

Therapeutic Massage Degree and Certificate Program Checklist



	Submit a completed New Student Information Form to Admissions. (630) 466-7900, ext. 5756
	In compliance with the Illinois Community College Act, in-district applicants will be given preference over out-of-district applicants. Contact Registration and Records regarding residency questions.
	Confirm that High School transcripts have been received and recorded in Registration and Records.
	Confirm that official transcripts of courses taken anywhere other than Waubonsee Community College have been received and recorded in Registration and Records.
	Meet with Counseling to establish a schedule for taking prerequisite and program courses. (630) 466-7900, ext. 2361
	Complete the special application required for entry into the program. The therapeutic massage certificate and degree program application forms are available from Registration and Records, Counseling, and the Health and Life Sciences office or on the Internet (www.waubonsee.edu). Application to the programs must be made prior to the application deadline of May 1 . Enrollment in the therapeutic massage (TMS) courses is limited in order to provide the best possible educational experience for students.
	Complete each pre-requisite course with a minimum grade of C. (See back of page for pre-requisite requirements)
	Applicants who have completed a massage therapy certificate program at an accredited college may be considered for advanced placement in to some 100- and 200-level courses in the degree program. Advanced placement applications are considered on an individual basis and require that specific documentation (i.e. transcripts, course descriptions) be submitted along with the Therapeutic Massage Program application. The Dean for Health and Life Sciences will evaluate all documentation to determine placement in the program. This program does NOT grant credit for life or work experience.
	Understand that the therapeutic massage application, completion of prerequisite courses, and previous transcripts (if any) are required for admission to either program. In addition, students seeking admission into the therapeutic massage DEGREE program are required to complete assessment testing.
	Understand that a student must follow the program sequence for all TMS courses once accepted into the program. A student may opt to complete any or all of the BIO, PSY, ENG, or COM (degree program) courses prior to submitting an application to the therapeutic massage program. NOTE: TMS courses are offered on a limited basis during the year. Please contact the office of Health and Life Sciences for specific course information.
	Understand that for continuation in the therapeutic massage program, a 2.0 or better GPA must be received in each of the major courses. Any student who falls out of sequence or who does not successfully complete a course within the program will be withdrawn from the program and will have to complete an appeal/readmission process.
	Submit documentation of a physical examination, immunizations, and 2-step tuberculosis (TB) test upon acceptance into the program.

Therapeutic Massage Certificate Program Prerequisites

	TMS 100 – Introduction to Therapeutic Massage	1.0 sem hr.
	AOS222 – Medical Terms for Health Occupations	1.0 sem hr.
	BIO260 – Human Structure and Function*	4.0 sem hr.

*BIO 260 must be taken in a face-to-face course format. On-line courses and other distance learning formats will not be accepted.

Therapeutic Massage Degree Program Prerequisites

	TMS 100 – Introduction to Therapeutic Massage	1.0 sem hr.
	AOS222 – Medical Terms for Health Occupations	1.0 sem hr.
	BIO270 – Anatomy and Physiology I	4.0 sem hr.

Therapeutic Massage Certificate of Achievement (472A) major code

The Therapeutic Massage program prepares individuals for employment as professional massage therapists. Graduates are eligible to take the National Certification Exam in Therapeutic Massage and Bodywork.

Waubonsee's Therapeutic Massage program is a member of the American Massage Therapy Association Council of Schools, and is approved by the Illinois State Board of Higher Education.

The certificate program in Therapeutic Massage prepares the student to work in the wellness area of professional massage therapy with clients who seek massage for pleasure, relaxation, and general health maintenance.

NOTE: This sequence is intended for full-time students in the Therapeutic Massage program. Students interested in a part-time program option should contact their advisor for scheduling options.

Program Prerequisite Courses

m	AOS	222	Medical Terms for Health Occupations	1
m	BIO	260	Human Structure and Function *	4
m	TMS	100	Intro. to Therapeutic Massage.....	<u>1</u>
			TOTAL.....	6

Fall Semester

m	BIO	262	Neuro-musculoskeletal Systems	3
m	TMS	110+	Professional Foundations of Therapeutic Massage	2
m	TMS	120+	Massage Techniques I (First 8 weeks)	3
m	TMS	125+	Massage Techniques II (Second 8 weeks)	3
m	TMS	140+	Massage Clinical I (Second 8 weeks)	<u>2</u>
			TOTAL.....	13

Spring Semester

m	BIO	264	Kinesiology and Pathology	3
m	TMS	130+	Massage Techniques III	4
m	TMS	146+	Massage Clinical II.....	2
m	TMS	150+	Business Practices for Massage Therapists.....	<u>3</u>
			TOTAL.....	12

PROGRAM TOTAL.....31

m Major course requires minimum grade of C.

* BIO260 must be taken in a face-to-face course format. Online courses and other distance learning formats will not be accepted.

+ Program admission required for enrollment.

01/28/09

Procedure for Entering the Therapeutic Massage Degree and Certificate Programs

Students seeking admission to the Therapeutic Massage program are required to:

- 1) Meet with Counseling (see Directory) to establish a schedule for taking prerequisite and program courses.
- 2) Obtain specific admission information by contacting the dean for Health and Life Sciences (see Directory).
- 3) Complete the special application required for entry into the program, which is available from the office of Health and Life Sciences, Counseling, or on the Internet (www.waubonsee.edu/academic/divisions/health_and_life_sciences). Enrollment is limited in the therapeutic massage (TMS) courses in order to provide the best possible educational experience for students. Students desiring to enter the degree or certificate program for fall must make application by **May 1st**.
- 4) Complete each prerequisite course with a minimum grade of C and cumulative GPA of 2.5 or better.
- 5) Understand that the therapeutic massage application, completion of prerequisite courses, and previous transcripts are required for admission to the program.
- 6) Follow the program sequence for all TMS courses once the student is accepted into the program. A student may opt to complete any or all of the BIO and PSY, ENG, or COM (degree program) courses prior to submitting an application to the Therapeutic Massage program. NOTE: TMS courses are offered on a limited basis during the year. Please contact the office of Health and Life Sciences for specific course information. For continuation in the Therapeutic Massage program, a 2.0 or better GPA must be received in each of the major courses.
- 7) Submit completed health form, and documentation of current immunizations and a 2-step tuberculosis (TB) test upon acceptance into the program.

In addition, students seeking admission to the therapeutic massage degree program are required to:

- 1) Submit a completed New Student Information Form to Registration and Records.
- 2) Contact the Center for Learning Assessment to make an appointment for required assessment testing.

Students who have completed a massage therapy certificate program at an accredited college may be granted advanced placement into some 100- and 200-level courses in the degree program. Degree applicants interested in advanced placement should contact the dean for Health and Life Sciences for more information.

Program Costs

In addition to tuition and regular fees, the Therapeutic Massage student has the following minimum fees and expenses:

Textbooks-certificate (excluding general education courses)	\$190
Textbooks-degree (excluding general education courses)	\$350
Uniform/shoes	\$80
Massage table	\$430
Massage supplies	\$100
Student liability insurance	\$49
4 professional massages	\$240
National Certification Examination for Therapeutic Massage and Bodywork	\$225
Physical exam, immunizations, TB testing	per healthcare provider

Total Approximate Costs (excluding medical requirements): \$1314-1474

NOTE: These fees and expenses are approximate costs and subject to change without prior notice to the student.

Curriculum Council: 10/23/08
Uploaded: 10/22/2008

CERTIFICATE PROGRAM COURSE SEQUENCING:

FULL TIME:

FALL – 1

TMS110	Professional Foundations of Therapeutic Massage	2.0
TMS120	Massage Techniques I	3.0
TMS125	Massage Techniques II	3.0
TMS140	Massage Clinical I	2.0
*BIO262	Neuro-musculoskeletal Systems	<u>3.0</u>
	TOTAL	13.0

SPRING-1

TMS130	Massage Techniques III	4.0
TMS146	Massage Clinical II	2.0
TMS150	Business Practices for Massage Therapists	3.0
*BIO264	Kinesiology and Pathology	<u>3.0</u>
	TOTAL	12.0

PART TIME:

FALL – 1

TMS110	Professional Foundation of Therapeutic Massage	2.0
TMS120	Massage Techniques I	3.0
*BIO262	Neuro-musculoskeletal Systems	<u>3.0</u>
	TOTAL	8.0

SPRING-1

TMS125	Massage Techniques II	3.0
TMS140	Massage Clinical I	2.0
TMS150	Business Practices for Massage Therapists	<u>3.0</u>
	TOTAL	8.0

SUMMER – 1

*BIO264	Kinesiology and Pathology	3.0
TMS130	Massage Techniques III	4.0
TMS146	Massage Clinical II	<u>2.0</u>
	TOTAL	9.0

*These courses may be completed without acceptance into the program if the student wishes to extend into a two year schedule.

**THERAPEUTIC MASSAGE
CERTIFICATE PROGRAM
APPLICATION**



WAUBONSEE
COMMUNITY COLLEGE

Where futures take shape

PLEASE PRINT

SUBMIT THIS PAGE

Date		X Number/SSN	
Last Name		First Name	Middle Initial
Previously Used Names			
Street Address: Number		Street	Apt.
City		State	Zip
Home Phone ()		Work Phone ()	
Cell Phone ()			

CHECK ALL THAT APPLY:

- WCC Student
 Transfer Student
 Not currently a student

- Have completed
 TMS100, Introduction to Therapeutic Massage
 AOS222, Medical Terms for Health Occupations
 BIO260, Human Structure and Function

List of courses in which you are currently enrolled: _____

Other colleges attended: _____

Current Occupation _____

- Plan to attend
 Part-time
 Full-time

Deadline: May 1st

You will receive official notice of acceptance into the program from the office of Health and Life Sciences approximately four weeks after application deadline. It is the responsibility of the applicant to make sure all required documents are received by Registration and Records, Rt. 47 at Waubonsee Dr., Sugar Grove, IL 60554.

These items include:

1. Waubonsee Community College New Student Information Form
2. High School Transcript or GED Certificate
3. Transcripts from other colleges or vocational schools attended

**Submit this completed application to: Health and Life Sciences
Waubonsee Community College
Route 47 at Waubonsee Drive
Sugar Grove, IL 60554**

Waubonsee Community College does not discriminate on the basis of race, color, religion, sex, age, national origin, veteran's status, marital status, disability or any other characteristic protected by law in its programs and activities. For more information on the college's nondiscrimination policies, contact the director of Human Resources at (630) 466-7900, ext. 2367; Waubonsee Community College, Route 47 at Waubonsee Drive, Sugar Grove, IL 60554.

Procedure for Entering the Therapeutic Massage Degree and Certificate Programs

(Print and Save for Your Records)

Students seeking admission to the Therapeutic Massage program are required to:

- 1) Meet with Counseling (see Directory) to establish a schedule for taking prerequisite and program courses.
- 2) Obtain specific admission information by contacting the dean for Health and Life Sciences (see Directory).
- 3) Complete the special application required for entry into the program. Enrollment is limited in the therapeutic massage (TMS) courses in order to provide the best possible educational experience for students. Students desiring to enter the degree or certificate program for fall must make application by **May 1st**.
- 4) Complete each prerequisite course with a minimum grade of C and cumulative GPA of 2.5 or better.
- 5) Understand that the therapeutic massage application, completion of prerequisite courses, and previous transcripts are required for admission to the program.
- 6) NOTE: Students accepted into the full time degree and certificate programs are **required** to enroll in the day sections of all TMS courses. Students accepted into the part time certificate program are **required** to enroll in the evening sections of all TMS courses. Clinical experiences for the degree and certificate programs may include day, evening and weekend hours.
- 7) Follow the program sequence for all TMS courses once the student is accepted into the program. A student may opt to complete any or all of the BIO and PSY, ENG, or COM (degree program) courses prior to submitting an application to the Therapeutic Massage program. NOTE: TMS courses are offered on a limited basis during the year. Please contact the office of Health and Life Sciences for specific course information. For continuation in the Therapeutic Massage program, a 2.0 or better GPA must be received in each of the major courses.
- 8) Submit completed health form, and documentation of current immunizations and a 2-step tuberculosis (TB) test upon acceptance into the program.

In addition, students seeking admission to the therapeutic massage degree program are required to:

- 1) Submit a completed New Student Information Form to Registration and Records.
- 2) Contact the Center for Learning Assessment to make an appointment for required assessment testing.

Students who have completed a massage therapy certificate program at an accredited college may be granted advanced placement into some 100 and 200 level courses in the degree program. Degree applicants interested in advanced placement should contact the dean for Health and Life Sciences for more information.

Program Costs

In addition to tuition and regular fees, the Therapeutic Massage student has the following minimum fees and expenses:

- Textbooks-certificate (excluding gen. education courses) \$190
 - Textbooks-degree (excluding gen. education courses) \$350
 - Uniform/shoes \$80
 - Massage table \$430
 - Massage supplies \$100
 - Student liability insurance \$49
 - 4 professional massages \$240
 - National Certification Examination for Therapeutic Massage and Bodywork \$225
 - Medical history, immunizations, TB testing per healthcare provider
- Total Approximate Costs (excluding medical requirements): \$1314-1474**

NOTE: These fees and expenses are **approximate** costs and subject to change without prior notice to the student.

Rev. 9/08

**Therapeutic Massage
Associate in Applied Science
Degree
(470A) Major Code**

The Therapeutic Massage program prepares individuals for employment as professional massage therapists. Graduates are eligible to take the National Certification Exam in Therapeutic Massage and Bodywork. Waubensee's Therapeutic Massage program is a member of the American Massage Therapy Association Council of Schools, and is approved by the Illinois State Board of Higher Education.

The associate in applied science degree in Therapeutic Massage prepares the student to work with clients who are ill or injured, and are referred from a medical or rehabilitative setting. Graduates may also find employment in the health maintenance/personal wellness areas of professional therapeutic massage.

Program Prerequisite Courses

m	TMS 100	Introduction to Therapeutic Massage	1
m	BIO 270	Anatomy and Physiology I	4
m	AOS 222	Medical Terms for Health Occupations	1
		TOTAL	6

Fall Semester, first year

m	TMS 110+	Professional Foundations of Therapeutic Massage	2
m	TMS 120+	Massage Techniques I (First 8 weeks)	3
m	TMS 125+	Massage Techniques II (Second 8 weeks).....	3
m	TMS 140+	Massage Clinical I (Second 8 weeks).....	2
m	BIO 262	Neuro-musculoskeletal Systems.....	3
m	BIO 272	Anatomy and Physiology II.....	4
		TOTAL	17

Spring Semester, first year

m	TMS 130+	Massage Techniques III.....	4
m	TMS 146+	Massage Clinical II.....	2
m	TMS 150+	Business Practices for Massage Therapists	3
m	BIO 264	Kinesiology and Pathology.....	3
m	PSY 205	Life-Span Psychology	3
		PED elective (select from list).....	1
		TOTAL	16

Additional General Education Requirements

m	BIO 200	Nutrition.....	3
	COM 120	Communications	3
m	ENG 101	or 151 English	3
	ENG 102	or 152 English	3
		TOTAL	12

Additional Therapeutic Massage Major Program Requirements

m	TMS 210+	Ethical, Legal and Professional Issues in Therapeutic Massage.....	2
m	TMS 220+	Outcome Based Massage I.....	4
m	TMS 225+	Outcome Based Massage II	4
m	TMS 240+	Massage Clinical III.....	1.5
m	TMS 245+	Massage Clinical IV.....	1.5
m	TMS 297+	Therapeutic Massage Internship	1.5
m		TMS electives (select from list).....	2
		TOTAL	16.5

TOTAL SEM HRS FOR DEGREE67.5

TMS Electives (select 2 hours)

m	TMS 250+	Prenatal Massage	1
m	TMS 253+	Reiki I	1
m	TMS 254+	Reiki II	1

PED Electives (select 1 hour)

Students should select 1 semester hour of credit in PED activity courses, PED100-149. (PED146 Yoga is recommended.)

- m Major course requires minimum grade of C
- + Program admission required for enrollment.

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Curriculum Council: 10/23/08
 Uploaded: 10/22/2008

**THERAPEUTIC MASSAGE
ASSOCIATE DEGREE PROGRAM
APPLICATION**



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Date		SSN	
Last Name	First Name	Middle Initial	
Previously Used Names			
Street Address: Number	Street		Apt.
City	State	Zip	
Home Phone ()		Work Phone ()	

CHECK ALL THAT APPLY:

- WCC Student
 Transfer Student
 Not currently a student

- Have completed
 TMS100, Introduction to Therapeutic Massage
 AOS222, Medical Terms for Health Occupations
 BIO270, Anatomy and Physiology I
 or
 Therapeutic Massage Certificate Program (*upon review of transcripts)

List of courses in which you are currently enrolled: _____

Other colleges attended: _____

Current Occupation _____

Deadline: May 1st

You will receive official notice of acceptance into the program from the office of Health and Life Sciences approximately four weeks after application deadline. It is the responsibility of the applicant to make sure all required documents are received by Registration and Records, Rt. 47 at Waubonsee Dr., Sugar Grove, IL 60554.

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