

The



WAUBONSEE
COMMUNITY COLLEGE



TUTORING CENTER'S ACADEMIC COACHING

What is an Academic Coach?

Academic Coaches assist with overcoming challenges and barriers on students' academic journey. Academic coaches are trained professionals who work with you on executive functioning skills necessary to be successful in college and beyond!



Reasons to Meet with an Academic Support Coach



TIME MANAGEMENT

Do you feel like you've taken on too much? Is there a lot that you're juggling between school, work, and your personal life? Coaches can help you find a good balance!



STUDY SKILLS

Did you know that studying in college is different than high school? How you study impacts how you're able to retain information. Let a Coach assist you with finding that method!



NOTE TAKING STRATEGIES

Notes should be different based on the courses you're taking. For example, biology notes are very different from English notes. Coaches help you decide which method is the best for each class.



ACADEMIC MOMENTUM

Taking a 16-week course can be daunting. How do you manage that alongside everything else, especially with work, a family, and other obligations? An academic coach keeps you on track for success.



WANT TO MEET WITH AN ACADEMIC COACH?



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