certification card and complete the American Heart Association New Instructor Application form in order to be considered for class registration. Please contact Deb Jones at (630) 870-3902 or djones1@waubonsee.edu for the required paperwork. Fee includes: Online prework; Instructor manual.
COURSE FEE: \$299

AHA925.001 (11146)
8 a.m.-4:00pm Th
FOXVLY206 Ries
Meets on: Oct. 17

AMERICAN HEART ASSOCIATION CPR INSTRUCTOR RENEWAL

This course is one requirement for renewing instructor certification. Successful completion of hands-on skills testing and a written examination is also required for two-year certification. In order to attend, participants must present their current BLS Provider or Heartsaver Instructor card in class and bring their copy of the Instructor Manual.
COURSE FEE: \$99

AHA930.600 (11148)
5:30 p.m.-9:30 p.m. T
FOXVLY217 Salvador
Meets on: Sep. 24

AHA930.601 (11149)
5:30 p.m.-9:30 p.m. W
FOXVLY217 Salvador
Meets on: Nov. 13

For more information on how to read this schedule, see page 45.

COMPUTER SOFTWARE

COMPUTER SUPPORT

W COMPTIA A+ CERTIFICATION TRAINING

Earn certification after you pass two exams. The CompTIA A+ Certification exam 220-901 covers the foundational hardware knowledge a PC support technician should know. The CompTIA A+ Certification exam 220-901 covers the operating system, virtualization, mobile device management and hardware troubleshooting skills.

CLASS FEE

(with exam voucher): \$1,995

CLASS FEE

(no exam voucher): \$1,695

Enroll anytime for this online course.

Learn more at:

waubonsee.edu/ProComp

GOOGLE

GOOGLE FOR BUSINESS

The portability of the Google productivity applications has created a demand for Google skills in the workplace. In this course students will be introduced to the Google Drive and will create slides, docs, and sheets. A Gmail account is required for participation. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

GGL900.950 (11238) TBA HYBRID Azhar

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, HCC 101.

Meets between: Oct. 14-Oct. 25



START YOUR CAREER IN IT WITH THE GOOGLE IT SUPPORT PROFESSIONAL CERTIFICATE

In less than one year, you could train to fill one of 150,000 IT support jobs across the country, making an average of \$52,000 — while paying just \$189.

Learn online through Waubonsee and Google in this unique program that includes five courses:

- Technical Support Fundamentals
- The Bits and Bytes of Computer Networking
- Operating Systems and You: Becoming a Power User
- System Administration and IT Infrastructure Services
- IT Security: Defense Against the Digital Dark Arts

To find out more, visit waubonsee.edu/ProComp

UNEMPLOYED AND IN NEED OF FINANCIAL ASSISTANCE TO BEGIN A NEW CAREER?

WIOA-approved training programs offer a solution.

The Workforce Innovation and Opportunity Act (WIOA) provides financial assistance for the unemployed to receive training in high-demand occupations. Illinois workNet Centers can provide information on these programs and help you reach your training and employment goals.

STEP 1: Visit www.illinoisworknet.com for more information or stop by one of the Illinois workNet Centers.

STEP 2: If you have been approved for WIOA funds, please contact Workforce Education and Training at (630) 466-2356 to confirm program specifics. Look for the WIOA symbol, marking approved programs throughout this schedule.

W = WIOA-approved program

INFORMATION SECURITY

ADVANCED PC SECURITY

Use ethical hacking techniques to locate and close security holes in your own network. You will discover the complex method of electronic breaking and entering. CLASS FEE: \$149

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProComp

CERTIFIED INFORMATION SYSTEMS SECURITY PROFESSIONAL (CISSP)

Information security has become a critical part of virtually every organization — no matter the industry. The Certified Information Systems Security Professional (CISSP) training is an engaging, fully online program that provides in-depth instruction in key area related to information / cyber security. CLASS FEE: \$1,995

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProComp

CERTIFIED INFORMATION SYSTEMS AUDITOR (CISA)

Information security is one of the fastest-growing career paths in the IT industry and professionals with Certified Information System Auditor (CISA) certification are already a step ahead of their competition. This certification is extremely technical, your abilities more than other certifications might.

CLASS FEE
(with exam voucher): \$1,395
CLASS FEE
(no exam voucher): \$795

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProComp

CERTIFIED INFORMATION SECURITY MANAGER (CISM)

Information security is without question one of the hottest and most lucrative areas of the field. The CISM cybersecurity certification promotes consistent international practices and provides management with reassurance of your skills.

CLASS FEE
(with exam voucher): \$1,395
CLASS FEE
(no exam voucher): \$795

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProComp

INFORMATION SECURITY TRAINING

This training program includes three of the most valuable certifications in IT security — certifications that command some of the most lucrative salaries. You will complete training for the CISA, CISM and CISSP certifications. The vendor-neutral CISSP certification is the ideal credential for those looking to learn deep technical and managerial competence.

CLASS FEE
(with exam voucher): \$3,295
CLASS FEE
(no exam voucher): \$1,795

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProComp

OFFICE SUITES

INTRODUCTION TO MICROSOFT OUTLOOK 2019

Get up to speed with the latest development in Outlook, including how to manage your e-mail, calendar, and contacts and how to get the most out of program tools such as Search Folders and Quick Steps.

CLASS FEE: \$189

OPS900.001 (11237)
9 a.m.-11 a.m. F
HCC101 Azhar

Meets between: Nov. 1-Nov. 15

SPREADSHEET

INTRODUCTION TO MICROSOFT EXCEL 2016

Participants in this class learn the basics of electronic spreadsheet creation. Topics include: screen and toolbar identification; working with new and existing workbooks; text and value entry; using simple formulas; navigating throughout a worksheet; inserting and deleting columns, rows, cells and named ranges; relative and mixed cell references and font adjustments to increase the readability of your spreadsheet. Fee includes: materials.

Prereq: A basic knowledge of Windows.

CLASS FEE: \$189

SPR900.800 (11240)
8:30 a.m.-11:30 a.m. Sa
HCC101 Bonn

Meets between: Sep. 21-Oct. 5

INTERMEDIATE MICROSOFT EXCEL 2016

This seminar enhances the skills learned in Excel Level 1. Participants will be introduced to: workbook data management, table usage techniques including references for using formulas and data analysis. Students will also learn how to automate tasks, enhance charts, share files and incorporate Web information. Fee includes: materials.

Prereq: Completion of Introduction to Microsoft Excel 2016 or equivalent experience. CLASS FEE: \$189

SPR901.800 (11241)
8:30 a.m.-11:30 a.m. Sa
HCC101 Bonn

Meets between: Oct. 12-Oct. 26



ADVANCED MICROSOFT EXCEL 2016

Increase spreadsheet skills by learning advanced features of the software. Topics covered include working with lists; using basic analysis tools including scenarios and maps; working with pivot tables and database queries; and importing and exporting files. Fee includes: materials.

Prereq: Completion of Intermediate Microsoft Excel 2016 or equivalent experience.

CLASS FEE: \$189

SPR902.800 (11242)

8:30 a.m.-11:30 a.m. Sa
HCC101 Bonn

Meets between: Nov. 2-Nov. 16

HEALTH AND SAFETY

CONSTRUCTION

HOME INSPECTION

This class will prepare you for the Illinois Home Inspector License exam which is required to do home inspections in Illinois. The course combines online learning with a hands-on classroom portion. The online learning component includes such topics as structure, exteriors, roofs, plumbing, electrical, heating, cooling, interiors, insulation and ventilation. In the classroom portion, you will learn how to conduct and document a standards-based high-quality home inspection, as well as how to protect yourself from liability. You will perform actual inspections under the instructor's guidance. Note: In order to benefit from the hands-on classroom portion of this course, you should register several weeks in advance in order to complete your online studies prior to the class dates.

COURSE FEE: \$1,845

CST901.001 (11154)

8 a.m.-6 p.m. MTWThF
APC158 Staff

Meets between: Nov. 11-Nov. 15

FOOD SERVICE AND SANITATION

FOOD SERVICE SANITATION MANAGER CERTIFICATION EXAM PREP (1-DAY)

This eight-hour course offers content targeted to supervisory personnel in food service, provides key concepts in: controlling foodborne illness regulations, safe food storage and handling, pest control, sanitizing procedures, equipment design, and facility construction. The course finishes with the administration of the ServSafe exam.

Note: A FSSMC is earned by completing an approved eight hour course with an Illinois approved instructor and passing a national exam accredited by the Conference for Food Protection (CFP) with a 75% or higher, then paying a fee to The Illinois Department of Public Health (IDPH) for the certificate, which is valid for five years from the exam date. For more information visit: <http://www.dph.illinois.gov/topics-services/food-safety/fssmc>

The National Restaurant Association provides an ANSI-CFP Accredited Exam (ServSafe) that is recognized by the IDPH. For more information visit: <http://www.servsafe.com/regulatory-information/illinois-manager-regulatory-changes> Fee includes: Exam.

COURSE FEE: \$179

FSS907.001 (11151)

8 a.m.-5:00pm M
FOXVLY206 Brewster
Meets on: Aug. 19

FSS907.002 (11152)

8 a.m.-5:00pm M
FOXVLY144 Brewster
Meets on: Oct. 21

FSS907.003 (11153)

8 a.m.-5:00pm W
FOXVLY222 Brewster
Meets on: Dec. 4

*For more information on
how to read this schedule,
see page 45.*



ILLINOIS FOOD HANDLER TRAINING

This ANSI-accredited online Food Handler Training course is approved for use in the State of Illinois. Required for all food handlers at places of employment such as restaurants, fast food, concession stands, hospitals, licensed day care facility, and nursing homes within 30 days of hire.

Do not buy the Food Handler Training if you hold a valid Food Protection Manager Certification pursuant to current food safety law.

Upon successful completion of your course and test, you will print your Food Handler Card. This card is valid for 3 years.

Compatible Devices: computers, tablets, and smartphone-no need for any other downloads
CLASS FEE: \$9.95

Enroll anytime for this online course.
Learn more at:

waubonsee.edu/ProHealth

HEALTH CARE PROFESSIONS

CERTIFICATE IN GERONTOLOGY

Appropriate for anyone currently working or planning to work with older adults, this certificate consists of 11 total courses:

- Introduction To Gerontology
- Physiology of Aging
- Mental Health and Aging
- Healthy Aging
- Pain Assessment and Management in the Older Adult
- Death and Dying
- Sleep and Aging
- The Older Woman
- Elder Abuse
- Aging and Disorders of Communication
- Alzheimer's Disease: Mysteries and Possibilities

Note: This certificate does constitute 25 continuing education contact hours for nurses and diabetes educators.

CLASS FEE: \$259

Enroll anytime for this online course.
Learn more at

waubonsee.edu/ProHealth

CERTIFICATE IN LEGAL AND ETHICAL ISSUES IN HEALTHCARE

The Legal and Ethical Issues in Healthcare certificate program consists of a total of 8 courses:

- Legal Issues in Healthcare
- Ethical Foundations in Healthcare
- Contemporary Ethical Dilemmas in Healthcare
- HIPAA and Patient Privacy
- Medication Errors
- Social Media and Healthcare
- Organ and Tissue Donation and Recovery
- Workplace Violence in Healthcare

Note: This certificate does constitute 12 continuing education contact hours for nurses and diabetes educators.
CLASS FEE: \$109

Enroll anytime for this online course.
Learn more at

waubonsee.edu/Pro Health

CERTIFICATE IN STRESS MANAGEMENT

In this certificate program, you'll explore the physiological, social, and psychological impacts of stress and study modalities to get it under control. You'll examine the relationship between stress and health, nutrition, and physical activity, and discover how stress can develop in the workplace. You'll trace both the psychological and physiological effects of stress, and understand how stress affects health and wellbeing. Finally, you'll learn about the different therapies that can help reduce stress. At the end of this program, you'll appreciate the importance of recognizing the impact of stress, and you'll have gained knowledge of strategies and therapies to reduce and manage stress.

Note: This certificate does constitute 14 continuing education contact hours for nurses, diabetes educators and massage therapists.
CLASS FEE: \$119

Enroll anytime for this online course.
Learn more at

waubonsee.edu/Pro Health

For more information on how to read this schedule, see page 45.

CERTIFICATE IN VIOLENCE PREVENTION AND AWARENESS

In this certificate program, you'll examine the various instances of violence that you may encounter in your work as a medical professional.

The program begins by examining workplace violence, which is a major source of inequality, discrimination, stigmatization, and workplace conflict. Then it goes on to explore other types of violence including domestic violence, elder abuse, child abuse, and the various forms of sexual assault. In addition, the program takes a close look at one form of violence that is an important public health concern — pediatric abusive head trauma — also known as “shaken baby syndrome.”

Designed for medical professionals, this certificate program offers important insights into the signs of violence that may be presented by patients in a healthcare setting. By the end of this program, you'll have the information you need to respond to and help prevent these forms of violence.

Note: This certificate does constitute 13 continuing education contact hours for nurses, diabetes educators and massage therapists. CLASS FEE: \$109

Enroll anytime for this online course. Learn more at

waubonsee.edu/ProHealth

CBCS MEDICAL BILLING AND CODING

CBCS Medical Billing and Coding is an ideal program for students new to a medical career. If you're seeking entry into the healthcare industry, this comprehensive program will provide you with all of the information you need to earn a certification in medical billing and coding. You will build a foundation of medical vocabulary to help you better understand the contents of a patient's medical record, as well as notes from practicing physicians. In addition, you'll learn current medical coding standards, so you can be successful within the industry.

Upon completion of this program, you will be prepared to sit for the Certified Billing and Coding Specialist (CBCS) exam, offered by the National Healthcareer Association (NHA). The registration fee for this exam is included with this program.

CLASS FEE (with exam voucher): \$2,590
Enroll anytime for this online course. Learn more at:

waubonsee.edu/ProHealth

CERTIFIED ELECTRONIC HEALTH RECORDS SPECIALIST

In this program, you'll learn the ins and outs of electronic health records (EHR) systems, along with the many benefits they offer medical practices. You'll get hands-on practice using real EHR software as you prepare to take the National Healthcareer Association's (NHA) CEHRS certification exam.

CLASS FEE (with exam voucher): \$1,795

Enroll anytime for this online course. Learn more at:

waubonsee.edu/ProHealth

SAFETY

LOCKOUT/TAGOUT

OSHA's lockout/tagout requirements are intended to ensure maintenance persons and others are protected from the unexpected energization of machines and equipment when they are being serviced or maintained. It is one of the most rigorous of all OSHA's requirements. Many companies still need to come into compliance with this important standard. This course will cover control procedures, periodic inspection, contractor safety, employee training, setting up a program and more.

COURSE FEE: \$99

SAF901.001 (11155)
Noon-2:00pm T
FOXVLY217 Salvador
Meets on: Sep. 17

OSHA CONFINED SPACE STANDARD

If your confined space entry program needs updating, you should attend this OSHA permit-required confined space training session. We will take an in-depth look at your company's requirements as mandated by OSHA's permit-required confined space standard 1910.146. Learn how to recognize and characterize a confined space, common hazards, duties of entrants, attendants, supervisors and communication and rescue requirements. Remember that atmospheric hazards are some of the most deadly hazards in the workplace. Attend this seminar and help your work crews be better prepared to control those hazards. Fee includes: materials. COURSE FEE: \$99

SAF907.001 (11156)
2:30 p.m.-4:30 p.m.-T
FOXVLY217 Salvador
Meets on: Sep. 17



ARC FLASH AND NFPA 70E

Learn about the new focus of the NFPA 70E covering Arc Flash Safety. We will cover highlights of the NFPA 70E Standard 'Electrical Safety in the Workplace'. The course will include understanding arc flash/arc blast; requirements for qualified persons; arc flash PPE; Arc Flash and Shock Approach Boundary distances; case studies; how NFPA 70E relates to OSHA requirements and more.
COURSE FEE: \$99

SAF969.001 (11157)

8 a.m.-4:30 p.m.-F
FOXVLY218 Staff

Meets on: Sep. 20

OSHA 10-HOUR FOR GENERAL INDUSTRY

Attend this two-day course to learn about OSHA safety requirements in the workplace. Each student will earn their OSHA safety card, issued by the United States Department of Labor. The course covers: machine guarding, lockout tagout, hazard communication, confined space safety, forklift safety and much more.
COURSE FEE: \$199

SAF977.001 (11158)

Noon-5:00pm TW
FOXVLY222 Salvador

Meets between: Oct. 1-Oct. 2

THERAPEUTIC RIDING

EQUINE STUDIES I

This class is designed to introduce you to topics in proper horse care and equine management. Subjects explored include: identifying breeds, markings and parts of a horse; exploring horse senses and behavior; equine nutrition and grooming; tack and tacking; fundamentals of mounting/dismounting. While this is a required course for those interested in PATH Intl. certification, this course is beneficial to anyone who works in the equine industry.
COURSE FEE: \$459

TRI930.001 (11175)

8:30 a.m.-11:30 a.m. MW
PLANO209 Mason

Meets between: Sep. 16-Oct. 16

TEACHING METHODOLOGY FOR THERAPEUTIC RIDING INSTRUCTOR I

This course will prepare you to safely and effectively instruct others in horseback riding. Proper instruction and facilitation of mounts and dismounts; postural alignment; gaits; natural and artificial aids; and technique will be covered. Various methods of instruction will be explored, as well as techniques for maintaining a safe environment. While this is a required course for those interested in PATH Intl. certification, this course is beneficial to anyone who desires to become a riding instructor. Preferred corequisite: TRI 930 Equine Studies I.
COURSE FEE: \$359

TRI931.001 (11176)

8:30 a.m.-11:30 a.m. MW
PLANO209 Mason

Meets between: Oct. 21-Nov. 13

INTRODUCTION TO PSYCHOLOGY FOR THERAPEUTIC RIDING INSTRUCTOR I

This course will build on fundamental concepts of learning essential to effective horseback riding instruction, with a focus on instructing clients with special needs. The class will explore the benefits and realm of therapeutic riding; examine the concepts of learning styles and favorable attributes of instructors who work with special needs clients; and introduce the precautions and contraindications unique to therapeutic riding instruction.
COURSE FEE: \$259

TRI932.001 (11177)

8:30 a.m.-11:30 a.m. MW
PLANO209 Mason

Meets between: Nov. 18-Dec. 11

LEADERSHIP

FUNDAMENTALS
OF SUPERVISION

In this foundational course, managers will be introduced to the essential knowledge and skills needed to effectively manage supervisory tasks and to lead people. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR900.950 (11209)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 194.

Meets between: Aug. 19-Aug. 23

IDENTIFYING YOUR
STRENGTHS

Self-awareness as a leader is critical to success. In this course, you will take a strength finder assessment to uncover hidden talents and strengths that will be invaluable throughout your entire career. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR909.950 (11246)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 160.

Meets between: Aug. 26-Aug. 30

COMMUNICATION FOR THE
DIVERSE WORKPLACE

The diversity in the workplace is ever increasing and there is a greater demand to manage generational, gender, and cultural differences. Students in this course will learn proven techniques for communicating with diverse audiences and making positive connections with others. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR908.950 (11245)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 160.

Meets between: Sep. 2-Sep. 6

MANAGING PROJECTS

This overview course introduces students to the essential concepts of project management. The strategies to develop a successful project on time and within budget will be presented. Topics will include planning, scheduling, monitoring, and communicating activities. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR911.950 (11248)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 194.

Meets between: Sep. 9-Sep. 13

TIME MANAGEMENT
FOR PRODUCTIVITY

When time and tasks are managed, we are free to focus our energy and attention and to be truly productive. In this course, students will be given the tools to master prioritization as it is an essential skill to make the best use of our efforts and those of our teams. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR905.950 (11214)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 194.

Meets between: Sep. 16-Sep. 20

BUSINESS WRITING

The ability to clearly communicate in writing is a vital skill for business. In this course, students will learn how to organize, structure, and present ideas in writing. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR910.950 (11247)

TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 160.

Meets between: Sep. 23-Sep. 27

For more information on how to read this schedule, see page 45.

WORKING WITH
DIFFICULT PEOPLE

People often use difficult behavior because they have learned that it is an effective method to get what they want. In this course, students will be provided with tools and strategies to manage interactions with individuals who display difficult behaviors. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR902.950 (11211)

TBA

HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 194.

Meets between: Sep. 23-Sep. 27

BUILDING TEAMS
THAT WORK

Teamwork is critical to an organization’s productivity, success rate, and profitability. This course offers the framework to assess team behaviors and common barriers. Students will also gain solutions to create the structure needed for successful teams. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR906.950 (11243)

TBA

HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 160.

Meets between: Sep. 30-Oct. 4

EFFECTIVE
PROBLEM SOLVING

Gain insight into critical thinking processes and learn how to apply problem-solving methodologies to identify obstacles, risks, and to find effective solutions with this course. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR912.950 (11249)

TBA

HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 170.

Meets between: Sep. 30-Oct. 4



ONLINE
SHORT COURSE BUNDLES

www.ed2go.com/waubonsee

You can take all of our courses from the comfort of your home or office at the times that are most convenient to you. A new session of each course starts monthly. Most courses run for six weeks and are composed of 12 lessons, representing 24 hours of instruction. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion.

AGING AND HEALTH BUNDLE

Certificate in Healthy Aging

Certificate in Gerontology

Certificate in Brain Health

ADMINISTRATIVE ASSISTANT SUITE

Administrative

Assistant Fundamentals

Administrative

Assistant Applications

Effective Business Writing

SQL SERIES: DATABASE DEVELOPMENT

Introduction to SQL

Intermediate SQL

IT NETWORK SECURITY

Introduction to PC Security

Hack Your Way to Security

CompTIA Security+

Certification Prep

CompTIA Security+

Certification Prep 2



CREATING
A POSITIVE CULTURE

The benefits of a positive culture include enhanced customer service, reduced workplace stress, and the increased retention of employees. This class will explore opportunities, define methodologies, and examine the limitations of promoting a positive culture within an organization. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.
CLASS FEE: \$179

LDR907.950 (11244)
TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 160.
Meets between: Oct. 7-Oct. 11

FINANCIAL LITERACY

This interactive course will present fundamental accounting principles for non-finance professionals. Students will learn key terms and functions of cash flow and budgeting. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.
CLASS FEE: \$179

LDR913.950 (11250)
TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 170.
Meets between: Oct. 7-Oct. 11

RESOLVING CONFLICT

Conflict is inevitable in the workplace due to the diverse needs and values of people and organizations. Students in this course will learn strategies and methods to manage and resolve conflict for positive change. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.
CLASS FEE: \$179

LDR901.950 (11210)
TBA
HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m.at the Sugar Grove Campus, APC 194.
Meets between: Oct. 21-Oct. 25

Continued on next page.

BUILD YOUR LEADERSHIP ABILITY WITH
ONE OF OUR LEADERSHIP CERTIFICATION PROGRAMS!

- Network with other professionals while developing your skills
- Gain in-demand skills for the workforce
- Maximize your time with the hybrid format. Learn online during the week, then attend a culminating in-person session on Friday.
- Stackable credentials can take you from the Career Success Certification right into Leadership and Management Certification!
- Earn a certificate to share with prospective employers and your professional network by following one of these paths:

CAREER SUCCESS
CERTIFICATION:

- | | |
|--|-------------------------------------|
| 1. Fundamentals of Supervision | 5. Time Management for Productivity |
| 2. Identifying Your Strengths | 6. Business Writing |
| 3. Communication for the Diverse Workplace | 7. Effective Problem Solving |
| 4. Managing Projects | 8. Financial Literacy |
| | 9. Google for Business |

LEADERSHIP AND
MANAGEMENT CERTIFICATION:

- | | |
|--|---------------------------------------|
| 1. Fundamentals of Supervision | 6. Working With Difficult People |
| 2. Identifying Your Strengths | 7. Building Teams that Work |
| 3. Communication for the Diverse Workplace | 8. Creating a Positive Culture |
| 4. Managing Projects | 9. Resolving Conflict |
| 5. Time Management for Productivity | 10. Leading Effectively During Change |
| | 11. Customer Experience |

MANUFACTURING

LEADING EFFECTIVELY DURING CHANGE

Change is a fact of life for many organizations due to the need to remain competitive. This course provides methodologies to anticipate resistance, recognize and manage employee concerns, and to increase buy-in while implementing initiatives for change. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR903.950 (11212)

TBA

HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 194.

Meets between: Oct. 28-Nov. 1

CUSTOMER EXPERIENCE

Recognizing customer touchpoints and how customers interact with your brand are critical steps in enhancing the customer experience. Learn how to evaluate your customer experience with journey mapping. The blended design of this course will allow students to engage in the course content online and to apply knowledge in the classroom during the face-to-face meeting.

CLASS FEE: \$179

LDR904.950 (11213)

TBA

HYBRID Staff

This hybrid class contains online content as well as face to face meetings every Friday, 9 a.m. to 11 a.m. at the Sugar Grove Campus, APC 194.

Meets between: Nov. 4-Nov. 8

MANUFACTURING

CERTIFIED SIX SIGMA: GREEN BELT

Do you want to improve your business credentials or enter a new career as a quality specialist? This course teaches the framework of the ASQ Six Sigma Green Belt body of knowledge and how to apply key process improvement methods and concepts in various settings, including manufacturing, service, and not-for-profit organizations. This course will allow you to test and apply the framework through quizzes, engaging exercises, fun games and case studies.

CLASS FEE: \$1,895

Enroll anytime for this online course.

Learn more at:

waubonsee.edu/ProManufacturing

MANUFACTURING FUNDAMENTAL

Learn the basic skills required to work in the manufacturing field. Discover the role of production design, process planning and the heart of 13 different manufacturing processes. See how successful organizations use costs to communicate manufacturing progress and how to effectively develop short- and long-term budgets. Witness how the application of technology turns an ordinary company into a high-performing organization, while also finding out how ISO 9000 and enterprise resource planning (ERP) make the most of a manufacturer's potential.

CLASS FEE: \$115

Enroll anytime for this online course.

Learn more at:

waubonsee.edu/ProManufacturing

MANUFACTURING APPLICATIONS

Learn how to apply the principles and concepts of manufacturing. Discover the nature of strategy and learn how it leads to the development of manufacturing strategy. Understand the purpose of customer demand forecasting and find out what forecasting methods are suitable for which situations. Explore the nature of planning and learn how to effectively use Gantt charts and the precedence diagram method.

CLASS FEE: \$115

Enroll anytime for this online course.

Learn more at:

waubonsee.edu/ProManufacturing

For more information on how to read this schedule, see page 45.

PROVE VALUE WITH A CERTIFICATION



*"Certifications are written proof of your skills.
They show employers that you have the expertise
and are familiar with the tools of the job." – CareerBuilder.com*

Earning a valuable career certification is easy with Waubonsee's online programs, offered in partnership with ed2go. Start or change careers — with unbeatable convenience.

Find these featured programs throughout the schedule:

- Paralegal
- CompTIA A+ Certification
- Certified Information Systems Auditor (CISA)
- Certified Information Security Manager (CISA)
- CBCS Medical Billing and Coding
- Certified Electronic Health Records Specialist
- Clinical Dental Assistant
- CPC Medical Billing and Coding
- Pharmacy Technician
- Certified Six Sigma: Green Belt

Visit careertraining.ed2go.com/waubonsee to explore all online career programs!



WAUBONSEE
COMMUNITY COLLEGE



Illinois Small Business Development Center at Waubonsee Community College

Through the Small Business Development Center (SBDC), small business owners, both prospective and existing, can obtain essential management, marketing and financial advising. We offer one-on-one coaching at no cost and a wide variety of low-cost events and workshops to help make your business a success.

THE SBDC PROVIDES:

One-On-One Business Coaching and Advising

Our experienced small business advisors can help meet your individual business needs.

Workshops

Gain insight into managing a small business—from government regulations to financing resources.

Business Plan Preparation Assistance

Learn how to create a realistic plan to guide your business.

Financial Analysis

See how you can improve your cash flow and better manage your assets.

Strategic Planning for Growth

Plot your course for the future to promote growth and expansion.

Specialty Expertise

The SBDC has experts to help you with QuickBooks, marketing, financing, strategic planning questions and more!

DATE	CLASS	INSTRUCTOR	CAMPUS	ROOM	TIME
7/18	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon
7/18	Starting Your Business	Huxtable	DWTN	257	1 p.m. - 4 p.m.
8/3	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	10 a.m. - Noon
8/15	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon
8/20	Starting Your Business	Huxtable	DWTN	257	6 p.m. - 9 p.m.
8/27	Blah Marketing	Kelly	DWTN	257	6 p.m. - 9 p.m.
9/3	Simple Video For Small Business	Shepard	SG	APC 158	6 p.m. - 9 PM
9/4	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6 p.m. - 8 p.m.
9/10	Patent, Trademark, Copyright Law	Drake	DWTN	257	6 p.m. - 9 p.m.
9/17	Veterans Event		DWTN	257	9 a.m. - 1 p.m.
9/19	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon
9/25	Starting Your Business	Huxtable	DWTN	257	6 p.m. - 9 p.m.
10/1	Writing Your Business Plan	Parker	DWTWN	257	9 a.m. - Noon
10/2	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	6 p.m. - 8 p.m.
10/3	Hr Basics For Small Business	Petty	DWTN	257	9 a.m. - Noon
10/8	Tax Basics For Small Business	Kovanic	DWTN	257	6 p.m. - 9 p.m.
10/17	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon
10/24	Starting Your Business	Huxtable	DWTN	257	6 p.m. - 9 p.m.
11/9	Comenzando Su Negocio En Illinois	Ruiz	DWTN	257	10 a.m. - Noon
11/14	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon
11/19	Starting Your Business	Huxtable	DWTN	257	6 p.m. - 9 p.m.
12/12	Starting Your Business	Huxtable	DWTN	257	6 p.m. - 9 p.m.
12/19	Marketing Masterminds	Martin	PLANO	211	10 a.m. - Noon

WE CAN HELP YOU:

- Perform a financial checkup
- Troubleshoot management issues
- Develop marketing strategies
- Create a business plan
- Identify funding opportunities
- Plan growth strategies

Services available in English and Spanish.

Schedule a FREE Consultation Now:

www.waubonsee.edu/sbdc

(630) 906-4143

sbdc@waubonsee.edu

The SBDC at Waubonsee Community College is funded in part through a cooperative agreement with the U.S. Small Business Administration and the Department of Commerce and Economic Opportunity.

NEED TRAINING FOR YOUR EMPLOYEES? YOU DON'T HAVE TO LOOK FAR FOR HELP.



Turn to the **PROs** in Corporate Training at Waubonsee Community College!

- **PROVEN** – Trust in our 25-year history of providing customized training to local businesses at your location or ours. In the past four years, we've partnered with more than 100 companies to provide quality training.
- **RELEVANT** – Learn from our experts who will customize training to fit your specific needs. Training is exclusive to your company, covering relevant topics and skills, maximizing your time and money.
- **OPTIMIZED** – Leverage our resources to update employees' fundamental skills, and attain necessary certifications for employment. Investment in training pays off through increased productivity for your company, along with lower turnover rates.

Start your training plan today!
call (630) 906-4152
email train@waubonsee.edu
or visit www.waubonsee.edu/corptrain



WAUBONSEE
COMMUNITY COLLEGE

PREPARE FOR YOUR HIGH SCHOOL EQUIVALENCY OR LEARN ENGLISH



*Earning your high school equivalency diploma (often a GED®) gives you more opportunities — on the job, in higher education, and in life. Waubonsee makes it easy to prepare with **FREE** classes.*

Learn English for FREE

Improve your reading, writing, speaking and listening skills.

- Be more confident at your job and with other people.
- Our instructors care about you and will help you through every step.

GET MORE INFORMATION!

Adult Education
(630) 801-7900, ext. 4600
Aurora Downtown Campus
18 S. River Street, Room 457
waubonsee.edu/adulted



WAUBONSEE
COMMUNITY COLLEGE

COURSE CALENDAR

COURSES STARTING IN AUGUST

DATE	COURSE	PAGE #	DATE	COURSE	PAGE #
8/13/19	Body Fat Analysis	6	8/20/19	Cardio Kickboxing	6
8/13/19	Metabolism Matters	6	8/20/19	Electronic Music Ensemble	3
8/13/19	Nordic Walking	7	8/20/19	Class Guitar I	3
8/14/19	Hatha Yoga for Beginners	6	8/20/19	Beginning Photography I	4
8/15/19	TRX®	8	8/20/19	Horsemanship I	9
8/19/19	Small Group Training	7	8/21/19	BLS Provider CPR	25
8/19/19	Fall Proof! - Session 1	6	8/21/19	Yoga	9
8/19/19	Women on Weights - Session 1	8	8/21/19	All College Steel Band	3
8/19/19	Yoga for Bones and Balance	6	8/22/19	BLS Provider CPR	25
8/19/19	Yoga	9	8/22/19	Career as a Prof Dog Trainer I	10
8/19/19	Food Serv/San Mgr Cert Exam Pr	29	8/22/19	Horsemanship II	9
8/19/19	Class Instruction in Piano I	3	8/23/19	Tai Chi - Session 2	8
8/19/19	Fundamentals of Supervision	33	8/23/19	Concert Band	3
8/19/19	Jazz Ensemble	3	8/24/19	BLS Provider CPR	25
8/20/19	Zumba	9	8/24/19	Safe Sitter® (1-day with CPR)	12
8/20/19	Pilates - Session 1	7	8/26/19	Learn a Little Spanish	12
8/20/19	Tai Chi - Session 1	8	8/26/19	Identifying Your Strengths	33
8/20/19	Outdoor Tai Chi	8			

COURSES STARTING IN SEPTEMBER

DATE	COURSE	PAGE #	DATE	COURSE	PAGE #
9/2/19	Communication-Diverse Workplace	33	9/18/19	Line and Wash Watercolor	2
9/4/19	Computers 101	11	9/20/19	Arc Flash and NFPA 70E	32
9/5/19	Hrtsvr CPR/AED Adlt,Chld,Infnt	26	9/21/19	Heartsaver First Aid	26
9/6/19	Ceramic Arts: Handbld/Wheel Th	2	9/21/19	Introduction to Microsoft Exce	28
9/7/19	BLS Provider CPR	25	9/23/19	Working With Difficult People	34
9/7/19	Ceramic Arts: Handbld/Wheel Th	2	9/23/19	Business Writing	33
9/9/19	Managing Projects	33	9/24/19	AHA CPR Instructor Renewal	26
9/9/19	Creative Non-Fiction Writing	4	9/25/19	This is Janesville - White Bag	14
9/10/19	BLS Provider CPR	25	9/26/19	BLS Provider CPR	25
9/10/19	Learn a Little Italian	12	9/30/19	Building Teams that Work	34
9/11/19	Nordic Walking Club	7	9/30/19	Effective Problem Solving	34
9/11/19	Get Hooked! Crochet Basics	10	9/30/19	Beginning Photography II	4
9/12/19	Lets Dance! Bllrm,Swng,Latin	2			
9/12/19	Personal Trainer Certification	7			
9/14/19	Personal Trainer Certification	7			
9/16/19	Time Mngmt for Productivity	33			
9/16/19	Equine Studies I	32			
9/17/19	Cooking 101	10			
9/17/19	Personal Defense	9			
9/17/19	Lockout/Tagout	31			
9/17/19	OSHA Confined Space Standard	31			

COURSES STARTING IN OCTOBER

DATE	COURSE	PAGE #	DATE	COURSE	PAGE #
10/1/19	OSHA10-Hour for General	32	10/17/19	MiraCle	14
10/5/19	BLS Provider CPR	25	10/19/19	Heartsaver First Aid	26
10/5/19	Public Access TV Prod Training	12	10/21/19	Small Group Training-Session 2	7
10/7/19	Microsoft Office at Home	11	10/21/19	Fall Proof! - Session 2	6
10/7/19	Financial Literacy	35	10/21/19	Women on Weights - Session 2	8
10/9/19	Hatha Yoga Continued	6	10/21/19	Yoga - Bones/Balance Session 2	6
10/9/19	Stay Hooked! Crochet Continued	11	10/21/19	Food Serv/San Mgr Cert Exam Pr	29
10/11/19	Lets Dance! Blirm,Swng,Latin	2	10/21/19	Resolving Conflict	35
10/12/19	Intermediate Microsoft Excel	28	10/21/19	Tchg Method-Ther Riding Inst I	32
10/14/19	Google for Business	27	10/22/19	Cooking 102	10
10/14/19	Learn More Spanish	12	10/22/19	Tai Chi - Session 2	8
10/15/19	BLS Provider CPR	25	10/24/19	BLS Provider CPR	25
10/15/19	Mental Health First Aid	25	10/24/19	TRX®	8
10/15/19	Get Connected With Facebook	11	10/25/19	Tai Chi - Session 2	8
10/16/19	Hrtsvr CPR/AED Adlt,Chld,Infnt	26	10/28/19	Lead Effectively During Change	36
10/17/19	AHA Instr Ct-BLS CPR/Hrtsv/1st	26	10/29/19	Pilates - Session 2	7
10/17/19	Squats and Deadlifts	8	10/30/19	Intro-Voiceovers-Getting Strtd	10

COURSES STARTING IN NOVEMBER

DATE	COURSE	PAGE #	DATE	COURSE	PAGE #
11/1/19	Intro - Microsoft Outlook 2019	28	11/11/19	Home Inspection	29
11/2/19	Advanced Microsoft Excel 2016	28	11/13/19	AHA CPR Instructor Renewal	26
11/2/19	Publ Access/Int Editing/DVD	12	11/14/19	Rosewood Dinner Theatre	14
11/4/19	Customer Experience	36	11/18/19	Intr Psych-Ther Riding Instr I	32
11/8/19	Intermediate Photography	4	11/20/19	Hrtsvr CPR/AED Adlt,Chld,Infnt	26
11/9/19	Hrtsvr 1st Aid-Adlt/Child/Inf	9			

COURSES STARTING IN DECEMBER

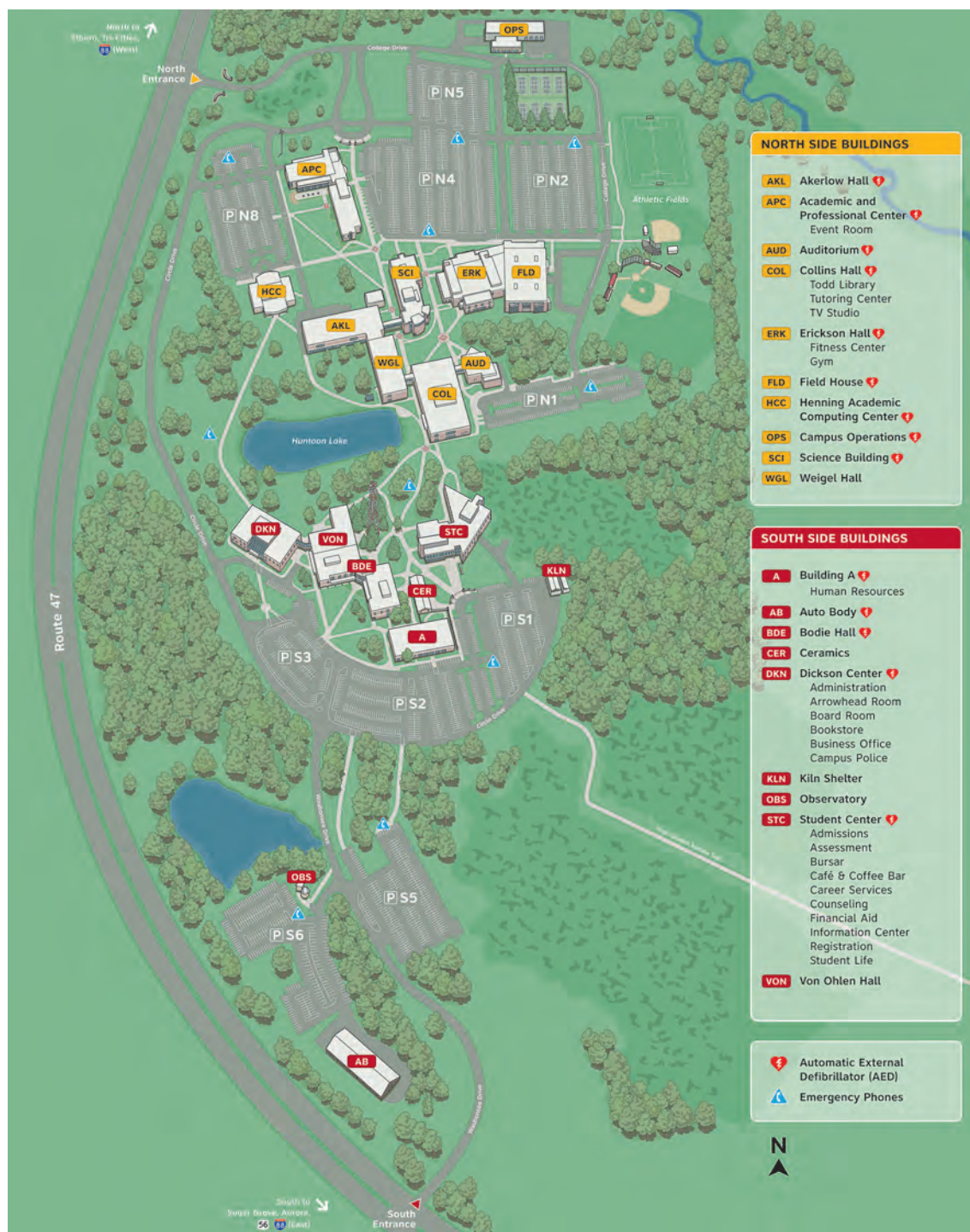
DATE	COURSE	PAGE #	DATE	COURSE	PAGE #
12/4/19	Food Serv/San Mgr Cert Exam Pr	29	12/11/19	Hrtsvr CPR/AED Adlt,Chld,Infnt	26
12/7/19	BLS Provider CPR	25	12/12/19	BLS Provider CPR	25
12/8/19	The Best of the Barn Christmas	15	12/17/19	Fireside Theatre - A Christmas	15

Waubonsee Community College does not discriminate on the basis of race, color, sex, religion, gender, sexual orientation, age, national origin, veteran's status, marital status, disability or any other characteristic protected by law in educational programs, activities, services or employment practices. CTE courses and program offerings and admission criteria can be found on the college's website at www.waubonsee.edu. The college will take steps to ensure the lack of English-language skills will not be a barrier to admission and participation in career and technical education (CTE) programs.

Inquiries regarding this nondiscrimination policy may be directed to: Michele Needham, Executive Director of Human Resources and Affirmative Action Officer, Title IX Coordinator and Section 504/ADA Coordinator; Waubonsee Community College, Route 47 at Waubonsee Drive, Sugar Grove, IL 60554-9454; compliance@waubonsee.edu

Inquiries may also be made directly to the, U.S. Department of Education, Office of Civil Rights: Citigroup Center 500 W. Madison Street, Suite 1475, Chicago, IL 60661-4544, or (312) 730-1560, OCR.Chicago@ed.gov

4S783 State Route 47, Sugar Grove, IL 60554



Registration Information and Payment/Refund Policies

Where classes meet

Waubonsee Community College,
Sugar Grove Campus, Route 47 at
Waubonsee Drive, Sugar Grove

A	Building A
AB	Auto Body
AKL	Akerlow Hall
APC	Academic and Professional Center
AUD	Auditorium
BDE	Bodie Hall
CER	Ceramics
COL	Collins Hall
DKN	Dickson Center
ERK	Erickson Hall (Gymnasium)
FLD	Field House
HCC	Henning Academic Computing Center
OBS	Observatory
OPS	Campus Operations
SCI	Science Building
STC	Student Center
VON	Von Ohlen Hall
WGL	Weigel Hall
DWNTN ..	Waubonsee Community College, Aurora Downtown Campus, 18 S. River Street, Aurora
FOXVLY ..	Waubonsee Community College, Aurora Fox Valley Campus, 2060 Ogden Ave., Aurora
HUNT	Huntoon Stables, 507 Oak St., North Aurora
OHS	Oswego High School, 4250 Rt. 71, Oswego
OVERMN	Over the Moon Positive Dog Training, 2S478 Partridge Rd, Batavia
PLANO	Waubonsee Community College, Plano Campus, 100 Waubonsee Drive, Plano

How to Read the Class Schedule

Name of course	CARDIO KICKBOXING
Description	Jabs, hooks, uppercuts, and kicks combine to get you a leaner body and a healthier state of mind.
Cost	CLASS FEE: \$138
Course/section number	FIT894.001 (11206)
Class time	2 p.m.-2:50 p.m., TTh
Location	FLD254 Rieger
	Class does not meet November 26 or 28.
	Meets between: Aug. 20-Dec. 12
	Instructor
	Meeting day(s)
	Course Reference Number (CRN)

F.Y.I.

Books and Materials

Many classes do not require textbooks, but if materials are needed at the first meeting, it will be noted in the class listing. Books can be purchased at the Waubonsee bookstores.

Special Accommodations

To find out about interpreting services for the hearing impaired, call (630) 466-2928 (TDD/FAX). For disability accommodation, call (630) 466-2564, approximately one month before the start of class.

Course Cancellation

We cannot guarantee that all activities listed in this schedule will be available when you register. We reserve the right to cancel activities if there is insufficient enrollment. If your activity is canceled, you may select another activity or receive a refund. An attempt will be made to notify you by phone or mail when it is necessary to cancel an activity. For students wishing to drop a class(es), please refer to the refund policy.

EARLY REGISTRATION IS ADVISED
because many classes fill rapidly. Also,
early registration can help avoid class
cancellation.

4 Easy Ways to Register



By mail:

Registration and Records
Waubonsee
Community College
4S783 State Route 47
Sugar Grove, IL 60554–
9454



Online:

mywcc.waubonsee.edu
For students who have and
know their X-number.



By fax:

(630) 466-4964



Walk in:

Sugar Grove Campus
Aurora Downtown Campus
Aurora Fox Valley Campus
Plano Campus



Need help?

Call Community Education
at (630) 466-2360
or Workforce Education
and Training
at (630) 466-2356.

REFUND POLICY — Full refund of tuition and fees is granted if the college cancels a course. Course fees will be refunded if a student drops at least four calendar days prior to the course start date. Course fee refunds for all online courses and Personal Enrichment activities may have a different policy.

DISCLAIMER — Professional Development or Personal Enrichment offerings generally are not approved for college credit, but they may appear on a student's transcript. For more information contact Registration and Records at (630) 466-2370.

Full or partial payment is due at the time of registration.

Payment options:

- Full Payment — Tuition and fees totaling less than \$200 require full payment.
- Partial Payment — Pay the required first installment and the remaining balance in monthly payments. *(A \$25 non-refundable service fee is charged for selecting this option; it's automatic when you make the first payment.)* The sooner you register, the more time to pay!
- Employer Payments — If your employer is paying your tuition and fees, and should be billed directly, a letter from your company, including the contact name and company address (on company letterhead), is required at the time of registration. An employer can also be set up as an authorized user for online payments.

Questions?

Call or visit the Bursar Office, second floor of the Student Center, Sugar Grove Campus,
(630) 466-5705.

Additional Fees

Insufficient funds charge:	\$25
Late payment fee:	\$20

How to Pay:



Mail along with registration form to:

Registration and Records
Waubonsee Community College
4S783 State Route 47
Sugar Grove, IL 60554–9454



Online payment system at www.waubonsee.edu
or at mywcc.waubonsee.edu (credit card or
electronic check)



Fax payment information to (630) 466-6637



In person at the Sugar Grove, Aurora Downtown,
Aurora Fox Valley or Plano Campuses

Non-Payment

Waubonsee cancels your enrollment if you do not select a payment option at the time of registration. Please note that payment is required even during college holidays and breaks.

REGISTRATION FORM

PERSONAL ENRICHMENT/PROFESSIONAL DEVELOPMENT

Please print in black ink. Use this form if you are registering for noncredit courses only.

Students interested in disability accommodations should contact the Access Center at (630) 466-2564.

Section I

Student ID (if known) X _____ Social Security # _____

Last Name: _____ First Name: _____ MI: _____

Birth Date: _____ Gender: ☐ M ☐ F US Citizen: ☐ Yes ☐ No

Street Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: _____ Work Phone: _____

Email Address: _____ Have you attended here before? ☐ Y ☐ N

Section II

This information is requested solely to comply with federal and state laws. Your response will not affect consideration of your application or registration.

Are you Hispanic or Latino? ☐ Yes ☐ No

Check one or more of the following race/ethnicity groups:

☐ American Indian/Alaska Native (5)

☐ Black or African American (2)

☐ Native Hawaiian or
Other Pacific Islander (9)

☐ Asian (4)

☐ Hispanic (3)

☐ White (1)

Please indicate your primary race/ethnicity using the number from the list above _____

Are you in the United States on a Visa – Nonresident Alien? ☐ Yes ☐ No

If yes, what is your home country of origin? _____

Please turn over and fill out the rest of the form on the other side.



WAUBONSEE
COMMUNITY COLLEGE

All information provided to Waubonsee Community College will be kept confidential in accordance with the Family Educational Rights and Privacy Act of 1974. (Public Law 93-380) Waubonsee does not discriminate based on any characteristic protected by law in its programs and activities. To help protect your privacy, please do not email any forms containing confidential information. Waubonsee will not process any registration form received via email.

Section III

Major Code (choose from list below): _____

Personal Development	ND50	Intellectual/Cultural Studies	ND60	Health, Safety and Environment	ND70
Community/Civic Development	ND55	Improve Family Circumstances	ND65	Homemaking	ND75

Highest Degree Earned (choose from list below): _____

GED	Completed GED	CRT	Completed Certificate	MD	Completed Master's Degree
HS	Completed High School	AD	Completed Associate Degree	PHD	Completed Doctoral Degree
PD	Completed Professional Degree	BD	Completed Bachelor's Degree	OTH	Other
				ND	No Degree Earned

Why are you enrolling at Waubonsee? (choose one): _____

1. Course work for transfer to a four-year college.
2. Improve skills needed in present job or to change jobs.
3. Prepare for a future job/career.
4. Perfect or review basic educational or vocational skills.
5. Personal interest or self-development.

Ticket No.	Course Ref. # (CRN)	Course Name	Date and Time	Bldg. and Room	Fees



Mail to:
Registration and Records
Waubonsee Community College
4S783 State Route 47
Sugar Grove, IL 60554-9454
Fax: (630) 466-4964

Course Fee	
Other	
Total Fees	
Amount Received	

I certify that the above information is complete and correct.

Student Signature: **X** _____

Note: Payment is due at the time of registration.

☐ Cash ☐ Check ☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card # _____ Exp. Date: _____ CVV: _____

Billing Address:

Street Address: _____

City: _____ State: _____ Zip: _____

Name printed on card: _____

Authorized Credit Card Signature: **X** _____

Family Show – **BRINGING LAUGHTER TO LIFE**

with Steve Brogan

*"I've been places, seen a lot of
laughin' faces!"*



Known for his quick-witted, crisp, clean comedy and over 25 years of making people laugh, Steve Brogan, Comic Ventriloquist, is truly a one-of-a-kind comedian with the unique ability to pull the audience into his performance. Steve now brings his cast of characters with a dynamic and interactive show to the Auditorium stage. A career comedian/ventriloquist, Steve's opened for The Drifters, The Eagles, The Temptations and has been seen on Good Morning America, The Today Show and Comedy Central.

Saturday, October 26, 2019

7 p.m.

Sugar Grove Auditorium

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